

the Hippo

OCTOBER 3 - 9, 2013

FULL PLATE OF
FOOD NEWS P. 44

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EXHIBIT P. 24

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GRANITE VIEWS FRED BRAMANTE

School resources not utilized



As a direct response to my Hippo column, I received a call from the Granite State Organizing Project, a Manchester-based nonprofit. This group has been funded by the Nellie Mae Education

Foundation to assist school districts in making connections to community resources and providing learning opportunities that would not be available in a traditional school environment. These experiences are commonly referred to as ELOs, or extended learning opportunities.

Many of my columns have dealt with this subject, including the column in which I mentioned that former Manchester School District Superintendent Dr. Thomas Brennan, upon leaving the district, said that the Manchester schools are not being run for the benefit of students but for the benefit of the adults in the system. This was a shocking commentary from a district leader who wears a pin on his lapel every day that says "Kids First."

I had lunch with two members of the Granite State Organizing Project and found their comments troubling. They have been working with more than 150 students, primarily immigrants and refugees. Here are some of their comments about working with the Manchester high schools:

"We are proud to say that many have graduated and have gone to college despite the fact that some of them received little support or encouragement from their school."

"We work directly with students who defined their problems based on their experiences in school and prepare solutions."

"Each time we start to work with the ELO Coordinator, they leave the school for various reasons, often times for full-time positions."

"From our vantage point it looks as if Manchester schools are not ready for change."

"Some faculty members are wedded to old ways of teaching."

"There are teachers who are willing to be ELO links to students and to the community but there are few."

So, when you hear that the Manchester schools need more resources, the resources are knocking on the door but being left out in the cold. It's clear that there are community members and organizations like the Granite State Organizing Project that are ready and willing to support the district, but the adults in the system need to be ready and willing partners. New superintendent Dr. Debra Livingston has her work cut out for her.

Fred Bramante is the past chairman and member of the NH State Board of Education. As chairman, Fred led the first full-scale education reform effort since 1919. Fred speaks and consults on education redesign to regional, state and national organizations. He can be reached at fredbramante@gmail.com.

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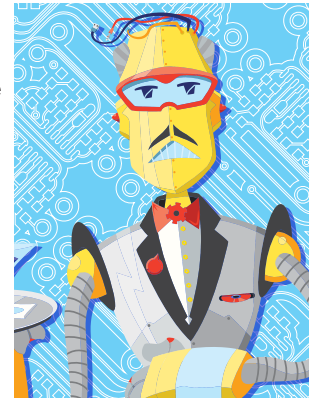
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ON THE COVER

14 The Hippo hearts robots, which is why we've devoted seven pages of this issue to robot facts and fun. From fictional robots in pop culture to very real robotic helpers, the Hippo talked to numerous robot pros (an easy task — Southern New Hampshire certainly isn't lacking in robotics experts) to get the scoop on all kinds of robot news.



Also on the cover, head to the Currier to see the museum's new exhibition, "Africa Interweave: Textile Diasporas" (p. 24). Get the latest on local food news in the Weekly Dish, p. 44. And read the Hippo's interview with political comedian Bill Maher, p. 66.

INSIDE THIS WEEK

NEWS & NOTES

4 What sequestration has done to New Hampshire; Political Roundup; PLUS News in Brief.

8 Q&A

10 QUALITY OF LIFE INDEX

12 SPORTS

THIS WEEK 22

THE ARTS:

24 ART

See African textiles at the Currier.

29 ART

Listings for events around town.

30 CLASSICAL

Greg Pauley takes on Beethoven.

INSIDE/OUTSIDE:

34 KIDDIE POOL

Family fun events this weekend.

36 TREASURE HUNT

There's gold in your attic.

38 GARDENING GUY

Henry Homeyer offers advice on your outdoors.

40 CAR TALK

Click and Clack give you their advice.

OTHER LISTINGS: Children & Teens p. 32; Continued Education p. 33; Crafts, p. 34; Dance, p.34; Health & Wellness p. 37; Miscellaneous p. 38; Nature & Gardening p. 43

FOOD:

44 TRY A TASTE Sip and sample at Taste of Concord; N'awlins Grille serving up Southern-style dished; seven wineries join in Barrel Tasting fun; take a cooking class; In the Kitchen; Weekly Dish; Wine deals in Red, White & Green; Perishables, From the Pantry; Just Desserts.

POP CULTURE:

58 REVIEWS CDs, books, TV and more. Amy Diaz loads up on Junior Mints and Coke Zero for *Don Jon*, *Cloudy with a Chance of Meatballs 2*, *Rush* and *Baggage Claim*.

NITE:

66 BANDS, CLUBS, NIGHTLIFE

The Hippo had a nice 15-minute chat with Bill Maher; Sidi Touré; music to fight "The Big C"; Nightlife, music & comedy listings and more.

70 ROCK AND ROLL CROSSWORD

A puzzle for the music-lover.

71 MUSIC THIS WEEK

Live music at your favorite bars and restaurants.

ODDS & ENDS:

76 SIGNS OF LIFE

77 SUDOKU

77 CROSSWORD

78 NEWS OF THE WEIRD

78 THIS MODERN WORLD

NEW HAMPSHIRE

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The Wilton Town Hall Theater has begun a fundraising campaign in an effort to convert its projector system to a digital system.

Trying to go digital

The Wilton Town Hall Theatre, long a popular destination for movie buffs, is looking for some help. According to its Facebook page, the theater is seeking donations to help with converting its projectors to a digital production system. The entire industry is shifting to digital production, so without it, the theater risks becoming obsolete.

Theater owner Dennis Markaverich said in January that he figured it would cost as much as \$200,000 to make the conversion. At the time, he was skeptical about raising enough money or taking out a loan. He owns the theater but not the building.

Major Hollywood production companies announced they'll be making the switch to digital production sometime by the end of this year or early 2014. Markaverich said in January it was already becoming more difficult for him to obtain some films in 35mm.

The theater set up an account at TD Bank called "Town hall theatre digital conversion fund." People interested in donating can make out checks to that account and bring them to any TD Bank branch or mail them to TD Bank, P.O. Box 150, Wilton, NH 03086.

Lights out

With Congress unable to agree on a budget Monday night as Republicans refused to relent on the Affordable Care Act, the federal government shutdown on Tuesday, Oct. 1, leaving about

800,000 federal workers facing an uncertain future, including 400,000 employees who were immediately furloughed, according to a New York Times article. The government last shutdown 17 years ago when President Bill Clinton was in office. According to reports, New Hampshire residents won't lose out on critical services, but in general, service could be delayed as only "essential" federal employees would be working until the budget issues are resolved.

Iconic store to close

Robie's Country Store, a staple in Hooksett and a regular stop on the presidential campaign trail, closed this past weekend. The store has been in existence for 126 years, with the Robie family running it for generations, according to a WMUR article. A new owner took over the store about a decade ago. The store is up for sale, so a new owner could reopen the shop, the article indicated.

Common Core coming?

The Manchester school board will have to weigh in on whether the city will adopt the Common Core state standards. A school board committee voted last week to send the matter to the full board, but without a recommendation, according to a Union Leader article. Not everyone is on board with the Common Core, with some believing it removes local control.

Lights at the track?

Jerry Gappens, general manager at the New Hampshire Motor Speedway, told the Concord Monitor last week racetrack officials are looking to hold a night race at the track in the next year. It could be an uphill climb as a 1989 legal settlement bans night racing. The article indicated that neighbors, including plaintiffs from the original lawsuit, are not on board with night racing.

Parking lot lease

In what has become a controversial issue in Nashua, alderman recently signed off on a resolution that would let Southern New Hampshire Medical Center continue leasing a roughly three quarters of an acre parking lot behind CVS from the city, according to a Tele-

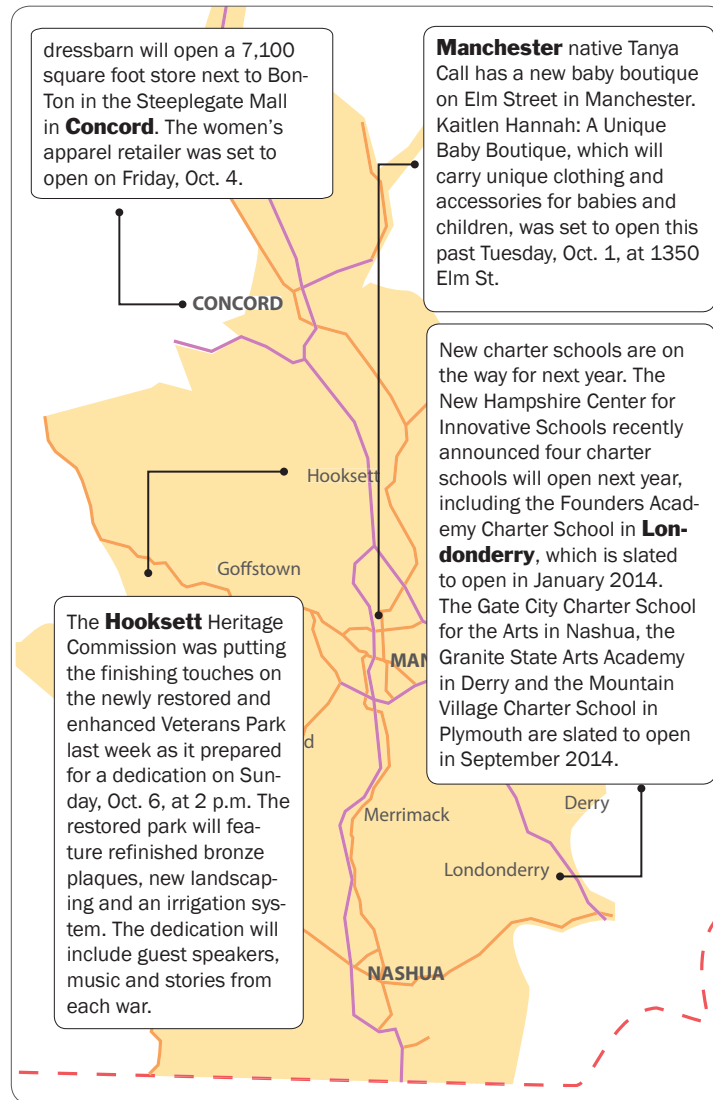
graph article. The agreement, which would last for another 15 years, would also let the hospital buy the lot for \$720,000 and sublease some spots to CVS. Alderman have been discussing the parking lot for the past year, with some officials and residents concerned about getting full value for the lot, the article said.

Just stay inside

Or, at least make sure to keep wearing bug spray. The state recently announced there was another positive test result for eastern equine encephalitis (EEE) in a horse in Ossipee. The state increased the risk level in Ossipee, along with surrounding towns. So far this season New Hampshire's Public Health Lab has tested 4,717 batches of mosquitoes, with 20 positive tests for EEE and 13 positives for West Nile Virus. One person was diagnosed with WNV, and one other horse tested positive for EEE.

Scam alert

New Hampshire utility customers have apparently been receiving calls from people pretending to be from their utility company, according to the Attorney General's office. The caller says the customer has a past due balance on his account and then threatens the customer with disconnection of service unless the delinquent amount is paid. Typically, the calls are made to small business customers late in the day and the customer is given only a few hours to make payment. Utility customers who are scheduled for disconnection due to nonpayment



receive written notice at least 14 days prior to disconnection. Report calls to the Public Utilities Commission at 800-852-3793.

Broad Street Parkway

The Broad Street Parkway, a connection between downtown Nashua and the Everett Turnpike, has been talked about for the better part of 30 years in the Gate City.

Finally, major construction is set to get underway, with the first phase of the project to begin this fall. According to the city website, the first phase will involve construction in the Parkway North/Baldwin Street Bridge section. R.S. Audley, a Bow construction company, won the bid for \$11.1 million first phase. The total project carries an \$82-million price tag.

BEST WEEK

AFFORDABLE CARE ACT SUPPORTERS

A recent federal study revealed New Hampshire consumers, along with consumers in 35 other states, will pay about 16 percent less on health care than had been projected by the Congressional Budget Office under the Affordable Care Act, according to an Eagle Tribune article. Under the second lowest "silver" plan, the average national premium is \$328. New Hampshire consumers would pay \$360 for the same coverage, the article said. The plan categorizes plans as bronze, silver, gold and platinum in accordance with what percentage consumers pay for premiums.

WORST WEEK

WILLIAM O'BRIEN

The former speaker of the House in New Hampshire made headlines last week when he compared the Affordable Care Act, otherwise known as Obamacare, to the Fugitive Slave Act of 1850, during a rally hosted by Americans for Prosperity-New Hampshire. O'Brien's comparison actually got a mention from President Obama himself during a speech in Maryland. In response, O'Brien stood by his comments and reiterated when speaking to the Union Leader that the law is as destructive to personal and individual liberty as the Fugitive Slave Act of 1850.



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English	Academic	P.Galamaga	½	Tuesday	Oct.8-Dec.17	3-5pm	\$100
GED-Language	N/A	M.Therriault	N/A	Tuesday	Oct.8-Dec.17	6-8pm	\$30
Biology	Academic	K.Greeb	½	Tuesday	Oct.8-Dec.17	6-8pm	\$100
Viruses and Disease	Academic	N.Lambert	½	Tuesday	Oct.8-Dec.17	4-6pm	\$100
English	Academic	P.Galamaga	½	Thursday	Oct.10-Dec.19	6-8pm	\$100
Earth/Space Science	Academic	K.Greeb	½	Thursday	Oct.10-Dec.19	6-8pm	\$100
GED-Math	N/A	B.Carey	N/A	Thursday	Oct.10-Dec.19	6-8pm	\$30
Italian for Communication	Elective	L.DeMarco	½	Thursday	Oct.10-Dec.19	6-8pm	\$100
Tai-Chi for P.E.	Elective	M.Roth	½	Thursday	Oct.10-Dec.19	6-7:15pm	\$100
Algebra	Academic	C.Russo	½	Thursday	Oct.10-Dec.19	6-8pm	\$100
Creative Welding	Elective	R.Caradonna	½	Thursday	Oct.10-Dec.19	3:45-5:45pm	\$100+\$50
Creative Welding	Elective	R.Caradonna	½	Thursday	Oct.10-Dec.19	6-8pm	\$100+\$50
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Career Exploration	Enrichment	Colleen McInnis	N/A	By appoint.	By appoint.	By appoint.	Free
Garden Design	Enrichment	P.Kovecses	N/A	Tuesday	Oct.15-Nov.19	6-8pm	\$85
Yoga for all levels	Enrichment	S.Elechko	N/A	Tuesday	Oct.8-Nov.12	7-8pm	\$85
What Should I Do When I'm 65	Enrichment	R.Cathcart	N/A	Tuesday	Oct.8-Dec.17	6:30-8pm	\$85
Beginning Tai-Chi	Enrichment	M.Roth	N/A	Thursday	Oct. 10-Dec.19	6-7:15pm	\$85
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Mindful Living	Enrichment	C.Howard	N/A	Thursday	Oct.10-Nov.21	6:45-8pm	\$85
Creative Welding	Enrichment	R.Caradonna	N/A	Thursday	Oct.10-Dec.19	3:45-5:45pm	\$85+\$50
Creative Welding	Enrichment	R.Caradonna	N/A	Thursday	Oct.10-Dec.19	6-8pm	\$85+\$50
Italian for Communication	Enrichment	L.DeMarco	N/A	Thursday	Oct.10-Dec.19	6-8pm	\$85

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Sequestration side effects?

A look at the impacts of federal cuts in New Hampshire

By Jeff Mucciarone
jmucciarone@hippopress.com

The across-the-board federal cuts known as sequestration took place this spring. Did you notice?

With New Hampshire receiving less federal aid, percentage-wise, than many other states, the impact of sequestration was not expected to be as significant in the Granite State. So far, it's a little difficult to get a handle on the impacts, but the sky doesn't appear to have fallen just yet.

"My general perspective is that sequestration happened and the public didn't notice," said Charles Arlinghaus, president of the Josiah Bartlett Center for Public Policy. "There are some individual programs that were affected, but in the aggregate it had an unnoticeable effect."

The issues in New Hampshire have perhaps centered less on sequestration itself and more on the fact many of the programs that experienced sequestration cuts had already been cut to bare bones in terms of federal and state aid.

"This is putting alcohol on the cut and rubbing it in," said Marylou Beaver, of the advocacy group Every Child Matters.

On the whole, economists said prior to the cuts that sequestration wasn't expected to ruin the New Hampshire economy, but that doesn't mean individual programs haven't felt the pain. As is often the case, the federal cuts are impacting those who are the most vulnerable. For example, with sequestration, eligible low-income families who need subsidized housing now have a nine-year wait for vouchers. It had been a seven-year wait.

A hit to Head Start

Head Start, an early education program providing services to eligible toddlers, was expected to be dealt \$700,000 in cuts, a significant blow to an agency with a roughly \$14 million budget.

"What we've seen so far is really Head Start [being affected], and even with that in New Hampshire, we've been able to minimize that impact," said Maggie Bishop, director of the Division of Child and Youth Services.

To deal with the cuts, Head Start officials in New Hampshire closed two programs. Head Start has seen its enrollment reduce by 146 kids statewide, along with losing 20 staff members, Beaver

said. Eligible children can still access services, but their families may have a more difficult time getting kids to those sites, Bishop said.

"It is a hardship on families ... but they're not completely denied the opportunity," Bishop said.

But Beaver said that depends on whether there are openings at whatever new center a child is assigned.

"Everybody has felt the pain one way or another," Beaver said. "The majority of Head Start parents are working parents."

On the chopping block

The federal Budget Control Act of 2011 established spending caps for the federal budget that limited federal aid in the years leading up to sequestration.

Michael Leachman, with the Center on Budget and Policy Priorities in Washington, D.C., said two-thirds of states are spending less on schools now than they were before the recession. The American Recovery and Reinvestment Act, known as the stimulus, was integral in limiting the damage of the recession on schools, as it helped to offset a large portion of the

cuts states made to make ends meet.

But then the stimulus ran out, federal aid dried up, and then sequestration hit.

"There is no doubt there has been significant damage to funding for schools and for youth services programs," Leachman said. "About a third of the state and local aid that was cut under sequestration goes to education, so that's primarily going to high-poverty schools and also to help schools educate disabled children."

New Hampshire, which relies heavily on local property taxes to finance government in general, and specifically education, has tried to weather the storm.

Federal education money comes largely in two forms: Title 1, which is money sent to districts serving high numbers of low-income students, and money for special education. Based on 2012 numbers, the state appropriated \$2.86 billion for education in total state and federal dollars. Of that, \$188 million was federal aid devoted to Title 1 and special education, which is about 6.7 percent of the total education budget, said Daniel Barrick, deputy director of the New Hampshire Center for Public Policy Studies. In sequestration, the Department of Education lost \$1.1



Candidates jump in, Democrats swing away

By Jeff Mucciarone
jmucciarone@hippopress.com

With so few Republican candidates to choose from for 2014 races, the New Hampshire Democratic Party has been ready to pounce whenever actual candidates emerge.

Two weeks ago, when former state senator **Jim Rubens** announced he would challenge **Sen. Jeanne Shaheen**, the Democratic state party responded quickly. The party produced a website, outtherewithjimrubens.tumblr.com, apparently meant to portray Rubens, who is an investor, as out of touch. Rubens, formerly with the Union of Concerned Scientists, is seen by many as a rather moderate Republican, but he's also the only official, serious candidate in the race on the GOP side.

When former congressman **Frank Guinta** announced last



Former Sen. Scott Brown

week he would run for Congress again in the state's 1st District, setting up a third match-up with **Rep. Carol Shea-Porter**, the party was ready to bring him down.

"Frank Guinta's notoriety as a rubber stamp for the far right wing and national Republicans cost him his seat last fall and he shouldn't be surprised when New Hampshire voters reject him again for the very same reasons next year," said **Harrell Kirstein**, communications director for the state Democratic party, who also said Guinta championed the tea party while in Washington, D.C.

Guinta is probably used to that type of labeling, now that he's entering his third fray with Shea-Porter. In terms of a primary, it looks like Guinta won't be lonely this time around.

The GOP still doesn't have a candidate to take on Gov.

Maggie Hassan next year. **State Sen. Andy Sanborn**, R-Bedford, told WMUR last week he will not run for governor or any higher office next year.

Former Massachusetts **Sen. Scott Brown**, who owns a home in Rye, recently put his Wrentham, Mass. home on the market. The move will no doubt fuel speculation about Brown's political intentions. He made headlines earlier this year when he wouldn't rule out running against Shaheen in 2014 and later admitted he was exploring a run for president.

Daniel Innis, dean of the University of New Hampshire School of Business, announced in a letter last week he would resign from his post this month. Many expect Innis, a Republican, to run for Congress in the state's 1st District.



State Sen. Andy Sanborn

Former state GOP chairman **Fergus Culen** hosted a traditional house party on behalf of former United Nations Ambassador **John Bolton** last Friday, Sept. 27. Bolton served as the U.S. representative to the United Nations under George W. Bush.

In Nashua, it will be **Latha Mangipudi**, not **Carl Andrade**, taking on Republican

Peter Silva in a special election for the state House of Representatives in November. The Telegraph reported election workers misplaced a "stack" of ballots, which a recount by the Secretary of State's office revealed. Initially, Andrade was declared the winner by a 170-167 count. The recount gave the victory to Mangipudi by a count of 191-146.

Sen. Jeanne Shaheen hosted **Ross Gittel**, chancellor of the Community College System of New Hampshire, and **Matthew Slaughter**, professor of management at the Tuck School of Business at Dartmouth College, for a roundtable economic discussion on Capitol Hill last week. The panel was designed to bring together economists to discuss efforts for growing the economy.

Sen. Kelly Ayotte continued to press for answers last week regarding what steps the National Oceanic and Atmospheric Administration will take to help sustain New Hampshire's fishing industry, which was dealt a 78-percent cut in its fishing quotas for Gulf of Maine cod this year. Ayotte noted NOAA guidelines stipulate the agency must take into account the impact of federal catch share limits on fishing communities.

million for special education and for Title 1 funding, which is less than 1 percent of the total education budget, Barrick said.

Caitlin Davis, an internal auditor with the New Hampshire Department of Education, said sequestration has amounted a 2.8-percent reduction in federal funds tied to elementary and secondary programs, which means local districts are seeing a reduction in grant money.

“So it’s been a fairly minimal decrease,” Davis said.

Nationally, Leachman said Title 1 funding has fallen about 12 percent since 2010, after adjusting for inflation. Federal special education funding has fallen about 11 percent during the same period.

Dealing with cuts

While Head Start was dealt a big blow in sequestration, other agencies have been able to absorb the sequestration hit without cutting major programs or laying off staff.

The state Department of Environmental Services lost about 5 percent of its federal grant funding, totalling about \$1.3 million. To combat the loss, DES deferred maintenance on equipment, made some reductions on existing contracts, and cut back on administrative contracts as well. DES also opted not to fill any open positions, said DES spokesman James Martin.

Some projections had the state Department of Health and Human Services losing funding to provide about 680 children with needed vaccines, but the department’s vaccine funding was ultimately exempted from sequestration.

Beaver said many agencies and programs might have been able to absorb sequestration cuts, but there was no fat left to cut.

“They cut bone,” Beaver said. “With no additional funds coming in, what these programs and agencies have been doing is cutting right along the way, all at a time when they get no increase in funds, but there’s more demand.”

And it certainly doesn’t appear the state is in any position to add general fund dollars to make up any gaps in services, Beaver said.

“There is a much better solution to sequestration,” Leachman said. “The answer includes raising new revenue. Most of how we’ve dealt with deficit reduction at the federal level so far has been spending cuts. ... By raising new revenues to deal with the problem going forward, you make the overall approach more balanced and you avoid cuts to our schools and to other public services that, when we do cut them, have a damaging effect on the economy, both in the short and long run.” ☁

The GIVE IN SEPTEMBER:

New Hampshire is a giving state. Each month, we’ll take a look at who gave time, money and things to make life a little better for others.

\$379,000 was raised by Irving Oil locations in New England to support the Special Olympics.

\$100,000 was donated by Irving Oil to the six New England chapters of the Special Olympics.

\$10,000 was donated by Panera Bread Cafe to the Boys & Girls Club of Manchester.

\$10,000 was donated as a grant to the Greater Nashua Dental Connection by the Veterans Support Foundation.

\$8,000 was given in the form of a grant from the Lincoln Financial Foundation to support the Capital Region Food Program.

\$1,000 was raised by Triangle Credit Union to support the Boys & Girls Club of Greater Nashua.

\$1,000 was donated to the Five Rivers Conservation Trust from the law firm Upton & Hatfield.

\$1,000 was donated to the New Hampshire Food Bank by CathoNet.

400 volunteers from Timberland participated in the Stratham company’s annual “Serv-a-palooza” volunteer initiative in Manchester.

\$5 per ticket will be donated by the Tupelo Music Hall to the American Cancer Society for every ticket purchased to see songwriter and vocalist Colin Hay at Pinkerton Academy’s Stockbridge Theatre on Oct. 10. Call 437-5100.

3 tons of free food was distributed to area service agencies, food programs and church groups by the Capital Region Food Program.



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NEWS & NOTES Q&A

Sports therapy

Manchester resident overcomes traumatic injury

Manchester resident James Osborne, a leg amputee, is preparing for the Challenged Athletes Foundation Dodge Million Dollar Challenge, a 620-mile bike ride in California beginning Saturday, Oct. 12, limited to 100 riders. Osborne suffered frostbite and hypothermia during an ill-planned winter hike five years ago in Franconia State Park — Osborne's friend and hiking partner lost his life during the trip. Osborne teaches in the lower elementary classroom at the Southern New Hampshire Montessori Academy in Londonderry.

Q: *Tell me about the ride.*
It's a 620-mile ride over the course of seven days. ... It's kind of [the Challenged Athletes Foundation's] signature event. The goal is to raise \$1 million. I am the first Granite Stater that's participating.

How is your preparation going?

I've ridden around 500 miles this summer. I go to the gym frequently. ... They've provided some support in terms of what you should be doing, nutrition and so forth. Obviously, they want their riders to be successful.

When did you start think about doing this ride?

Once I figured out I didn't need a biking-specific prosthetic, I became interested in doing some of the biking events. Last September, I did a 200-mile ride over the course of a long weekend.

Were you always a cyclist?

Probably for the last 10 years. I lost my leg five years ago now, so I've been an amputee cyclist almost as long as I've been a regular cyclist.

How long was it, after the injury, when you got back on a bike?

I got on a bike the next summer, but it probably took two full years to get back fully.

What was the recovery like?

When I started being successful, because I was also a skier, to get out and ski again was amazing. Having a traumatic injury like this, I wasn't sure what I was capable of. I have found a way to be athletic.

How did you approach your recovery mentally?

Five favorites

Favorite Movie: *American Beauty*

Favorite Book: *Native Son* by Richard Wright

Favorite Band: Bob Dylan

Favorite Food: The only thing that comes to mind is pizza. I love pizza. I know it sounds boring.

Favorite Thing About NH: The outdoor possibilities.



James Osborne

I always told myself that I can do this. ... I tried to say, I'm not going to ski down from the top today, but I'm going to get there.

Leading up to the bike ride, what's your mindset now?

Well, it's the greatest athletic endeavor I've ever undertaken. I don't know what else to say about it. It's a little mind-boggling to think of riding 600 miles in seven days ... and doing it with two legs. To do it with one and a half ... When I get there, there's going to be people I might be even more wowed by, because, let's say, they'll be doing it on a hand cycle.

Have you made connections with other riders?

An amputee rider from California — he and I have been sending training tips back and forth. There's just not a lot of East Coast riders in this event.

[Osborne had worked for Boston Express Bus previously, but he returned to teaching in recent years.] What made you go back to teaching?

It's always been a lifelong love. It was just time to do that and settle on that as my life.

What's your personal takeaway from all of this?

My personal takeaway is that I could not have made the recovery I made without sports.

It sort of gives you something to always strive for?

Absolutely. That's what makes these athletic challenges so important.

[Osborne said his community has supported this endeavor.]

I have a first-grade boy who donated his chore money, \$8.61, to the cause. My school community has come out to support this ride. It just felt like the coolest thing for this little kid to donate his chore money.

— Jeff Mucciarone



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QUALITY OF LIFE INDEX

Food stamp changes coming

Food Stamp recipients will see two changes this fall — one good and one bad. On Oct. 1, benefits will increase slightly for most households to reflect costs of living increases. Fast forward to Nov. 1, and most families will see a decrease in benefits as extra funds from the American Recovery and Reinvestment Act expire. For a household of four, on Oct. 1, benefits will be \$668 per month, but that figure will drop to \$632 monthly on Nov. 1. In New Hampshire, 55,041 participate in the Food Stamps program.

QOL Score: -1

Comment: *"We are reaching out to all our clients that receive food stamp benefits so that they are aware of the changes and understand how this will affect them," said Terry Smith, director of the state Division of Families Assistance.*

Turn right and go ahead and stay in your lane

QOL travels north on Interstate 293 to work every weekday, taking Exit 5 and turning right on Granite Street. Motorists familiar with the exit know there are two right turn only lanes and two left turn only lanes. What motorists don't appear to know, in QOL's humble opinion, is that if you are in the far right lane turning right, when you make the turn, you kind of need to stay in the right lane, as opposed to just coasting into the left lane. Because, you know, there's another right turn only lane next to you, so if you take a right and slide into the second lane, you are going to cause a car accident.

QOL Score: -1

Comment: *See you at the light...*

The power of pepper spray

Last week, WMUR reported that a gas station clerk in Manchester used pepper spray to chase away a robber. The thief had shown the clerk a gun and a knife, but when the clerk pulled out pepper spray behind the counter instead of money, the man ran off without any money.

QOL Score: +1 for the power of pepper spray

Comment: *Don't try this at home.*

Life at the Deerfield Fair

The Deerfield Fair has a solid history of providing New Hampshire excitement — it is, after all, "New England's oldest family fair," as claimed on its website — but this weekend became particularly epic when Brigadoon the cow gave birth to her first calf surrounded by an amazed audience of several dozen fair-goers, as reported by the Union Leader. The due date was Oct. 1, but Brigadoon delivered the healthy, female calf on Saturday, Sept. 28, at 6:45 p.m.

QOL Score: +2

Comment: *In other good news, the fair, so often plagued with rain, took place over the course of four gorgeous fall days. And even better, QOL knows someone who happened to be sitting in the horse-pull grandstand at the right time and got to witness a man with a horse proposing to his girlfriend in another surprisingly tender fair moment.*

QOL score: 69

Net change: +1

QOL this week: 70

What's affecting your Quality of Life here in New Hampshire? Let us know at news@hippopress.com.

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SPORTS DAVE LONG'S LONGSHOTS



Year-end awards for the Red Sox

With the 2013 regular season in the books and the playoffs beginning on Friday, it's time to hand out the year-end awards for the most surprising and enjoyable

Red Sox season in my memory.

Boy Did They Get That Wrong: Almost every pundit on the planet who picked Toronto to roll through the AL East. But one guy, and I can't remember who it was, was dead right in saying, "Who's to say all those guys the Blue Jays got from the Marlins didn't have a lot to do with Miami's dismal 2012 season"? The Jays were beyond awful in April and out of it by Patriots' Day!

Year's Five Best Team Stats: (1) Helped along by all their injuries, the Yankees dropped an incredible 101 homers from the 245 they hit in 2012. (2) The Sox led baseball with 853 runs, 57 more than Detroit, which has baseball's best hitter in **Miguel Cabrera** and mega-money free agent slugger **Prince (bad) Fielder**. (3) The Sox pitchers finished only 0.04 runs per game behind the vaunted Tampa Bay staff, which had a 3.75 ERA to Boston's 3.79. That also was a drop of nearly a run per game from 2012's 4.70. (4) Boston's major-league-leading +197 run differential was 146 better than Tampa Bay, who finished just five games behind in the AL East. (5) The only one that matters — their major-league-leading 97 wins.

Under the Radar Award: Reliever **Craig Breslow**, who went from mop-up guy to lefty specialist to instrumental eighth-inning setup guy who had a 1.81 ERA and gave up just one run in his last 28 appearances dating back to July 21.

Theo Epstein Memorial Worst Free Agent Signing: There were none. The only blown move that could go here actually was a trade. It was the acquisition of closer **Joel Hanrahan**, who didn't make it out of

May. That makes two bum trades for a closer by **Deliberate Ben** in two years, making that position what shortstops were to Theo.

Surprise No. 1: John Lackey. Who didn't hate this guy coming into the season and expected anything from him?

Surprise No. 2: Shane Victorino — I had no idea he was as good as he is.

Surprise No. 3: Koji Uehara, I guess. I knew he was good, and a glance at his numbers, especially the WHIP, said he'd be a great eighth-inning guy whose innings, pitch count and appearances would have to be monitored because he was 38. What I didn't expect was him to be the best closer on the planet after being forced into the role in late June. If you saw that, I'd buy a PowerBall ticket today.

Honorable Mention: Daniel Nava, Mike Carp and Jose Iglesias all produced offensively and in the clutch beyond anyone's expectations.

Most Impressive Feat: Koji holding an astonishing 37 consecutive batters over 11 appearances without a hit and going nearly 3 months without giving up an earned run.

Made-Up Media Myth Shattered: That **John Henry** and company are not good owners. I mean even in their only bad year in 10 they did what people say owners should do — spend on players and get out of the GM's way. Well, **Bobby V** aside, which admittedly was a disaster, but the guy they overruled **Ben Cherington** on — **Dale Sveum** — lost 198 games the last two years. Even with the reduction in chaos, overruling on Sveum was the right choice.

The April Showers Bring May, June, July, August and September Flowers Award: It goes to **Clay Buchholz, Jon Lester and Mike Napoli**, who all had a huge April, and were the booster rockets to the surprising start they never really looked back from. Buch and Lester were a combined 9-0, with 1.16 and 3.11 ERAs respectively, while Napoli drove in 27 runs in 26 games with 4 homers and a batting

average of .321.

The I Told You So Award: To me, who told all the e-mailers who didn't think much of **Will Middlebrooks** during the bad start that he still was a keeper. I also got the over-under for the first **Alfredo Aceves** blast-off in early May. I also said Koji was a very good signing and after the calm spring that **John Farrell** was going to be a plus. But I didn't think either of those pluses should be written in all capital letters.

The I Didn't Tell You So Award: Also to me, because I was wrong about just about everything else, including the free agents signed in the winter and that **David Ortiz** would be hurt all year, so I had him for 15 homers and he hit 30. I had them for 81 wins and also said they might have trouble scoring runs unless they traded for a legit 5-hole hitter to let **Mike Napoli** bat sixth and that they'd be lucky to hit 140 homers. They led the majors in runs and hit 174 taters.

Playing MVP: I don't have one. This year was truly an accomplishment by a team that was greater than the sum of its parts, more than any I've ever followed.

Most Important Player: Dustin Pedroia. Important is different than valuable in the way I look at it, because valuable relates to one season, and important relates to the identity of who the team is and that is Pedey. David Ortiz and Koji were close behind.

Actual MVP: John Farrell. I don't know that I've ever thought that a manager was the most important part of a baseball team, where managers matter least of all the four major sports. But this guy has done two things: ended the tempestuous environment that existed last year under Bobby V and in **Tito's** last year leading to the collapse, and brought order and leadership to a team that badly needed both. And it produced amazing results.

Email Dave Long at dlong@hippopress.com.

The Panel

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Broker Associate, Keller Williams Realty

Bill Weidacher

Broker Associate, Keller Williams Realty

Mark Mulcahy

CEO, Keller Williams Metropolitan

Brian Makris

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Sports Glossary

Dale Sveum: On his way out in Chicago after 102- and 94-loss seasons in two years as manager of the Cubs. True, he didn't have much talent, but after seeing **Tito Francona** get fired in 2011 a day after **Theo** said "We don't scapegoat people here," Dale should have figured it was coming, 'cause the heat is starting to rise under Theo and he needs to lance that boil.

Alfredo Aceves: Baseball's version of a self-inflicted gunshot wound, because he's a guy who is wasting great talent with diva-like behavior that is mucho loco. Not only that, after shooting his way out of Dodge a year ago he somehow was given another chance under the even-tempered John Farrell and made it even worse.

Jose Iglesias: If you're still holding out that moving Iggy in the **Jake Peavy** deal was a mistake because he hit .330 in Boston and wound up hitting .303 for the year, here's the skinny on his overall hitting stats. With Detroit in 135 at-bats he hit .259 with 12 runs, 6 doubles, 2 homers and 10 RBI. In 48 September at-bats it was .240 with 3 runs, 3 doubles, a homer and 5 RBI. Overall in the second half, which he entered hitting .409, in 218 at-bats, it's .238 with 16 runs, 7 doubles, 2 homers and 20 RBI.

Bobby V: Open mouth insert foot Sacred Heart University AD whose idiotic comments about the Yankees not doing anything in NYC after 9-11 cost him another job. A year after the most chaotic managerial reign in recent memory, it was TBS who said "thanks, but no thanks" after it reportedly had settled on him as an in-studio analyst for its upcoming coverage of baseball's post-season. Instead, we'll get to hear more of **Pedro Martinez** in that role. Bobby, here's a piece of advice. You would do well to take in a few episodes of *The Honeymooners* to learn from the mistakes of **Ralph Kramden**, who after screwing things up would finally get it by saying, "Want to know why that happened, Alice? I'll tell you why ... it's 'cause I got a BIG MOOOOOOOUTH!"

SPORTS DAVE LONG'S PEOPLE, PLACES & OTHER STUFF

Sully's passing week's saddest news

The Big Story: It was the sad news of the passing of former UL scribe, and All-World English Teacher at West for 37 years, **Joe Sullivan** last week at 69. Our best sports debate was over the '70s New York Knicks guard **Earl Monroe**, who the Celtics fan said was over-rated and I thought was under-rated. I loved the fact his full name was **Joe Cronin Sullivan** to make him named after the Sox Hall of Fame shortstop, manager and GM, and in that tradition he named his son **Gary Geiger Sullivan**, after the '60s Sox center fielder. That made him a character to me, as well as a good guy and a big loss. Rest in peace.

Sports 101: Who is the only MLB player to win a batting title in three different decades?

Hat Trick Plus One of the Week: To **Devin Lacroix** for scoring all four Central goals in a 4-1 win over Timberlane — which came on breakaways, a rebound and a penalty kick with the assists coming from **Sara Swetland** and **Haley Goff**.

Astonishing Score of the Week: It's the Concord-Memorial football clash won by the now 4-0 Crimson 69-41, powered by a combined five TDs from **Marc Audet** and **Leo Sudieh**, who had three, including taking a kickoff back 80 yards for a score.

Nick of Tyme Award: To Central's **Jesiah Wade**, whose second TD gave Central a 22-21 win over Goffstown with 1:39 left in a

game where he ran for 243 yards on 23 carries and 2 TDs

Burn-Burner of the Week: The OT soccer battle between Central and Pinkerton won on a **Sam (bada) Binigono** goal 85 minutes in to give the Green a 5-4 win and leave both teams at 5-2. It was Binigono's third score to give him Player of the Game honors.

More Than Just a Goal Award: To Memorial's **Daniela Galvez**, whose game-winning goal in a 2-1 win over Keene stopped a Crusaders winless streak dating back to 2011. Making it even bigger was that it was also her first varsity goal.

Sports 101 Answer: **George Brett** finished 1990 at .329 to win his third batting crown. His previous ones were won in 1976 (.333) and 1980 (.390), making him the only one to win a title in three decades.

On This Date – Oct. 3: 1947 – One out from the first no-hitter in World Series history Yankees hurler **Floyd "Bill" Bevens** gives up a two-run double to **Cookie Lavagetto** to lose both the no-no and the game 2-1. **1951** – The Giants **Bobby Thomson** hits the shot heard 'round the world to beat the Dodgers in dramatic fashion to win the playoff for the NL pennant. **1972** – **Steve Carlton** wins his 27th game for the 59-win Phillies. **1974** – **Pele** retires from soccer. **1976** – **Hank Aaron** singles in his last at-bat and drives in his record 2,297th run.

The Numbers

1 – over par 35 posted by **Garrett Sinotte** at Derryfield Country Club in leading Central to a four-shot win in a four-way match with **Bishop Guertin**, **Concord** and **Pinkerton**.

2 – players scoring their first varsity goals in Bedford's 3-0 win over Nashua South when sophomore **Josh Bauer** and freshman **Jake DeAngelis** did it before **Mike Kitsis**

(good-bye) added the **Bull-dogs' final score**.

2 – guys named **Vailas** catching 2 TD passes each from **Dan Colella** in Bedford's 30-0 win over Salem where **Nick Vailas** scored on 9- and 10-yard passes in the first half, and cousin **Mike** matched the trick in the second half from 24 and 34 yards out.

3 – goals from (don't fret it's) **Brett Richardson** to lead **Alvirne** to a 4-1 win over **Keene**.

5 – goals scored by **Derryfield's Gabi Brummett** in a 7-0 rollover of Pittsfield in NHIAA soccer action when **Chloe Warner** and **Emma Polgrean** chipped in a goal apiece for the Cougars.

182 – rushing yards and 3 TDs run for by Plymouth's **Jared Kuehl** as their defense was holding the high-powered Pioneers offense to 1 TD in the first three quarters in a 35-14 Bobcat win Saturday at Gill Stadium. 🐾



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ROBOTS

How cool are robots? They're the stuff that sci-fi movies are made of, the legs that help amputees walk, the machines that kids are building to get more hands-on learning than they'll ever experience sitting in a classroom.

But what about a robot butler or maid? Is it possible for you to have your very own robot servant who can and will do whatever you want it to? Kelly Sennott asks local

roboticists whether that's possible — now or in the future.

Cory Francer gets technical with robotics students to find out why after-school robotics teams and competitions have become so popular, while Emelia Attridge talks to some ladies who love building robots. (Did you think it was a male-dominated field? Well, you're right — but with robotics talk starting in elementary school these days, that might not be true forever.)

Finally, Jeff Mucciarone delves into the “robots as prosthetics” field, because, yes, those arms and legs that amputees use are considered robots — probably more useful robots to people with missing limbs than any robot butler could ever be.

So check out the Hippo's robot research, and follow the fun “Robots in Pop Culture” timeline that flows along the bottom of these pages!

AT YOUR SERVICE

Is a robotic butler in your future?



Illustrations by Jon Allen

By Kelly Sennott
ksennott@hippopress.com

How would you like your own Rosie from *The Jetsons*? Technology today says it's not completely out of the question.

True, we don't have anything “buzzing around like in *The Jetsons*,” said

Gary Fischer, director of manufacturing at Adept Mobile Robots in Amherst, but we're getting pretty close. Today, robots are vacuuming independently (think the iRobot Roomba), greeting customers at company doors (Adept Mobile Robots has used that approach) and helping kids keep up in school while homebound.

WMUR reported just last week, for instance, that a VGo robot made by a Nashua company, is helping a teen cancer survivor stay in Tyngsborough High School. The VGo robot streams two-way video between the school and the student's house, traveling from class to class so the student can virtually attend school while he waits for a

lung transplant.

We even have self-driving cars today, some of which are taking to the road (led by Google), some of which utilize robotic technology to parallel park (these are more common).

There's no denying the stronghold robots are taking. However, unlike Rosie, robots today are normally designed with a single function in mind.

“I don't believe the ‘butler robot’ is quite ready yet. Individual pieces are being worked on, but the whole package isn't ready,” Fischer said. “I think that there's a wide variation of what people's perception is. Hollywood shows them as these immensely capable things, but really, those [that you see in movies] are just remote-controlled robots. They're not intelligent, capable robots. ... The real-world challenge of getting a robot to do something that a person can do has a lot of challenges involved. It's really got to think on its own.”

By definition, a robot is a “mobile vehicle that, in most cases, could interact with complex stimuli to do something,” Robot Magazine Editor in Chief Tom Atwood said in a phone interview.

“For example, it might roll around the room if it has wheels. It can avoid obstacles, look for something,” Atwood said. They can also be used to detect intrud-

POP CULTURE BOTS

a brief history



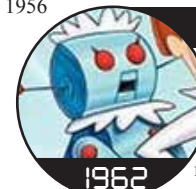
Maschinenmensch

Metropolis, a black and white futuristic film directed by Fritz Lang, featured Maschinenmensch, a gynoid. Arguably the first robot ever depicted in cinema.



Robby the Robot

Robby the Robot first appeared in the 1956 film *Forbidden Planet*.



Rosie

The Jetsons premiered, featuring a robotic family maid and housekeeper named Rosie.



Iron Man

Marvel Comics created *Iron Man*. Initially, he was an anti-communist hero.

ers and perform household chores. Right now, they're not prevalent commercially, but Atwood thinks they will be soon. "There will be tech robots in the home. They will roll around and be adoring, affectionate pets that learn what


that can create a map of its space with a laser scanner. Then there's the Pioneer 3-DX, which looks nothing like it; it's meant for the outdoors and is smaller with bigger wheels. A popular Adept Mobile Robots product is the AmigoBot, an affordable

There will be tech robots in the home. They will roll around and be adoring, affectionate pets that learn what you like."


~Tom Atwood,
Robot Magazine Editor in Chief

you like. They will be able to play your music, find the movies you like, funnel your email to you. ... In my true opinion, they'll be kind of like an automated pet. It's not that far out," Atwood said. In some places, that has already happened. For example, in Japan, Sony's AIBO (Artificial Intelligence Robot), a robotic, dog-shaped pet, was incredibly popular, Fischer said. We didn't see so much of it over here because of its cost. New Hampshire has a pretty good robotic presence and a handful of companies that are developing robots to improve daily tasks. Adept Mobile Robots builds commercial and research robots that are sold to institutions and research facilities worldwide, often custom-made to fit the researcher's preferences. "If he's interested in manipulation, we can have a mobile robot with an arm. If he's interested in navigation, we can set it up with a laser scanner ... if he's interested in vision work, we have a couple of different cameras he can choose from," Fischer said. Most of the robots at Adept look like large machines on wheels. Some of them have antennae and some sport large robotic arms. One is called the Pioneer LX; it's a navigational robot

robot often used in college classrooms. "These are less expensive. People will typically buy these in batches. MIT has a lot of them," Fischer said. "When I first got involved in the industry on the research side, robots were fairly expensive. A professor and maybe a select few grad students would be able to work with a robot. As we develop less expensive, capable robots, they move further into classrooms. Now, it's not unusual for grads and undergrad students to be able to work with them." Robots are still expensive for commercial use — WMUR reported that a VGo robot costs about \$6,000 — but Fischer thinks that there's a lot of headway to be made in the very near future. They'll probably take off the way computers did. "I think that the commercial market is going to grow tremendously, much more so than the research market," Fischer said. "Eventually, I think you'll see there are some more meet-and-greet robots in an office environment ... I think you're going to see a large market start to develop with home health care robots for elderly people or for people who are homebound, too."



R2-D2 & C3PO
In this year, the R2-D2 and C-3PO made history in a little film called *Star Wars*.
1977



Transformers
Marvel Comics began creating a *Transformers* comic book series based on the toy line (by Hasbros) bearing the same name. These beings came from Cybertron, a world "composed entirely of machinery," bringing fame to characters like Optimus Prime and Megatron.
1984

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a growing STEM

Robotics provide valuable lessons in science and beyond

By Cory Francer
cfrancer@hippopress.com

In 1992, 28 robotics teams converged on a high school gym in New Hampshire to see which team's robots could successfully collect the most tennis balls.

Fast forward 21 years and the FIRST Robotics Competition has grown to include approximately 3,000 teams from around the world, with competitions that include robots capable of climbing structures and tossing flying discs. The contest has graduated from a gymnasium to regional competitions in venues like Manchester's Verizon Wireless Arena to a championship held in the Edward Jones Dome, the home of the NFL's St. Louis Rams.

Dave Kelso has seen the growth of robotics and Manchester's own FIRST from the front lines. As the mentor of Manchester Central High School's Team CHAOS 131 since 1994, he has seen students develop skills in the in-demand field while forging lasting friendships and mastering life skills that go beyond technology.

"The kids make the decisions," he said. "It's very strongly student-driven. The kids know that when they have opinions, everyone is going to listen."

The ability to work together as a team, Kelso said, is one of the most important attributes a robotics team can have. While each student may have a different job and responsibilities, these high school students are working with expensive, high-tech machinery that is designed to accomplish extraordinary tasks.

Kelso said the FIRST Robotics Competition has steadily increased in complexity as

technology has advanced. In the 1990s most of the games involved the relocation of balls within the playing surface. The two most recent competitions have seen robots shooting basketballs, launching flying discs and climbing structures within the playing field. He said the ability of the students to adapt to a new challenge each year is a testament to their dedication to improving their skills in robotics.

"The kids really like to do this, and if they didn't like it they wouldn't come," Kelso said. "You know by watching them. You sit and watch them and no one's clowning around."

While the FIRST Robotics Competition is a challenge reserved for high school students, the Manchester-based non-profit offers programs to get younger students involved in robotics. Marketing coordinator Haley Dunn said one of the organization's goals is to get students interested in a STEM (science, technology, engineering and mathematics) field early on so they can be prepared for a future career.

The youngest students, in kindergarten through third grade, can take part in Junior FIRST Lego League, and grades 4 through 8 can participate in FIRST Lego League. Dunn said these programs help introduce students to robotics basics, while getting them to think critically about real-world issues.

"Last season was about senior citizens and improving their quality of life," Dunn said. "The FIRST Lego League students spent time talking to their grandmothers and grandfathers or someone facing these challenges. There is a direct line to what they're researching and they have to present their project based on what they've learned."

The teams will create a robot that they

control using the Lego Mindstorms program, to complete tasks relating to the challenge topic.

While FIRST is one of the most wide-reaching programs, the fall season has Team CHAOS hard at work completing a robot to compete in the VEX Robotics Competition. Similarly to FIRST, the VEX competition will have high school teams going head to head with their robots in a game.

As they began to piece together the chassis of their VEX robot, Manchester Central juniors Eric Moy and Logan Larocque and sophomore James Janas worked on placing wheels in the proper location so the final robot would not get stuck with traveling over an obstacle.

Moy said one of the aspects of robotics that he enjoys is the creativity it fosters. He said when building a robot, it's easy to get wrapped up in what his own team is doing, but by taking a look at other teams' robots on competition day, students can develop ideas for the future.

"It's good thinking and good problem solv-

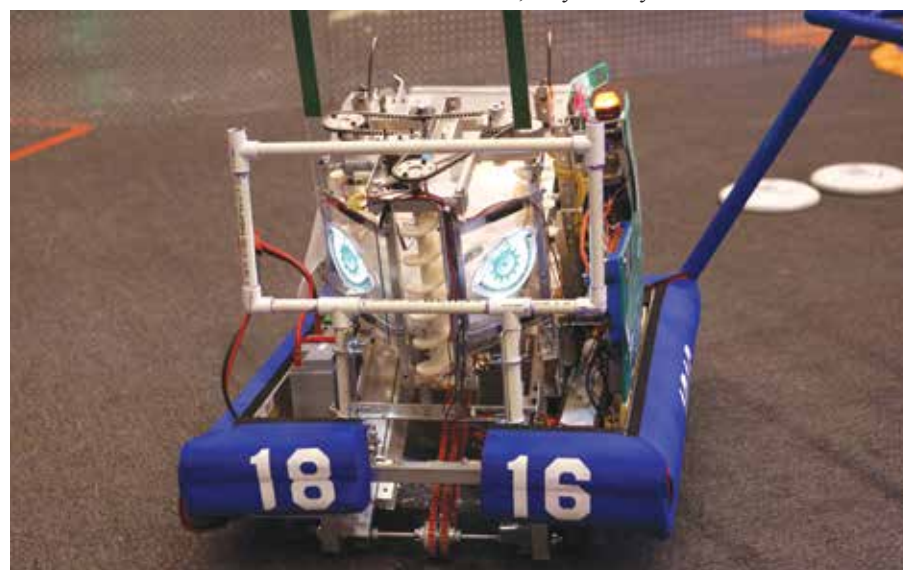


Students at work during a FIRST Robotics competition. Courtesy photo.

ing," he said. "You're making your own robot and are isolated from other teams. But then when you see the others, you realize there are thousands of ways to do the same thing."

Kelso said on Team CHAOS, he makes it a priority to have all team members involved in creating the robot to some degree. He said students do not need to be experts in math and science to take part in a team.

Dunn said among the many jobs on a robotics team, students can contribute in public relations for the team, community engagement activities and public speaking. She said one of FIRST's challenges is getting students to realize there is much more to it than just piecing together a robot, and once they take the plunge to see what's available, they usually decide to stick with 20



A FIRST Robot in the midst of competition. Courtesy photo.

The Terminator

This was also the year Arnold Schwarzenegger starred in *The Terminator*, a film about a robotic assassin from the post-apocalyptic future who travels back in time.

1984

Robocop

In a dystopic, crime-ridden Detroit, a terminally wounded cop returns to the force as a cyborg in *Robocop*.

1987

Fembots

In *Austin Powers: International Man of Mystery*, the Fembots are extremely seductive female robots with breast cannons.

1997

Bender Bending Rodriguez

Also known as Bending Unit 22, Bender is best friends with Philip J. Fry and is the debaucherous robot in *Futurama*.

1999

Iron Giant

The Iron Giant, released in 1999, follows a young boy who befriends a mysterious extraterrestrial robot. Soon after, the mecha-giant catches the attention of the U.S. government.

1999

a BIONIC leg

Next Step demonstrates how far prosthetics have come and how far they still have to go



Jason Lalla, a prosthetist with Next Step Bionics & Prosthetics in Manchester, climbing a tree with his kids this past summer. Courtesy photo.

By Jeff Mucciarone
jmucciarone@hippopress.com

Matthew Albuquerque, president and founder of Next Step Bionics & Prosthetics in Manchester, said that unless Jason Lalla was wearing shorts, you wouldn't be able to tell he has a prosthetic leg. Sure enough, when Lalla walks in, there's barely a hitch in his gait.

But then Lalla, a certified prosthetist with Next Step himself, rolls up his pant leg, revealing his prosthesis. His prosthetic leg demonstrates how far the field of lower extremity prosthetics has come while offering a glimpse of what the future holds.

Lalla's leg is fitted with a microprocessor that reads pressure points on his foot's heel and toes. The microprocessor, in reading those pressure points, sends a signal to a hydraulic

cylinder — fitted where his calf would be — telling the hydraulic cylinder to compress or release, which bends and straightens the knee, and how quickly to do so, Lalla explained. He can use a computer to adjust the resistance in the knee, creating more stability by increasing the resistance or creating more functionality by reducing it.

It's a pretty good system, and it's come a long way. But there's a long way to go, Lalla said. Thankfully for amputees, the future is promising, but it took a while for the technology to progress.

"Nobody used to pay attention to the guy with a missing leg," Albuquerque said. "There's no golden rainbow."

But by using gadgets utilized in smartphones and tablets, engineers were able to begin making progress. Sadly, through-



David

In *A.I. Artificial Intelligence*, Haley Joel Osment plays David, a robot child purchased by grieving parents after tragedy befalls their only son.



Sonny

Will Smith stars in *I, Robot*, opposite Sonny, a highly intelligent robot accused of murder.

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not just for BOYS

By Emelia Attridge
eattridge@hippopress.com

Cassie DeNunzio liked to build things with her brother when she was younger. They started out using K'nex and LEGO, but their designs got more complex as they got older, building rockets out of household materials like cardboard, balsa wood and empty paper towel rolls. Some of their rockets even had four engines.

Now, Cassie DeNunzio is building a robotic dog. A senior in Electrical Engineering at the University of New Hampshire, DeNunzio is working with a team of five other students on a senior project to create a version of the cartoon robot dog Goddard from Nickelodeon's *Jimmy Neutron*.

"I always loved building things. My brother really got me into it; we always would build things on Friday nights," DeNunzio said. "It got me thinking, 'This

is something people do for a living.' I want to be one of those people."

DeNunzio dabbled in robotics when she was in high school in an after-school program, but she said that she never really had a female teacher or mentor in the sciences, and her high school engineering club was led by two male teachers.

"I didn't really have that guidance. I always kind of felt like I was looking for that," DeNunzio said. "I think that also

motivated me to be that person."

Out of the six-person team working on the robotic dog, DeNunzio is the only girl, and she said she is pretty used to that.

"I'm the only female student in my classes for electrical engineering. I think in one of my classes there's another girl," DeNunzio said. "That's kind of across the board of engineering."

According to a survey in STEM disciplines (science, technology, engineering and math) from the U.S. Department of Education, only 16 percent of high school seniors (male and female) are proficient in mathematics and interested in careers in

STEM fields.

A 2012 study from NSF, "Science & Engineering Indicators," found that only 13 percent of female scientists concentrated in engineering, and 26 percent were employed in computer and mathematical sciences. And in higher education, 17.9 percent of women receive their bachelor's degrees in computer sciences and 18.1 percent in engineering.

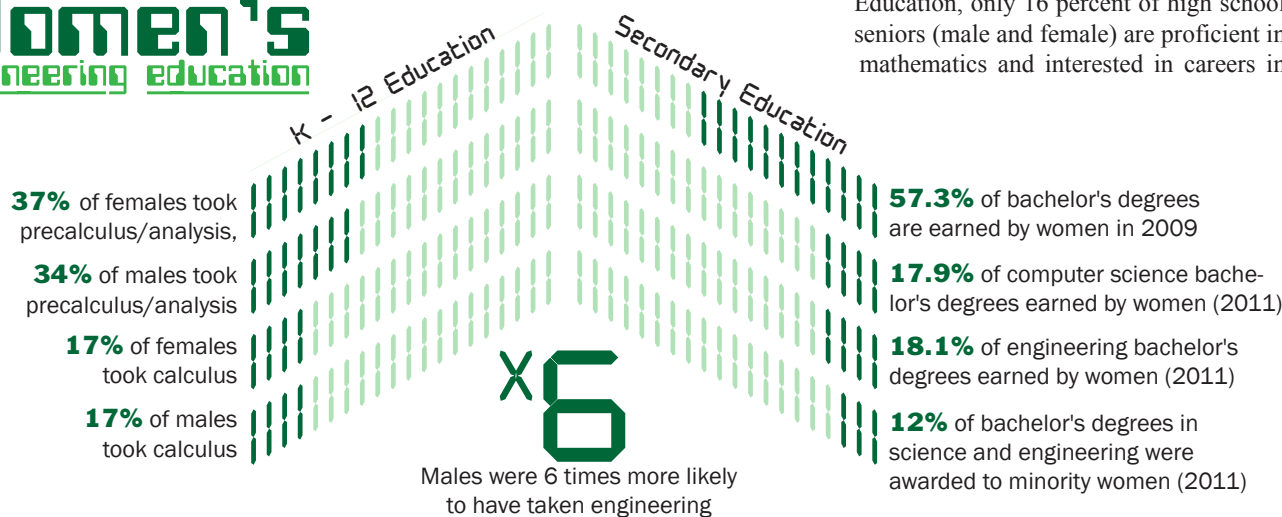
"Sometimes it's difficult sitting in a lecture hall and realizing I'm the only girl there," DeNunzio said. "That's why I joined the Society of Women Engineers. ... It's part of the reason I actually came to UNH because I really liked that program."

The Society of Women Engineers is a national organization with regional and educational chapters. In October, DeNunzio said that the UNH chapter of SWE will attend the organization's national conference.

"It's so many girls coming together from across the nation that are all interested in these disciplines and these fields. We network and we get to know each other," she said. "If you take a look at statistics from other countries, it's not necessarily a male-dominated thing in other parts of the world. So you think, 'What's happening in the U.S.?' ... It's not that girls are less inclined to do this stuff, it's that they're not encouraged, or they're scared."

Girls Inc., a national program that educates and empowers young girls, started to tackle those numbers and cultural barriers more than 15 years ago when Operation SMART was introduced as a national program. SMART stands for science, math and relevant technology, and it introduces

Women's engineering education



Source: NSF Science & Engineering Indicators, 2012 (ngcproject.org)

General Grievous
What's cooler than a robot? A robot wielding four light sabers, of course. General Grievous hit the silver screen as a side baddy in *Star Wars Episode III: Revenge of the Sith*.
2005

Transformers
Hailing from Disney fame as Louis in *Even Stevens*, Shia LaBouf brought Sam Witwicky to life in the first *Transformers* film. It was extremely successful; two movies followed, and the fourth, *Transformers: Age of Extinction*, is set to be released in 2014.
2007

Iron Man
Iron Man was shown in theaters, also with great success. Tony Stark would appear in at least two more *Iron Man* films and *The Avengers*.
2008

WALL-E
Disney Pixar presented *WALL-E*, a film that takes place in the distant future about a waste-collecting robot named WALL-E who falls in love with another robot named EVE.
2008

Females in robotics

26% of female scientists concentrated in computer and mathematical sciences

26%

13%

13% of female scientists concentrated in engineering

an engineer do?" you get all sorts of answers, so it's important to show them."

Indeglia added that the girls excel when they are working together in an all-girl environment. Over the summer, the Girls Inc. teen leadership camp in Manchester integrated computer coding classes into the program. The girls weren't looking forward to the classes at first, Indeglia said, but as the program continued, they gained confidence and were even interested in learning more about careers in computer science. The program met at UNH Manchester; Nick Soggu, CEO and founder of SilverTech Inc. and a UNH alum, and UNH Manchester Dean Ali Rafiymehr were the instructors.

"It's definitely giving them experiences. It's having successful men and women talk to the girls and show them [and] mentor them," Indeglia said. "It's to stop with the stereotypes of what someone [who] is good at math and good at science looks like or acts like."

DeNunzio plans to attend graduate school after she graduates in May. She said that she is currently looking into programs at MIT and Dartmouth because of their robotics programs.

"If you're going into the field, the most important thing to keep in mind is to have a positive mindset; be optimistic," DeNunzio said. "Don't stop because you are going into a male-dominated field; that's not something that should stop you."

girls to hands-on, fun experiments to spark an interest in those areas. The program meets after school on weekdays at the Girls Inc. centers in New Hampshire, located in Manchester, Nashua and Concord.

"Too many girls still get the message that math and science aren't for them," Chief Operating Officer Jennifer Indeglia of Girls Inc. of New Hampshire said. "At Girls Inc., we provide the opportunity that they can be successful and that it's an interesting line of work."

Currently there are 230 girls who participate in Operation SMART, and when FIRST started the LEGO robotics competitions, the only all-girl team was from Girls Inc.

"Now, when you go to the competitions you see a lot of all-girl teams, which is wonderful," Indeglia said. "As they go into middle school, it's not typically cool. That's why we give them all these examples of why it is cool and you can do it. Part of it is exciting and the experiments we do; it's not typical math and typical biology."

"It's really important that schools have a program, whether it be after school or during school," DeNunzio said. "A lot of girls in middle school, if you asked, 'What does

DJ Roomba

A concept made famous by *Parks and Recreation*, DJ Roomba is an iPod speaker attached to a Roomba, created by character Tom Haverford (Aziz Ansari).

Robocop Returns

In 2014, the dystopian Detroit adventure gets reimagined when RoboCop reboots starring Samuel L. Jackson, Gary Oldman and Joel Kinnaman.



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◀ 16 STEM it. Dunn said one of her favorite examples is a student she met who, before joining her high school's team, wasn't particularly interested in a specific field of study.

"She got involved in the FIRST team at her high school and came out of her shell as part of the public relations team and became the team president her senior year," Dunn said. "She was doing things like designing the team logo and public speaking, things that a lot of people wouldn't expect to find in FIRST."

◀ 17 BIONIC LEG out history all of the developments in prosthetics come after wars, with the emphasis on soldiers who have lost limbs in battle, Albuquerque said.

Albuquerque holds up an early model of a prosthetic: a pounded aluminum socket connected to a metal rod with a joint where the knee would be, fitted to an artificial foot. The leg comes with leather straps to hold it in place. While Albuquerque said even older models such as this have more functionality than people might guess, amputees are likely pleased with the advancements.

Next Step specializes in making the interface or the socket into which people's remaining limbs are fitted. While engineers can create immeasurably complex works of science in developing prosthetics, they are only as good as the fitting, and the fitting is still very hands-on, Albuquerque said.

Nationally known Bedford inventor Dean Kamen created a highly functional prosthetic limb, but he needed Next Step to figure out how to connect it comfortably to a person, Albuquerque said. Next Step makes sockets that create a vacuum seal on a person's body.

"We're creating the marriage between the robot and the people," Albuquerque said.

Moving forward from seemingly rudimentary pounded aluminum sockets and metal rods, the next phase of prosthetic legs incorporated a hydraulic cylinder, just like Lalla's leg, that provides adjustable levels of resistance when bending the knee. The settings for the leg were largely determined by a person's lifestyle, such as if the person was an active walker or golfer. But that knee had limits. The knee could be set to work well in most cases, but when the terrain changed, it fell flat, Lalla said.

In 1999, the German company Ottobock produced a leg with a microprocessor called a C-Leg, which is the model Lalla is using. The knee can adjust on the fly, depending on what Lalla's doing. Lalla can run in his prosthetic, go hiking and, by the way, he's a paralympic skier.

"You can regulate all this, so you just walk," Albuquerque said. "No matter the environment, [the microprocessor] is making all the fine adjustments."

Lalla, who lost his leg in a motorcycle accident a few weeks after he graduated high school, uses a laptop to adjust the resistance in his leg. The greater the resistance, the more stable, but with more stability, the individual

While Kelso has led the team for two decades, he said the mentors he brings in become real-life examples of people who have made careers in a STEM field. Larocque said that for a student, it is a great experience to build a robot alongside people in the working world who use these skills on a daily basis.

"The mentors are great because you get direct lessons from someone who is where you want to be," he said.

can lose out on some functionality. Now that he's used to it, he rarely makes changes to the settings, said Lalla, who started working in this field because of his accident.

But his leg has limits too. Lalla demonstrated walking up stairs, something he can do comfortably but slowly. The leg's foot, which is constructed of carbon fiber, only gives out as much energy as someone puts in — it only produces passive energy. So to activate the leg, Lalla must put pressure on his foot. The foot does not operate independently of the rest of the prosthetic. Lalla has to pull the leg up when going up stairs.

The next wave of prosthetic limbs incorporates bionics.

"When I think robotics, I think something powered, that's sophisticated, something with motors and gears, that isn't dependent on me," Albuquerque said.

A company in Cambridge, Mass., BiOM, released the first bionic foot and ankle system. The model actually powers the foot itself. Instead of producing passive energy, when the foot bends due to pressure, the new model gives the foot the ability to compress and release on its own, creating more natural, efficient and functional movement.

"I would say [my] version controls the power, but that creates its own power," Lalla said.

"I've had people say [that] for the first time it feels like they're getting their leg back, their life back," Albuquerque added.

Why stop with ankle and foot systems? The future is thinking legs and arms. Albuquerque mentioned a recent episode of *60 Minutes* in which a quadriplegic was fitted with prosthetics for limbs and with electrodes on her brain. She could think about moving her arm, and the arm would move.

It's not just that functionality is improving. It's also that newer prosthetics put less strain on a person's entire body. By losing a limb, someone is by default asymmetrical. Better prosthetics are bringing people back closer to equilibrium. Albuquerque and Lalla have wondered whether prosthetics, combined with bionics, will surpass real limbs.

Like cell phones, prosthetics keep increasing in functionality while also getting smaller and lighter.

"We're still in the early stages of bionics," Lalla said. "Generally, they're heavier and bulkier, but they're so promising."

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THIS WEEK

EVENTS TO CHECK OUT OCTOBER 3 - 9, 2013, AND BEYOND



Thursday, Oct. 3

Ready for thrills and chills? Every Thursday, Friday, Saturday and Sunday through Sat., Nov. 2, at 7 p.m. at Mel's Funway Park (454 Charles Bancroft Highway, Litchfield), Spooky World presents Nightmare New England. Call 424-7999 or visit nightmarenewengland.com.



Friday, Oct. 4

Whether you're new in town or have called Nashua home for years, the Nashua Public Library (2 Court St., Nashua) is hosting a night out for residents in their 20s to meet their peers. Night Out for 20-Somethings is scheduled for Friday, Oct. 4, from 6:30 to 8:30 p.m., and will include representatives from arts, sports, theater and networking organizations in Nashua. There will also be games, raffles and giveaways. Register by calling 589-4600 or visiting nashualibrary.org.

Friday, Oct. 4

The New Hampshire Coin and Currency Expo will be held Friday, Oct. 4, from 10 a.m. to 7 p.m. and Saturday, Oct. 5, from 9 a.m. to 6 p.m. at the Radisson Hotel (700 Elm St., Manchester, 625-1000). Admission is \$3 per day or \$5 for a two-day pass. Children under 12 get in free. Visit nhcoinexpo.com.



Saturday, Oct. 5

Try out an intense workout and support a good cause. CrossFit Ad Finem and CrossFit Nashua will join forces to host Fight with Hope at CrossFit Nashua (106 Perimeter Road, Nashua) on Saturday, Oct. 5, at 9 a.m. The event will benefit Cure with Hope, a charity in memory of Rebecca Rose Tabat, a Nashua resident who passed away in 2010 at age 19. The organization raises money to donate to the Children's Hospital at Dartmouth-Hitchcock. Registration is \$30. Visit crossfitnashua.com and curewithhope.org.



Saturday, Oct. 5

Once a year, Main Street in Henniker is closed to cars and open to music and dancing. Music on Main Street will return on Saturday, Oct. 5, from 9 a.m. to 4 p.m., and will include live music throughout the day, crafts, food, games and activities for kids. Annual highlights include Touch-A-Truck, a bed race and a crazy cookie contest. Email shot@tds.net or visit spiritofhenniker.org.

Free: Chic fashion show

Local teens will model clothing from the Goffstown Community Clothing Center at the Goffstown Public Library (2 High St., Goffstown) Fri., Oct. 4, at 7 p.m. The high school's art department will host a jewelry sale, and the culinary club will serve refreshments. Free, but guests are asked to donate a non-perishable food item. Call 497-2102 or email sandyw@goffstownlibrary.com.

Cheap: Zentangle

Make a zentangle pumpkin at the League of NH Craftsmen Nashua Retail Gallery (98 Main St., Nashua) Sat., Oct. 5, 10 a.m.-1 p.m. The class is recommended for ages 12 and older. Cost is \$30 with a \$10 materials fee. To register, call 595-8233 or email nashuarg@nhcrafts.org. Visit sau25.net.

Splurge: Baking classes

Learn techniques for gluten-free and vegan baking for the holidays. Emma Bates of Courser Farm Kitchen leads a cooking workshop on Sat., Oct. 5, 10 a.m. to noon at Canterbury Shaker Village (288 Shaker Road, Canterbury, 783-9511, shakers.org). Cost \$42.35. Includes vegan and gluten-free oatmeal bread, pumpkin gingerbread cupcakes and chocolate coconut tart. To register call 783-9077.



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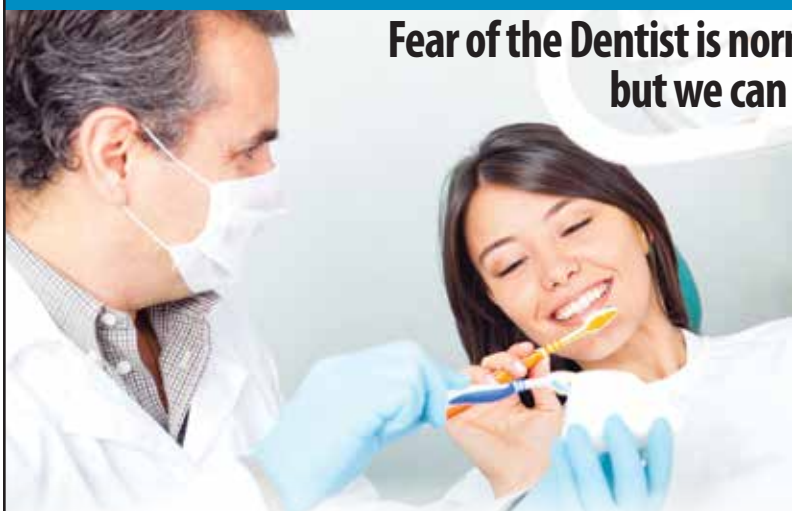


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Africa's textile monuments

Exhibit displays mix of modern and traditional art

By Kelly Sennott
ksennott@hippopress.com

Within “Africa Interweave: Textile Diasporas,” you’ll find embroidered tunics, natural textiles, an African wedding ensemble, delicately sewn garments and — Bill Clinton?

Yep, the “Clinton Cloth,” which commemorates Bill Clinton’s visit to Ghana, is on display at the Currier Museum of Art as part of its most recent exhibition. So is the textile cloth commemorating President Obama’s visit. But these are just two pieces of many within this cultural, historic and connective web of a show that demonstrates Africa’s role in today’s world.

“The whole intention of the exhibition is to tell a story about local customs, but beyond that, they tell the story of how Africa and the people of Africa, which is such a diverse mix of ethnicities and cultural groups, are exchanging ideas, materials and technologies with each other, and then beyond the continent,” said Nina Bozicnik, assistant curator at the museum.

“It’s not a hermetically sealed place. It’s been part of a global

flow of ideas and technologies and materials for centuries,” Bozicnik said. “There are so many different techniques, so many different types of materials, so many different uses of the textiles that are explored and expressed in the show.”

“Africa Interweave: Textile Diasporas” is drawn from the Samuel P. Harn Museum of Art collection at the University of Florida. The 40 textiles on display were all created within the last 100 years, and like craftsmen in the United States, African textile artists are using a diverse array of materials and techniques, native to Africa and imported from abroad, in creating these traditional-yet-modern pieces.

Textiles are of extreme cultural significance across the continent.

“Textiles are to Africans what monuments are to Westerners,” Bozicnik said. “They symbolize, they convey historical significances and stand for the cultural vitality of a community.”

The art splayed on the walls or perched on display models is functional, decorative and commemorative. The kente (a richly patterned cloth made from woven strips of colored threads) cloth,

for instance, was an important emblem of national identity in Ghana when the country gained independence from Britain in 1957. Leaders wore kente robes to reinforce their political authority, and when visiting leaders wore the kente (such as Bill Clinton, who visited the country in 1998), it functioned as a symbol of political solidarity between nations.

Kentes commemorate events, too; a Ghanaian textile depicting a stormy city memorializes the 1939 earthquake.

“Time Cycle III” is a bit more modern than most of the pieces on display, mostly because it’s nonfunctional. It’s made from embossed bark and sand, which resonates with Ethiopian-born artist Alexander Boghossian’s African heritage. The artist, who lived in the United States, learned about the art of bark cloth production when he traveled to Uganda in the 1970s. The designs carved in the wood are of the artist’s own Ethiopian culture.

“It’s not a functional object, but he’s using it in a way that echoes back to his African roots,” Bozicnik said.

A tunic and wrap skirt by Maimouna Diallo is another piece that’s traditional yet modern. The cloth, which is bazin, was imported from Europe and then dyed black in the artist’s home in Bamako, Mali, where it was burnished to a high sheen that takes an almost waxy finish. The real treat in this piece, though, is in the intricate, rainbow-colored beading, which was inspired by the South African beadwork in Malian women’s necklaces.

Along the exhibition’s back wall, you’ll find “Adinkra Cloth” created by the Akan people of Ghana. The cloth is as large as a tapestry, but it’s designed for funeral wear. The twirling, cross-stitching and flowery patterns were made with natural and synthetic inks (though the ink is usually made from a thick sludge made from bark). The stamps themselves are adinkra symbols, created from artfully cut gourds.

Also exhibited are lavish masquerade costumes from the



Ebonko Masquerade Ensemble by Ekpenyong Bassey Nsa of Nigeria. Randy Batista Photography, courtesy of the Samuel P. Harn Museum of Art at the University of Florida.



“Time Cycle II” by Ethiopian-American Alexander Boghossian. Randy Batista Photography, courtesy of the Samuel P. Harn Museum of Art at the University of Florida.

Africa Interweave programming

- **First Thursday LIVE!:** On Thursday, Oct. 3, from 5:30 to 7:30 p.m., free with museum admission. The opening celebration features the highly acclaimed Akwaaba African Drum and Dance Ensemble, and textile artist Cheryl Hobert will demonstrate weaving techniques on a stand-up loom. A cash bar and full menu will be available at the cafe.
- **Film and discussion: *Mama Benz and the Taste of Money*:** A screening of the film on Saturday, Oct. 19, from 3 to 5 p.m., which details the interplay between a young, ambitious European and an equally ambitious African market woman as they jockey for advan-

tage to market cloth in the new territory. Ugochukwu-Smooth Nzewi, newly appointed curator of African art at the Hood Museum of Art at Dartmouth, speaks about the impact global trade has on textile goods. Free with museum admission.

• **African textile bag workshop:** On Saturday, Nov. 16, visitors can attend an African textile bag workshop at Rubia’s Sewing Confidence Studio, 438 Dubuque St., Manchester. The workshop costs \$60, and registration is required by Nov. 1. The price includes materials and museum admission for the day.



Commemorative Cloth of 1939
Earthquake. Randy Batista Photography, courtesy of the Samuel P. Harn Museum of Art at the University of Florida.

Calabari Ekpe society in present-day Nigeria, which has a 500-year history of successful international trade; a woman's skirt made from natural raffia palm fibers that measures at almost 20 feet long; and kanga fabrics from Ethiopia, which have elements informed by printed handkerchiefs from Portugal, England, the Netherlands and Switzerland.

"These textile artists are constantly innovating and adapting technologies and reconfiguring age-old practices into new expression," Bozicnik said. "We have wanted to share with the Currier audiences the sort of breadth of artistic practices, and being an art museum for the residents of New Hampshire, we felt this was a great opportunity for us to share and create knowledge about cultures, both beyond the region and our country."

See "Africa Interweave: Textile Diasporas"

Where: Currier Museum of Art, 150 Ash St., Manchester, currier.org, 669-6144
When: On view now through Dec. 12.
Admission: \$12 for adults, \$10 for seniors, \$9 for students, \$5 for youth, free for children under 13.

25 Art

Includes listings for gallery events, exhibits and classes. To get listed, e-mail arts@hippopress.com.

29 Theater

Includes listings, shows, auditions, workshops and more. To get listed, e-mail arts@hippopress.com.

31 Classical

Includes symphony and orchestral performances. To get listed, e-mail arts@hippopress.com.

ART

Art events

- **2013 ANDRES INSTITUTE SCULPTURE SYMPOSIUM** Sept. 15 through Oct. 6, at 98 NH Route 13, Brookline. Visit andresinstitute.org.
- **"FALLING INTO COMFORT"** Souhegan Valley Quilters' Guild quilt show on Fri., Oct. 4, 10 a.m.-4 p.m., and Sat., Oct. 5, 10 a.m.-4 p.m., at Messiah Lutheran Church, 303 Route 101, Amherst. Admission \$5. Visit nhquilts.org.
- **ROSE MOON FINE ART FUNDRAISING AUCTION** at UNH Museum of Art, Paul Creative Arts Center, 30 Academic Way, Durham, on Fri., Oct. 4, 6-8 p.m. Featuring original drawings, prints and paintings by selected, well-known northern New England artists. Advanced reservations recommended; admission \$35. Call 862-3712, visit unh.edu/moa.
- **HAMPTON ARTS NETWORK ART WALK** in downtown Hampton on Fri., Oct. 4, 4-7 p.m., at the Gazebo in Marelli's Square. Featuring more than 25 artists displaying work at Gazebo, surrounding downtown businesses on Lafayette Road and High St. Weaving, painting

- demonstrations, pumpkin sculpting, music, etc. Visit hampton-artsnetwork.org, call 926-2857.
- In conjunction with Pro Chef Culinary Corn Challenge, also in downtown Hampton.
- **"HARVEST OF QUILTS"** on Sat., Oct. 5, 10 a.m.-5 p.m., and Sun., Oct. 6, 10 a.m.-4 p.m., at The Conference Center at the Lake Opechee Inn and Spa, 62 Doris Ray Court, Laconia, \$7 admission.
- **SISTER SHEILA FLYNN** founder of the Kopanang Community in South Africa presents at the Mariposa Museum (26 Main St., Peterborough, 924-4555, mariposamuseum.org) on Fri., Oct. 11, at 7 p.m., about the Kopanang Creation Canticale, a textile exhibit with 52 embroidered tapestries. Free.
- **SOUTH CENTRAL NH WOOL ARTS TOUR** on Sat., Oct. 12, 9 a.m.-5 p.m., and Sun., Oct. 13, 9 a.m.-4 p.m. Free annual self-led fiber tour. Visit woolartstournh.com.
- **FALL FOLIAGE ART STUDIO TOUR** self-led tour through the Monadnock region on Sat., Oct. 12, 10 a.m.-5 p.m., and Sun., Oct. 13, 10 a.m.-5 p.m. Visit fallfoliageartstudiotour.com for details.

- **DEERFIELD ARTS TOUR** on Sat., Oct. 19, 9 a.m.-5 p.m., and Sun., Oct. 20, 9 a.m.-5 p.m. Visit 20 artisans in 16 different Deerfield studios in self-guided tour. Visit deerfieldartstour.beadbush.com.
- **NHIA INFO SESSION** for Low Residency Master of Fine Arts Program on Tues., Oct. 22, at Sharon Arts Center, 30 Grove St., Peterborough, gradadmissions@nhia.edu.
- **WINDHAM HIGH SCHOOL CRAFT FAIR** on Sat., Oct. 26, 9:30 a.m.-3 p.m., at the high school, 64 London Bridge Road, Windham. Crafters from throughout the region, lunch items, \$2 entrance fee for adults.
- **FURNITURE MASTERWORKS 2013: A CELEBRATION** on Sun., Oct. 27, 4-7 p.m., at Wentworth by the Sea Hotel, 588 Wentworth Road, New Castle, 422-7322. Includes silent auction. Tickets \$25 per person. Visit furnituremasters.org.
- **HOLIDAY HANDMADE ART MARKET** at Studio 550, 550 Elm St., Manchester, on Sat., Nov. 9, noon-5 p.m.
- **BROKE: THE AFFORDABLE ART FAIR** on Sat., Nov. 23, 10 a.m.-4 p.m., at the Peterborough Townhouse, 1 Grove

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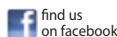
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ARTS LOCAL COLOR



"Hearty Reflections" by Mary Ellen Brown. Courtesy image.

• Last chance to see the sculptors:

Four international artists — Florin Strejac from Târgu-Mureș, Romania; Greg Spitzer from Massachusetts; Jocelyn Pratt from Putaruru, New Zealand; and Helgi Gíslason from Reykjavík, Iceland — have been at work sculpting new art for the Andres Institute of Art in Brookline at 98 New Hampshire Route 13 these past two weeks, and you can still see what they've been up to this weekend. The Andres Institute hosts a guided walk-through tour on Sunday, Oct. 6, at 3 p.m. Viewers will meet in the parking lot and follow the guide through the grounds to see the new sculptures in their permanent locations. We'll have coverage in next week's issue about these artists and their sculptures, which will be available for viewing at the Institute all year long. Visit andresinstitute.org, call 673-8441.

• Endless summer: If only we could

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• **PTO ANNUAL HOLIDAY CRAFT FAIR** on Sat., Nov. 23, 9 a.m.-3 p.m., at New Seales Elementary, 39 Shady Lane, Nashua. Free admission, 30 crafters with handmade gifts.

• **ART 'ROUND TOWN** is held the first Friday of the month (year round) 5-8 p.m. in downtown Portsmouth. Visit artaroundtown.org.

• **FIRST THURSDAYS** The Currier Museum of Art is open late, 5:30-7:30 p.m., first Thursday of each month with special programs including live music, lectures and film, at 150 Ash St., Manchester, 669-6144, ext. 108, currier.org.

• **THE ANDRES INSTITUTE OF ART** in Brookline offers

guided walking and audio tours of its sculpture park and studio. Call 673-8441, or visit andresinstitute.org.

• **GOOD NEIGHBOR SERIES** Sharon Arts Center is hosting a series of cultural programs at its Exhibition Gallery, 30 Grove St., Peterborough, 924-7676, sharonarts.org. The series will feature presentations by professional artists on the first and third Saturdays of the month, 7-9:30 p.m.

• **PICKER ART GALLERY** will host an open studio/meet the artists day on the first Saturday of the month, 10 a.m.-4 p.m., at the Picker Building, 99 Factory St. Extension, Nashua, 305-6256.

• **THE PISCATAQUA DECO-**

have an "Endless Summer" in New Hampshire. An art show on this idea at East Colony Fine Art (55 S. Commercial St., Manchester, 621-7400, eastcolony.com) will have to do. October's featured artists are Roxanne Labbe and Susanna Ries, both of whom emphasize bold and vibrant colors in their art.

"My goal in painting is to convey a spontaneous sense of freshness in movement for the viewer. The joy of creating in bright colors and bold design is energizing. When I start a new painting I have a sense of what I want to paint, but I never know where it will lead me," Labbe said in a press release. You can meet them both at an opening reception on Friday, Oct. 11, from 5 to 7 p.m. The exhibit runs through Oct. 28.

• **Mary Ellen Brown shows in Hudson:** Pastel artist Mary Ellen Brown is the Rodgers Memorial Library's October featured artist, and her work will be on view at the library (194 Derry Road, Hudson) through the end of the month. Her work is made using sanded pastel papers, which allow her to build layers and develop depth, shape, color, light and shadows, as she described in a press release. There's an opening reception on Saturday, Oct. 5, from 1 to 4 p.m., and a portion of the proceeds from reception sales will benefit a Hudson food pantry.

• **Hampton Art Walk:** Hampton will have its own downtown Art Walk on Friday, Oct. 4, from 4 to 7 p.m., in downtown Hampton at the Gazebo in Marelli's Square. More than 25 Hampton Arts Network artists will display their art at the gazebo and in surrounding Hampton businesses on Lafayette Road and High Street, according to a press release. The evening also offers a raffle, weaving demonstrations, painting demonstrations, pumpkin sculpting, music and kids' activities. Visit hamptonartsnetwork.org, call 926-2857.

— *Kelly Sennott*

RATIVE ARTS SOCIETY presents its 10th season of lectures and events. Visit pdasociety.org.

• **ZIMMERMAN HOUSE** open for public tours, leaving from the Currier Museum of Art (150 Ash St., Manchester, 669-6144, currier.org). Offered twice daily. Reservations required. Cost is \$8-\$20, includes same-day museum admission.

Exhibit openings

• **JEANNE ECHTERNACH** shows "You Can Go Home Again" at the Kennedy Gallery (41 Market St., Portsmouth, 436-7007) through October. Reception on Fri., Oct. 4, 5-8 p.m., in conjunction with Art Round Town Gallery Walk.

A MARTIAN INVASION?!



Seventy-five years ago, CBS radio and The Mercury Theatre Players presented a radio adaptation of *The War of the Worlds* by H.G. Wells. Within minutes of the beginning of that broadcast, much of our country's population believed Earth was being invaded by Mars. Kathleen Cavalaro wrote in the press release, and pandemonium broke out across the States. Hence the inspiration for *Invasion from Mars!* at the Players' Ring (105 Marcy St., Portsmouth, 436-8123, playersring.org) which premieres on Friday, Oct. 11, at 8 p.m. Performances are on Fridays, Saturdays and Sundays, Oct. 11 through Oct. 27. Visit playersring.org, call 436-8123 for showtimes. Tickets are \$15 per person. Pictured, Kyle Miller as Orson Welles and Richard Harris as John Houseman. Gina Bowker photo.

- **"SPOOKY SPECTACULAR"** group show at Lucy's Art Emporium, 303 Central Ave., Dover, Oct. 3 through Oct. 30. Reception on Fri., Oct. 4, 5:30-7:30 p.m.

- **JAIME GALLAGHER DRISCOLL** photography work on view at the Hancock Town Library, Main St., Hancock, Oct. 5 through Nov. 14. Call ahead, 525-4411 to view.

- **MARY ELLEN BROWN** exhibits at the Rodgers Memorial Library, 194 Derry Road, Hudson, through October. Reception on Sat., Oct. 5, 1-4 p.m. Proceeds from sales at the reception donated to Hudson food pantry.

- **WAYNE WHITE** exhibits at the Rochester Museum of Art (107 N. Main St., Rochester,) through October. Emmy Award-winning art director, painter, sculptor. Reception on Sat., Oct. 5, at 5 p.m.

- **TOM PARK GLOVER** Exeter Fine Crafts October Artist of the Month. Artist reception at the gallery (61 Water St., Exeter) on Fri., Oct. 11, 6-8 p.m. Call 778-8282.

- **"GOT ART TALENT"** exhibit on view at the Mill Brook Gallery & Sculpture Garden, 236 Hopkinton Road, Concord, themillbrookgallery.com, 226-2046, Oct. 3 through Dec. 24. Reception on Thurs., Oct. 3, 5-8 p.m. Featuring work by 12 local artists.

- **"FAST FORWARD: MEN-**

TORING MAKERS" exhibit at the New Hampshire Furniture Makers Association Gallery, 49 S. Main St., Concord. On view Sept. 13 through Nov. 12. Reception on Fri., Oct. 4, 5-7 p.m.

- **30 UNDER 30** exhibition at Exeter Town Hall Gallery, Water St., Exeter, Oct. 12 through Nov. 2. Reception with music/refreshments on Fri., Oct. 11, 7-10 p.m. Visit exeterarts.org, facebook.com/30under30exhibit.

- **"ENDLESS SUMMER"** at East Colony Fine Art, 55 S. Commercial St., Manchester, Oct. 1 through Oct. 28. Featuring artists Roxanne Labbe (oils and colored pencil) and Susanna Ries (stained glass). Reception on Fri., Oct. 11, 5-7 p.m. Visit eastcolony.com, call 621-7400.

- **"CURRENTS: TRADITIONAL, INNOVATIVE AND EXPERIMENTAL PRINTS OF WATER"** on display at the 119 Gallery, 119 Chelmsford St., Lowell, 119gallery.org, Oct. 15 through Nov. 9. Reception on Sat., Oct. 26, 4-6 p.m.

- **"MIND THE GAP: CONTEMPLATIVE PAINTING"** exhibit showing at Arkaloka Buddhist Center, 14 Heartwood Circle, Newmarket, Oct. 7 through Nov. 24. Paintings by Neil Harvey. Reception on Sun., Nov. 10, 6-9 p.m. Visit aryaloka.org.

- **"MOUNTAINS AND**

BEACHES" exhibit at McGowan Fine Art, 10 Hills Ave., Concord, 225-2515, jessica@mcgowanfineart.com, Oct. 15 through Nov. 15. Reception on Fri., Oct. 18, 5-7 p.m. Exhibit and opening free. Featuring work by Catherine Tuttle.

- **"SOFTSCAPES AND HARDSCAPES: LANDSCAPE AND ARCHITECTURE IN PRINTMAKING"** on view at the Whistler House Museum of Art (243 Worthen St., Lowell) Sept. 25 through Nov. 2. Reception on Sat., Oct. 26, 2-4 p.m. Visit whistlerhouse.org, call 978-452-7641.

- **"CLOSE OBSERVATIONS"** by the Monotype Guild of New England in the Parker Gallery Members Room at the Whistler House Museum, 243 Worthen St., Lowell, 978-452-7641, Sept. 25 through Nov. 2. Reception Sat., Oct. 26, 2-4 p.m.

- **"TEXT AND TEXTURE"** on view at the NHIA Amherst Street Gallery, 77 Amherst St., Manchester, Sept. 30 through Oct. 30. Reception on Wed., Oct. 9, 5-7 p.m. Visit nhia.edu.

- **"IT'S PASTEL"** juried show at Discover Portsmouth Center Gallery, 10 Middle St., Portsmouth, 436-8420, pastelsocietynh.com, Oct. 26 through Nov. 30. Reception on Sat., Oct. 26, 4-6 p.m.

- **"TOMIE DEPAOLA: THEN AND NOW"** exhibit at Colby-Sawyer College in the Sawyer Fine and Performing Arts Center (541 Main St., New London, colby-sawyer.edu) Nov. 7 through Dec. 20. Exhibit coincides with dePaola's 80th birthday and highlights his career 1975 to present with fine art and book illustrations. Reception on Thurs., Nov. 7, 5-7 p.m., at Marian Graves Muger Art Gallery. Call 526-3000.

- **"POINT/COUNTER-POINT: FINE FURNITURE ABSTRACTED"** on view at the NHIA Amherst Street Gallery, 77 Amherst St., Manchester, Nov. 7 through Dec. 5. Reception on Wed., Nov. 13, 5-7 p.m. Visit nhia.edu.

In the galleries

- **"NEW TO THE GALLERY"** show at McGowan Fine Art, 10 Hills Ave., Concord, Sept. 10 through Oct. 11. Call 225-2515 or visit mcgowanfineart.com.

- **"CONTEMPORARY ART FROM SOUTH AMERICA"** on view at The Lyceum Gallery at the Derryfield School, 2108 River Road, Manchester, Sept. 10 through Oct. 18. Free. Gallery hours 8 a.m.-4 p.m., Mon.-Fri.

- **NH FURNITURE MASTERS** annual exhibit at the NH Historical Society's library gallery, 30 Park St., Concord, Sept. 24 through Oct. 19.

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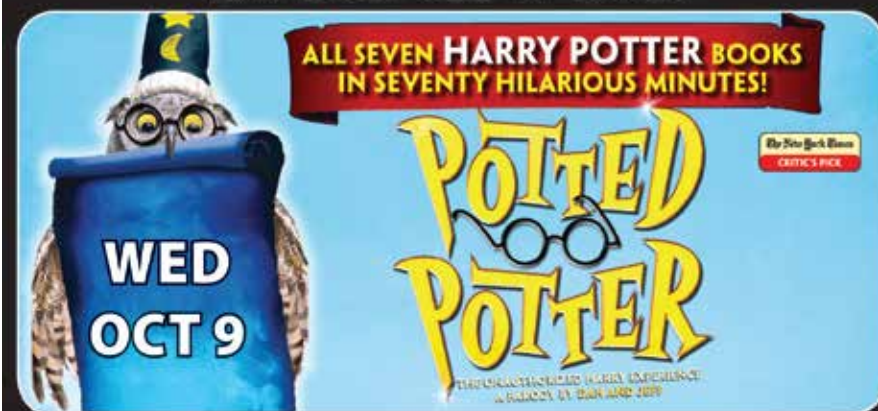
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ARTS CURTAIN CALLS

• **A daring beginning:** Symphony NH opens its season with "Dare to Begin: Opening Night" this weekend, on Saturday, Oct. 5, at 8 p.m., at the Keefe Center for the Arts, 117 Elm St., Nashua. This season marks its sixth under the ensemble's music director and principal conductor Jonathan McPhee, and it features soloists on every program, beginning with Brit violinist Ruth Palmer's debut New Hampshire performance. This first concert contains



Ruth Palmer performs as a soloist at Symphony NH's "Dare to Begin: Opening Night" on Saturday, Oct. 5. Courtesy photo.

Beethoven's grand Symphony No. 7, Haydn's *Te Deum for the Empress Maria Therese*, and Tchaikovsky's *Violin Concerto*, which will be performed with soloist Palmer, who has performed across Europe, the United States, Asia and Australia.

Tickets are \$12 to \$48, available at the door or at the Symphony NH Box Office, 6 Church St., Nashua, free for youth ages 5 through 15 with an adult paying regular price. Call 595-9156, visit symphonynh.org. A repeat performance occurs the next day, on Sunday, Oct. 6, at 3 p.m., at the Peterborough Town House, 1 Grove St., Peterborough.

• **From the north:** You can also catch a bit of music this weekend at the First Congregational Church, 24 Main St., Pittsfield, on Friday, Oct. 4, at 7:30 p.m. Featuring the

The ACT ONE Festival presents *Ruthlessly Optimistic for No Apparent Reason* on Saturday, Oct. 5, at 2 p.m., and Saturday, Oct. 12, at 2 p.m., at West End Studio Theatre, 959 Islington St., Portsmouth, 300-2986. The show follows Liz, a woman set to pursue her lifelong dream - of becoming a clown. Tickets are \$20 per person, visit actonenh.org, call 300-2986.

• **New Leddy Center blood:** Former U.S. Air Force Band trumpet player and musical arranger Nick Zaricki joins the Leddy Center School of the Performing Arts staff in Epping. Formerly, he served as the executive director of the New Hampshire Philharmonic Orchestra and taught music lessons. Visit leddycenter.org. — *Kelly Sennott*

• **"SUMMER OF 13"** fine art exhibition at The Gallery, 100 Market St., Portsmouth, featuring NH, Maine and Mass artists, on view through Oct. 11. Email maskmakernh@gmail.com.

• **"BRIDGING THE PISCATAQUA: CONSTRUCTION AND COMMUNITY"** exhibit at the Discover Portsmouth Center, 10 Middle St., Portsmouth, through Oct. 13.

• **"PEOPLE YOU SHOULD KNOW"** portrait exhibit on display at the Millyard Museum, 200 Bedford St., Manchester, manchesterhistoric.org, through Oct. 12. Call 622-7531.

• **"ARCHAEOLOGY THROUGH THE LOOKING GLASS"** at SNHU's McNinch Art Gallery, 2500 N. River Road, Manchester, on view Sept. 12 through Oct. 19. Exhibit by Leslie Fry. Free. Call 629-4622, email m.gallery@snhu.edu, visit snhu.edu.

• **"CUBED"** on view at the 119 Gallery, 119 Chelmsford St.,

Lowell, through Oct. 6. Featuring art by Adam Norton, Jeff Warmouth and Steph Wilson.

• **"UNBINDING"** on view at The Brush Art Gallery and Studios, 256 Market St., Lowell, Sept. 14 through Oct. 27. Call 978-459-7819, email director@thebrush.org.

• **DON HIMSEL** Nashua Telegraph photographer shows "Imagine Nashua Then and Now" at the Nashua Public Library, 2 Court St., Nashua, 589-4607, on view through Oct. 31.

• **"PARALLELS"** three styles in oil painting by artists Sean Beavers, Jennifer Caine and Paul Stone on view at St. Paul's School Hargate Gallery, 325 Pleasant St., Concord, 229-4644, Sept. 19 through Nov. 2.

• **"LAST WORD"** at Drift Contemporary Art Gallery, Wentworth-Coolidge Mansion, 375 Little Harbor Road, Portsmouth, 379-6560, Sept. 28 through Nov. 2. Curated by Ali Goodwin.

North Country Chamber Players (who are making a special visit to Pittsfield amidst their busy fall schedule), the concert consists of selections by Brahms, Haydn and Dvorak piano pieces. Featured musicians include Miki-Sophia Cloud and Ronnie Bauch on violin; Christ Finckel on cello; Ah Ling Neu on viola; and Bernard Rose on piano. This is a free event; call 435-7471, visit northcountrychamberplayers.org.

• **Ruthlessly optimistic:** Who knew there was such thing as too much optimism?

• **"TOUCH THE EARTH"** on view at the UNH Museum of Art, Paul Creative Arts Center, 30 Academic Way, Durham, Aug. 28 through Oct. 13. Art by sculptors Al Jaeger, New Hampshire; Warren Mather, Massachusetts; Jonathan Mess, Maine; and Joan Walton, New York.

• **"CAUGHT UP WITH REALITY"** on view at the UNH Museum of Art, Paul Creative Arts Center, 30 Academic Way, Durham, through Oct. 13.

• **"CON(TEXT)"** art exhibition at Sharon Arts Center, 30 Grove St., Peterborough, 924-7676, sharonarts.org, on view through Oct. 25.

• **MONIQUE SAKELLARIOS** paintings on display in the Image Gallery at the Nashua Public Library, 2 Court St., Nashua, now through the end of October. Call 589-4610, visit moniquesakellarios.com.

• **"FRESH A.I.R.: ABSTRACT, IMPRESSIONISTIC, REPRESENTATIONAL"** on view

IRISH TALES AND TUNES



Singer, storyteller and poet Kate Chadbourne brings her music and tales to the Bedford Public Library, 3 Meeting-house Road, Bedford, on Sunday, Oct. 6, at 2:30 p.m., in the McAllister Room. Chadbourne, who holds a Ph.D. in Celtic Languages and Literatures from Harvard University where she teaches Irish language and folklore, has had music featured on NHPR and on Irish radio programs throughout the country. Her performance combines traditional tales with music for voice, harp, flutes and piano. The event is free and is limited to the first 100 people. Visit bedford.lib.nh.us. Courtesy photo.

at Art 3 Gallery, 44 W. Brook St., Manchester, 668-6650, art3gallery.com, through Nov. 1.

• **MILL BROOK GALLERY & SCULPTURE GARDEN** is on view through Nov. 2 at 236 Hopkinton Road, Concord, 226-2046.

• **"VISUAL DISPATCHES FROM THE VIETNAM WAR"** is on view at the Currier Museum of Art, 150 Ash St., Manchester, 669-6144, currier.org through Nov. 11.

• **"VISIONS OF BOSTON"** on view at Sullivan Framing & Fine Art, 17 N. Amherst Road, Bedford, 488-1850, sullivanframing.com, dachowskiphotography.com, Sept. 19 through Nov. 30.

• **SANDY WADLINGTON: PASTELS, DRAWINGS AND COLOR WOODCUTS** on view at the Chapel Art Center at Saint Anselm, 100 Saint Anselm Drive, Manchester, Sept. 26 through Dec. 7.

Theater

• **RUTHLESSLY OPTIMISTIC FOR NO APPARENT REASON** part of ACT ONE 2013 Festival at West End Studio Theatre, 959 Islington St., Portsmouth, 300-2986, on Sat., Oct. 5, at 2 p.m., and Sat., Oct. 12, at 2 p.m. General admission \$20. Visit actonenh.org.

• **THE ENCHANTED ISLAND: A TALE FROM ANCIENT JAPAN** at the Mariposa Museum, 26 Main St., Peterborough, on Sat., Oct. 5, at 11 a.m. and 1 p.m.; Sun., Oct. 6, at 1 p.m. and 3 p.m.; Sat., Oct. 12, at 11 a.m. and 1 p.m.; and

Sun., Oct. 13, at 1 p.m. and 3 p.m. Show by Phoenix Marionettes. Admission \$7. Call 924-4555, visit mariposa.org.

• **TWO ON TAP** nationally-acclaimed song and dance duo Ron DeStefano and Melissa Giattino perform at the Franklin Opera House, 316 Central St., Franklin, on Sat., Oct. 5. Tickets \$10-\$22, visit franklinoperahouse.org, call 934-1901. Songs from Great American songbook and Broadway.

• **FROST HEAVES** on Fri., Oct. 11, at 7:30 p.m.; Sat., Oct. 12, at 2 and 7:30 p.m.; Sat., Oct. 19, at 7:30 p.m., at Peterborough Players Theatre, 55 Hadley Road, Peterborough, 924-7585. Tickets \$18. Featuring the Speed Bumps band, the Frost Heaves Players, musical guest Rich Hamilton and more.

• **GOD OF CARNAGE** shows at the Merrimack Repertory Theatre, 132 Warren St., Lowell, 978-654-7550, mrt.org, Sept. 19 through Oct. 13. Tickets start at \$20.

• **RENT** at the Palace Theatre, 80 Hanover St., Manchester, Sept. 13 through Oct. 5, palace-theatre.org, 668-5588. Tickets start at \$15.

• **NUNSENSE A-MEN** at the Players' Ring, 105 Marcy St., Portsmouth, Sept. 19 through Oct. 6. Showtimes Thursdays at 7 p.m., Fridays and Saturdays at 8 p.m., and Sundays at 3 p.m. Admission \$18. Visit playersring.org, call 436-8123.

• **ZOMBIE PROM** at the Derry Opera House, 29 W. Broadway, Derry, presented by Not Your

Mom's Musical Theater on Fri., Oct. 4, at 8 p.m.; Sat., Oct. 5, at 8 p.m.; and Sun., Oct. 6, at 2 p.m. Tickets \$20. Visit notyourmomsmusicaltheater.com.

• **CLEAN ROOM** performed on Sat., Oct. 5, at 8 p.m.; Fri., Oct. 11, at 8 p.m.; and Sat., Oct. 12, at 8 p.m., at West End Studio Theatre, 959 Islington St., Portsmouth, 300-2986. Tickets \$20. Visit actonenh.org, call 300-2986.

• **PRINCESS K.I.M.: THE MUSICAL** at the Amato Center for the Performing Arts, 56 Mont Vernon St., Milford, on Thurs., Oct. 3, at 7:30 p.m.; Fri., Oct. 4, at 7:30 p.m.; Sat., Oct. 5, at 2 p.m. and 7:30 p.m.; and Sun., Oct. 6, at 2 p.m. Tickets \$12. Visit princesskimthemusical.com.

• **VENUS IN FUR** presented by Artists Collective Theatre on Fri., Oct. 11, at 8 p.m.; Sat., Oct. 12, at 8 p.m.; and Sun., Oct. 13, at 8 p.m., at Hunt Building, 6 Main St., Nashua. Tickets \$20. Visit act-theatre.org.

• **SEASCAPE WITH SHARKS AND DANCER** produced and performed by Strangers at Home Theatre Company on Fri., Oct. 18, at 8 p.m.; Sat., Oct. 19, at 8 p.m.; Sun., Oct. 20, at 2 p.m.; Fri., Oct. 25, at 8 p.m.; Sat., Oct. 26, at 2 p.m. and 8 p.m.; and Sun., Oct. 27, at 2 p.m., at West End Studio Theatre, 959 Islington St., Portsmouth. Tickets \$20. Visit strangersathometheatrecompany.wordpress.com, call 203-512-2886.

• **GHOST HUNTING: THE MUSICAL MURDER MYSTERY** presented by NH Theatre Factory on Fri., Oct. 18, at 8 p.m., at the Derry Opera House, 29 W. Broadway Derry; Sat., Oct. 19, at 8 p.m.; Sun., Oct. 20, at 2 p.m.; Fri., Oct. 25, at 8 p.m.; Sat. Oct. 26, at 8 p.m.; and Sun., Oct. 27, at 2 p.m. Tickets \$24. Show rated PG-13. Visit nhtheatrefactory.org.

• **W;T** presented by Milford Area Players, milfordareplayers.org, on Fri., Oct. 18, at 8 p.m.; Sat., Oct. 19, at 8 p.m.; Sun., Oct. 20, at 2 p.m.; Fri., Oct. 25, at 8 p.m.; Sat., Oct. 26, at 8 p.m.; and Sun., Oct. 27, at 2 p.m. Tickets \$12.

• **ANNIE** by Manchester Community Theatre Players on Sat., Oct. 12, at 7 p.m.; Sun., Oct. 13, at 2 p.m.; Sat., Oct. 19, at 7 p.m.; and Sun., Oct. 20, at 2 p.m., at the JFNH Theatre, 698 Beech St., Manchester. Tickets \$20. Call 800-838-3006, visit MCTP.INFO.

• **HUNGRY, HUNGRY GAMES** parody of *The Hunger Games* at the Capitol Center for the Arts, ccanh.com, 225-1111, on Sun., Oct. 20, at 4 p.m. Tickets \$28.

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Concord pianist takes on “Beethoven cycle”

By Kelly Sennott
 ksennott@hippopress.com

Hundreds of hours can go into just preparing — never mind learning — one of Beethoven’s 32 piano sonatas.

“It’s more time than I can calculate,” said Concord pianist and educator Gregg Pauley in a phone interview last week.

Pauley, then, has his work cut out for him. He’s attempting a venture that, until now, he’s only dreamed about: Starting this fall, he’ll play all 32 of Beethoven’s piano sonatas over the course of three years and nine concerts. He calls this project “A State of Wonder: The 32 Piano Sonatas of Beethoven,” and it’s his wish that, through this series, New Hampshire audiences will get to know the marvel and splendor of the famed composer and pianist.

“For me personally, it’s always been an objective, a dream, to learn and play them all. Each is special in its own light. They also chronicle his [Beethoven’s] creative output over his whole life. ... There are many great composers, the list goes on, but Beethoven seems to be above the rest,” said Pauley, who teaches at the Concord Community Music School, St. Paul’s School and Tufts University.

He’ll perform all nine concerts at the Concord Community Music School. Each concert will contain three or four sonatas (a piece of music written for solo piano). The sonatas are grouped together according to theme. The first performance occurs on Friday, Oct. 11, and is called “Beethoven: Ten Years.”

“Over a 10-year period, from 1795 to 1805, he [Beethoven] wrote 23 of his piano sonatas. His professional life expands 20 years beyond that. ... Within that period, we see Beethoven developing, not just in terms of mastery of style, but he uses the style itself for self-expression, and he really changes the shape of the form for his purposes,” Pauley said.

Following concerts include “Beethoven: What’s in a Name,” “Beethoven: Dedicated to the One I Love,” “Beethoven: Ten Years, Part II,” “Beethoven: The Emperor’s Key” and “Beethoven: The Late Period,” to name a few.

“For me, to perform them in order didn’t resonate with me in a way I found interesting. ... I looked to group them in ways that were different,” Pauley said.

Pauley remembers learning Beethoven sonatas as a child. As he practiced, he’d imagine Beethoven sitting next to him, coaching him through each phase. He still admires and draws inspiration from the famed pianist and composer.

Pauley said that stylistically, Beethoven’s music was very much like his peers’ at the



Gregg Pauley. Courtesy photo.

beginning of his career.

“But within just a few years of his professional life, we really begin to hear a departure from that and a shift towards a more independent, holistic approach. It’s somewhat philosophical,” Pauley said.

The fact that Beethoven was deaf, Pauley said, just heightens his greatness.

Musical audiences take note: This concert series is likely something you won’t see in New Hampshire again any time soon.

“This is the Mount Everest for pianists,” Concord Community Music School president Peggy Senter said in a short phone interview. Pianists before have taken on the “Beethoven cycle,” as it’s often called, but not around here.

“It’s an amazing opportunity for audiences in New Hampshire, not only to hear this wonderful music and to experience the sonatas that cover Beethoven’s career output ... but then, to be able to talk with the pianist afterwards about what it’s like to immerse oneself in this music for three years’ time. That very rarely happens in a nonurban state like New Hampshire,” Senter said.

That’s because it’s such a huge commitment. Pauley had been thinking about this series for some time, but this year, he decided he was tired of waiting until he was ready.

“You go through life and you wonder when things are going to get done,” Pauley said. “I kept thinking, soon I’ll be old enough, I’ll feel like I’ve lived enough of a life to say something useful. But the reality is, if you don’t do it now, when are you going to do it?”

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Hear Gregg Pauley play “Beethoven: Ten Years”

Where: The Concord Community Music School, 23 Wall St., Concord
When: Friday, Oct. 11, at 7:30 p.m.
Admission: \$15 for adults, \$12 for students; stay for the reception afterward for a sweet surprise.
Contact: You’ll find a list of Pauley’s upcoming shows and a link to his Rocket Hub fundraising page at greggpauley.com. He’s trying to raise \$15,000 in 60 days to fund the three-year series.

TEXT AND TEXTURE



The show at the New Hampshire Institute of Art's Amherst Street Gallery is "Text and Texture," on view through Oct. 30. The work is by NHIA Painting Chair Patrick McCay and NHIA Ceramics Chair Maureen Mills. Their art demonstrates text and texture in two- and three-dimensional pieces. McCay's art revisits the "well-worn icons of the New England environs ... with the selective use of text to utilize the power of summary, visual surprise and uncertainty," and Mills' ceramic vessels explore the relationship between surface design and transitional language, as described in the press release. There's an opening reception at the gallery, 77 Amherst St., Manchester, on Wednesday, Oct. 9, from 5 to 7 p.m. Pictured, a vessel by Maureen Mills. Courtesy photo.

and actors write and produce plays. Final showing on Sat., Oct. 26, at 7:30 p.m. Visit theatrekapow.com.

• **ANNE OF GREEN GABLES** at the Leddy Center for the Performing Arts, 38c Ladd's Lane, Epping, Oct. 25 through Nov. 6. Shows are on Fridays at 7:30 p.m., Saturdays and Sundays at 2 p.m., and Wednesday, Nov. 6, at 2 p.m. Tickets \$16-\$18. Visit leddycenter.org, call 679-2781.

• **WILLY WONKA JUNIOR** on Fri., Oct. 25, at 7 p.m.; Sat., Oct. 26, at 7 p.m.; and Sun., Oct. 27, at 2 p.m., at the Gruber Recital Hall, Manchester Community Music School, 2291 Elm St., Manchester. Tickets \$15. Visit majestictheatre.net.

• **LES MISERABLES** presented by Nashua Actorsingers on Fri., Nov. 8, at 8 p.m.; Sat., Nov. 9, at 8 p.m.; Sun., Nov. 10, at 2 p.m.; Fri., Nov. 15, at 8 p.m.; Sat., Nov. 16, at 8 p.m.; and Sun., Nov. 17, at 2 p.m., at Edmund Keefe Auditorium, 117 Elm St., Nashua. Visit actorsingers.org, 889-9691 for tickets.

• **MONTY PYTHON'S SPAMALOT** at the Palace Theatre, 80 Hanover St., Manchester, Nov. 1 through Nov. 16. Tickets \$15-\$45. Call 668-5588, visit palacetheatre.org.

• **ESPAÑOL SPANISH DANCE THEATRE** on Fri., Nov. 1, at 7:30 p.m., at the Dana Center for the Humanities, 100 Saint Anselm Drive, Manchester, 641-7700, dana@anselm.edu.

edu. Tickets \$33.75.

• **ALMOST MAINE** by Anselmian Abbey Players at the Dana Center for the Humanities, 100 Saint Anselm Drive, Manchester, 641-7700, on Thurs., Nov. 7, at 7:30 p.m.; Fri., Nov. 8, at 7:30 p.m.; and Sat., Nov. 9, at 7:30 p.m. Tickets \$13 per person.

Classical

• **MARY GATCHELL** performs at the Leddy Center, 38c Ladd's Lane, Epping, 679-2781, on Fri., Oct. 4, at 7:30 p.m. Tickets \$18. Visit leddycenter.org, call 679-2781. Performs alongside Ken Dow, David Phelps and Willard Dyson.

• **CAPITOL QUARTET CONCERT** presented by Wolfeboro Friends of Music on Sat., Oct. 5, at 7:30 p.m., at Village Players Theatre, 52 Glendon St., Wolfeboro, sponsored by Meredith Village Savings Bank. Tickets \$20. Call 569-2151, visit wfriendsofmusic.org.

• **NORTH COUNTRY CHAMBER PLAYERS** appear at the First Congregational Church, 24 Main St., Pittsfield, on Fri., Oct. 4, at 7:30 p.m. Free concert with work by Brahms, Haydn and Dvorak. Featured performers include Miki-Sophia Cloud and Ronnie Bauch, violin; Chris Finckel, cello; Ah Ling Neu, viola; and Bernard Rose, piano. Visit northcountrychamberplayers.org, pittsfieldcc.com, call 435-7471. Donations accepted.

• **CEDRIC WATSON AND**

BIJOU CREOLE perform on Fri., Oct. 4, at 7:30 p.m., at Dana Center for the Humanities, 100 Saint Anselm Drive, Manchester, 641-7700, anselm.edu. Tickets \$33.75.

• **"DARE TO BEGIN"** Symphony NH opening night on Sat., Oct. 5, at 8 p.m., at the Keefe Center for the Arts, 117 Elm St., Nashua. Featuring soloist Ruth Palmer. Tickets \$12-\$48, free for children age 5 through 15. Repeat performance on Sun., Oct. 6, at 3 p.m., at Peterborough Town House, 1 Grove St., Peterborough. Visit symphonynh.org.

• **KATE CHADBOURNE** performs at the Bedford Library (3 Meetinghouse Road, Bedford, 472-3023) on Sun., Oct. 6, at 2:30 p.m. Free, limited to 100 people. Visit bedford.lib.nh.us.

• **GLEASON BROWN FACULTY JAZZ GROUP** performs on Sat., Oct. 5, at 7:30 p.m., at the Dana Center for the Humanities, 100 Saint Anselm Drive, Manchester, anselm.edu. Tickets \$15. Call 641-7700.

• **MIRARI BRASS** on Tues., Oct. 8, at 8 p.m., at Bratton Recital Hall of the Paul Creative Arts Center, 30 Academic Way, Durham, UNH. Free.

• **UNH WIND SYMPHONY** concert on Wed., Oct. 9, at 8 p.m., at Paul Creative Arts Center, 30 Academic Way, Durham, unh.edu/music. Free.

• **GREGG PAULEY** opens Beethoven concert series, "The 32 Piano Sonatas of Beethoven," on Fri., Oct. 11, at 7:30 p.m., at Concord Community Music School Recital Hall, 23 Wall St., Concord, 228-1196, ccmusicsschool.org. Tickets \$15. First of 32 piano sonatas over three years. Visit greggpauley.com.

• **VOICES OF THE 603** concert on Fri., Oct. 11, at the Capitol Center for the Arts, 44 S. Main St., Concord, at 7 p.m. A cappella competition for middle and high schools. Tickets \$10. Visit voicesofthe603.com.

• **TUCKERMANS AT 9** on Sat., Oct. 12, at 7:30 p.m., at Scenic Theatre (6 Depot St., Pittsfield). Admission \$10 cash or check, call 435-8852. Free parking. Visit tuckermansat9.com.

• **"LIVE FREE"** NH Philharmonic season opener on Sun., Oct. 13, at 4 p.m., at the Palace Theatre, 80 Hanover St., Manchester, 668-5588, \$12-\$50.

• **PEGGY VAGTS, ARLENE KIES** perform "Go Like Sixty: Music of 1953" as part of the UNH Concert Series on Sun., Oct. 13, at 3 p.m., at Bratton Recital Hall, 30 Academic Way, Durham, 862-2404. Free.

• **UNH JAZZ BANDS** perform on Mon., Oct. 14, at 8 p.m., at the Johnson Theatre of the Paul Creative Arts Center, 30 Academic Way, Durham, 862-2404, unh.edu/music. Free.



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LISTINGS

32 Children & Teens

Games, clubs, fun...

33 Continued

Education

Classes, seminars,

lectures...

34 Crafts

Fairs, clubs, activities...

34 Dance

Tango, ballroom, tap...

37 Health & Wellness

Blood drives, programs,

classes....

39 Miscellaneous

Fairs, festivals, yard sales...

43 Nature &

Gardening

Clubs, talks, walks...

FEATURES

34 Kiddie pool

Family activities this week.

36 Treasure Hunt

There's gold in your attic.

38 The Gardening Guy

Advice on your outdoors.

40 Car Talk

Click and Clack give you car advice.

FOOD

44 Take a taste

Sip and sample at Taste of Concord; N'awlins Grille opens in Manchester; drink wine straight from the barrel; Weekly Dish; Red, White & Green (good bottles for less than \$20); Perishables; From the Pantry; Just Desserts and more.

Get Listed

From yoga to pilates, cooking to languages to activities for the kids, Hippo's weekly listing offers a rundown of all area events and classes. Get your program listed by sending information to listings@hippopress.com at least three weeks before the event.

INSIDE/OUTSIDE

A festival for 'life's clowns'

Ferrets are the stars at Londonderry fundraiser

By Cory Francer
cfrancer@hippopress.com

Through a tunnel, over a bridge and a stop at Dunkin' Donuts. We've all been through the morning commute, and it's rarely fun.

But according to Sue Kern, who runs the 4 Li'l Paws Ferret Shelter, these furry creatures can turn the most mundane tasks, like simply getting from here to there, into their own little party. The shelter, which operates in various locations in southern New Hampshire, will host its 18th annual Ferret Festival on Saturday, Oct. 5, at the Lions Club Hall in Londonderry. The event will bring ferret fanatics and their pets together and will include the morning-commute-themed obstacle course.

Kern has operated the shelter since 2000, taking in abandoned or unwanted ferrets. She said she's housed up to 35 of them in the past in an effort to find them a permanent home. It's a great deal of work, she said, much more than other small animals like hamsters, but watching these animals play together on a daily basis is the perfect compensation.

"Ferrets are like chips," Kern

Ferret Festival

When: Saturday, Oct. 5, 11 a.m. to 3 p.m.

Where: Londonderry Lion's Club Hall, 256 Mammoth Road, Londonderry

Cost: Admission is \$3 and is free for ages 12 and younger

Contact: Call 778-0172, 361-3865 or email DaisyandRambo@comcast.net

Children & Teens Events

• **MAGIC TREE HOUSE BOOK CLUB** at the Chester Public Library (3 Chester St., Chester) Thurs., Oct. 3, Oct. 10 and Oct. 24, 4-5 p.m. The book club is for grades 2 and 3. Registration is requested. Call 887-3404, email chesterpubliclibrary@gmail.com or visit chesterlibrary.com.

• **STAR WARS JEOPARDY** at the Meredith Public Library (91 Main St., Meredith) Fri., Oct. 4, 2-3 p.m. Call 279-4303 or visit meredithlibrary.org.

• **FALL KIDS CONSIGNMENT SALE** at the Hellenic Center (219 Long Hill Road, Dover) Sat., Oct. 5, 9:30 a.m.-6 p.m., and Sun., Oct. 6, 11 a.m.-3 p.m. Hosted by the Children's Museum of New Hampshire. Items include toys, books, clothes, sports equipment and more. Visit www.childrens-museum.org.

• **STAR WARS READS DAY** at the Merrimack Public Library (470 DW Highway, Merrimack) Sat., Oct. 5, 10:30 a.m.-noon. For ages 3 and older, take part in games, crafts and snacks inspired

by *Star Wars*. Call 424-5021 or visit merrimacklibrary.org.

• **FAMILY FUN DAY** at Nashua High School South (36 Riverside St., Nashua) Sat., Oct. 5, 10 a.m.-4 p.m., will include live entertainment, crafts, jump houses, mascots and more. The event is hosted by the Lil' Iguana's Children's Safety Foundation. Visit liliguanausa.org/FFD-OCT.

• **SILLY SCIENCE** at the Chester Public Library (3 Chester St., Chester) Mon., Oct. 7, Oct. 21 and Oct. 28, at 6:30 p.m. For ages 10 and older to conduct a science experiment and then research

why it results the way it does. Register by calling 887-3404.

• **FALL ART CLASSES** at Beck's Arts Express (491 Amherst St., Nashua) begin Tues., Oct. 8 and include Budding Artists for ages 2½ to 4, Paint It, Sculpt It, Love It for ages 4 to 6, Paintapalooza for ages 5 to 7 and 9 to 12 and Crazy about Comics for ages 5 to 7 and 9 to 12. Classes range from six weeks to eight weeks. Call 566-1393 or visit artsexpressnh.com.

• **FIRE PREVENTION WEEK CELEBRATION** at the Pembroke Town Library (313 Pem-

broke St., Pembroke) Wed., Oct. 9, at 6:30 p.m. Check out fire equipment and meet some special guests. Call 485-7851.

• **COLORS OF AUTUMN** at Amoskeag Fishways (6 Fletcher St., Manchester) Thurs., Oct. 10, 9:30-11 a.m. or 12:30-2 p.m. Learn about why leaves change color in the fall and how the season affects wildlife along the river. Cost is \$8 per family and prior registration with payment is required. Call 626-3474 or visit amoskeagfishways.org.

• **KIDS' PUMPKIN DECORATING AND PAINTING**



Rita, one of the ferrets housed at 4 Li'l Paws Ferret Shelter. Courtesy photo.

said. "You just can't have just one. ... You get home from a stressful day at work and they bounce around and play."

Kern said she expects to have visitors from throughout northern New England and Massachusetts visit the festival and that it's a great opportunity for ferret owners to socialize their pets and for ferret novices to gain an understanding of what ferret ownership is all about.

Because of these animals' playful nature, the festival will include plenty of games and activities for the ferrets. In addition to the obstacle course, Kern said she expects to have tube races, paper bag escape, in which ferrets try to work their way out of a paper bag, and a flower pot dig, which will test how fast the ferrets can dig to the bottom of a flower pot. Any ferret is welcome

to attend, Kern said, as long as it is up to date on its distemper vaccination with written proof and is older than 16 weeks.

"I try every year to invent a new game for them," Kern said. "It's enrichment for them and educational for the owners."

But the competitions don't end with tunneling and digging games. The festival will also have a judge on hand, using professional judging methods, evaluating the overall condition of the ferrets. Kern said the inspection is detailed, with the judge monitoring characteristics like bone structure, temperament and cleanliness.

"It's the condition, how friendly they are and what kind of a great pet they would make," she said.

The festival will have vendors with ferret-specific products and

food, and Kern said the ferret owners in attendance will be happy to talk with anyone who asks about ferret ownership. She said one of the most common misconceptions of ferret ownership is that they are easy to take care of.

With a proclivity toward medical issues like intestinal blockages and a necessity to stay up to date on shots, Kern said owners will need to be prepared for veterinarian visits.

But, she said, it's nearly impossible not to smile when watching a ferret play around the house — especially when there's more than one.

"They're extremely intelligent, and they're team players," she said. "If one can't get something, he can get his friends to help him do it. They're just so smart, and there is the entertainment factor. They're life's clowns." 🐾

at Sizzle Bistro (1 Highlander Way, Manchester) Sat., Oct. 16, noon-3 p.m. Admission is \$12 and will include a pumpkin, paint, decorations and a kids lunch. Call 232-3344 or visit sizzlebistro.com.

• **LIGHTS ON AFTER SCHOOL** at Beech Street Elementary School (333 Beech St., Manchester) Thurs., Oct. 17, 6:30-7:30 p.m. Take part in a variety of after school activities including face painting, a photo booth and more. Visit mansd.org.

• **SUPER SEEDS** at Amoskeag Fishways (6 Fletcher St., Manchester) Fri., Oct. 18, 7-8 p.m. Learn about seeds and how they travel from place to place. Cost is \$5 per family. Prior registration with payment is required. Call 626-3474 or visit amoskeagfishways.org.

• **PUMPKIN PATCH** at the Culinary Playground (16 Manning St., Derry) Fri., Oct. 18, at 10 a.m. and 4 p.m., and Sat., Oct. 19, at 10 a.m. For ages 3 to 5 to make pumpkin breakfast cookies. Visit culinary-playground.com.

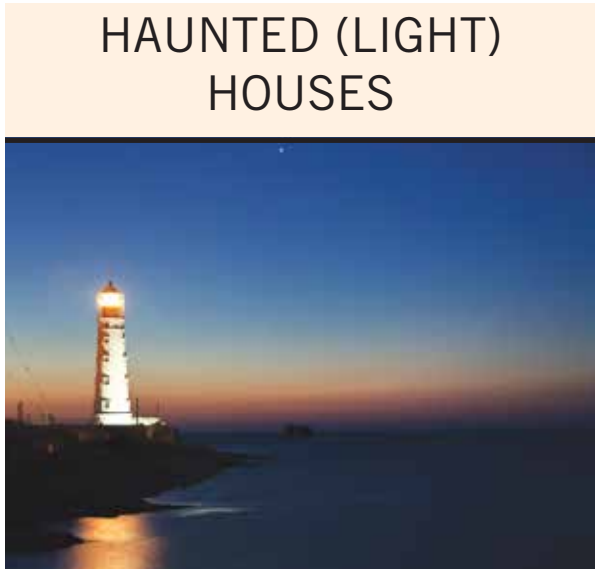
• **MATHNASIUM TRI-MATHLON** at the Mathnasium (69 Hamel Drive, Manchester) Sat., Oct. 19. This is a math competition for students in grades 2 through 5. With each correct answer, students can

raise money for local schools. The winner at each grade level will be entered into the national TriMathlon. There is no cost to participate. Visit mathnasium.com/northmanchester.

• **SQUIRRELS AND CHIPMUNKS** at Amoskeag Fishways (6 Fletcher St., Manchester) Thurs., Oct. 24, 9:30-11 a.m. or 12:30-2 p.m. Learn about squirrels and chipmunks and how they prepare for winter. Cost is \$8 per family. Prior registration with payment is required. Call 626-3474 or visit amoskeagfishways.org.

• **NOT-SO-SCARY HALLOWEEN PARTY** at NH Sportsplex (68 Technology Drive, Bedford) Fri., Oct. 25, 5-9 p.m. Events include a candy scavenger hunt, a bouncy house, music, laser tag, costumed characters and more. Movies will be shown on a giant movie screen. Admission is \$5 per person or \$20 per family. Proceeds benefit the Our Promise to Nicholas Foundation. Visit ourpromisetonicholas.com.

• **HAUNTED FUN NIGHT OUT** at the Waterville Valley Recreation Department (11 Noon Peak Road, Waterville Valley) Fri., Oct. 25, 6-9 p.m. The event will include gym games, pumpkin carving and more for ages 6 and older. Cost is \$30 per child. Registration is



New England's lighthouses are well known for their picturesque settings, but are some of them haunted? Visit the Hooksett Library (31 Mount Saint Mary's Way, Hooksett) on Wednesday, Oct. 9, at 6:30 p.m., for "New England's Haunted & Historic Lighthouses." Jeremy D'Entremont, an expert in the lighthouses of New England, has attended paranormal investigations of some of these locations and will visit the library to share his experiences. Admission is free. Call 485-6092 or visit hooksettlibrary.org

required. Call 236-4695.

• **ALL DAY HOLIDAY CRAFTS** at the Wadleigh Memorial Library (49 Nashua St., Milford) Sat., Oct. 26, 9 a.m.-1 p.m. All ages are wel-

come and registration is not required. Call 249-0645 or visit wadleighlibrary.org.

• **NOT-SO-SPOOKY SPAC-TACULAR** at the Children's Museum of New Hampshire (6

Washington St., Dover) Sat., Oct. 26, 10 a.m.-3 p.m. This will be a non-scary Halloween event. There will be non-food trick-or-treating, science experiments, face painting and more. Call 742-2002 or visit childrensmuseum.org.

• **HALLOWEEN PARTY** at the Chester Public Library (3 Chester St., Chester) Wed., Oct. 30, at 6:30 p.m. Costumes are encouraged. Call 887-3404 or visit chesterlibrary.com.

• **TRICK OR TREAT AT THE LIBRARY** at the Hollis Social Library (2 Monument Square, Hollis) Wed., Oct. 30, 4-5 p.m. All ages are welcome. Call 465-7721 or visit hollislibrary.org.

Continued Education Open houses

• **UNH GRADUATE SCHOOL MANCHESTER CAMPUS** (88 Commercial St., Manchester) Tues., Oct. 8, at 6 p.m. Meet representatives from a variety of graduate programs and network with other professionals. Call 641-4313 or visit gradschool.unh.edu/php/reg.php.

Adult education

• **TRAVEL/STUDY ABROAD IN COSTA RICA** at NHTI student center, room 225 (31 College Drive, Concord) Wed., Oct. 9, 6-8 p.m. Learn about this 10-day trip to Costa Rica, which

is open to students and adults. Call 271-6484 ext. 4243, email aliphtak@ccsnh.edu or visit nhti.edu/travelstudy-abroad.

• **TRAVEL/STUDY ABROAD IN BARCELONA** at the library living room at NHTI (31 College Drive, Concord) Tues., Oct. 15, 7-8:30 p.m. Learn about the seven-day trip, which will run from May 26 to June 1. Contact Francisca Acosta-Mathes at 230-4015 or facostamathes@ccsnh.edu. Visit nhti.edu/travelstudy-abroad.

• **TRAVEL/STUDY ABROAD IN EASTERN EUROPE** at the library instructional lab at NHTI (31 College Drive, Concord) Mon., Oct. 21, 7-8:30 p.m. Learn about the program, which will travel to Hungary, Poland, the Czech Republic and Germany. The trip will be from March 14 to March 23. Contact Sarah Hebert at 271-6484 ext. 4201 or shebert@ccsnh.edu. Visit nhti.edu/travelstudy-abroad.

• **COMMUNICATIONS BOOT CAMP** at the Nackey S. Loeb School of Communications (749 E. Industrial Park Drive, Manchester) Sat., Oct. 26, 9 a.m.-3:30 p.m. Mike Nikitas from NECN will discuss ways to improve communications and social media skills. Admission is \$45. Call 627-0005 or visit loebsschool.org.

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Show time

The circus is back in town. The **Ringling Bros. and Barnum & Bailey Circus** returns to the Verizon Wireless Arena (555 Elm St., Manchester) with its show, “Dragons.” Show times are scheduled for Thursday, Oct. 3, at 7 p.m., Friday, Oct. 4, at 7 p.m., Saturday, Oct. 5, at 11 a.m., 3 p.m., and 7 p.m., and Sunday, Oct. 6, at noon and 4 p.m. Tickets range from \$17 to \$92. Call 644-5000 or visit verizonwirelessarena.com.

It's **Saturday afternoon at the movies** at the Nashua Public Library (2 Court St., Nashua). Visit the library on Saturday, Oct. 5, from 2 to 3:35 p.m., for a showing of *The Croods*. The PG-rated movie stars Nicolas Cage, Emma Stone and Ryan Reynolds and is a Dreamworks animated adventure through prehistoric times. Call 589-4600 or visit nashualibrary.org.

Learn and create

Celebrate **Fire Prevention Week** at the Pembroke Town Library (313 Pembroke St., Pembroke) on Wednesday, Oct. 9, at 6:30 p.m. The event will include equipment for kids to check out and visitors to meet with about fire safety. There will also be door prizes and give-

aways. Call 485-7851 or visit pembroke-nh.com/library.asp.

Zentangle classes have been popular at the League of New Hampshire Craftsmen Retail Gallery in Nashua. The practice of creating a contained doodle has been used for relaxation purposes, and on Saturday, Oct. 5, from 10 a.m. to 1 p.m., the art form will get an autumn twist. Instead of Zentangling on a piece of paper, ages 12 and older will be doing **Zentangle art on pumpkins**. The class costs \$30 with a \$10 materials fee. Call 595-8233, email nashuarg@nhcrafts.org or visit nhcrafts.org/nashua.

It's **Crazy Craft Day** at the Rodgers Memorial Library (194 Derry Road, Hudson). Stop by the library on Saturday, Oct. 5, from 9 a.m. to 5 p.m., to make a wild craft project. The projects will be available all day while supplies are available. Call 886-6030 or visit rogerslibrary.org.

Dig your hands into some clay at Studio 550 Art Center (550 Elm St., Manchester). The studio will host a **family clay workshop** on Saturday, Oct. 5, at 1:30 p.m. A studio staff member will teach a wet clay project and participants will follow along, creating a final product from scratch. Once the projects

are completed, leave them at the studio to be fired and pick them up in two to three weeks. Admission is \$30 for a child and adult pair and \$40 for an adult and two children. Call 232-5597, email info@550arts.com or visit 550arts.com.

Outdoor and fall fun

October means the return of the **Pumpkin Festival** at Charmingfare Farm (774 High St., Candia). The festival begins Saturday, Oct. 5, and will run on Sunday, Oct. 6, Saturday, Oct. 12, Sunday, Oct. 13 and Monday, Oct. 14. Activities will run from 11 a.m. to 3 p.m. each day and will include the cow pie fly, a cow milking contest, pumpkin crafts, hayrides and more. Admission is \$17 and includes activities and unlimited rides. Admission is free for children 23 months and younger. Call 483-5623 or visit visitthefarm.com.

Everyone knows that the fall season turns leaves all sorts of bright colors, but not everyone knows why. Learn the mysteries behind the colors of the season at **Rainbow Leaves** at the Massabesic Audubon Center (26 Audubon Way, Auburn) Wed., Oct. 9, 10 to 11:30 a.m. The program is recommended for pre-school age children. Admission is \$12 per child and



adult pair. Register by calling 668-2045 or visit nhaudubon.org.

Have you ever come across animal tracks and wondered what type of animal left them, and where they were going? Visit the Mt. Kearsarge Indian Museum (18 Highlawn Road, Warner) on Saturday, Oct. 5, from 10 a.m. to noon for **Animal Tracking (Becoming a Wildlife Detective)**. The class will include classroom time and lessons in the field. The class is open to children 8 and older. Admission is \$30 and benefits The Little Nature Museum in Hopkinton. To register, call 746-6121 or visit littlenaturemuseum.org/Calendar.html. 🍂

Professional development

• **THERAPEUTIC MUSIC COURSE** at Concord Hospital (250 Pleasant St., Concord) and Concord Community Music School (23 Wall St., Concord) Sat., Oct. 12, Sun., Oct. 13, Fri., Dec. 6, Sat., Dec. 7, and Sun., Dec. 8. Become a certified music practitioner. Tuition is \$2,450. Call 227-7000, ext. 3867, or visit www.mhpt.org.

Crafts
Fairs/Exhibits

• **CRAFTWORKERS' GUILD HARVEST CRAFT SHOP** at the Kendall House (5 Meetinghouse Road, Bedford) Thurs., Oct. 3, to Mon., Oct. 14., open daily 10 a.m.-4 p.m. Browse through crafts made by members of the guild. Visit craftworkersguild.org.

• **FALLING INTO COMFORT QUILT SHOW** at the Messiah Lutheran Church (303 Route 101, Amherst) Fri., Oct. 4 and Sat., Oct. 5, 10 a.m.-4 p.m. Hosted by the Souhegan Valley Quilters' Guild, the show will feature more than 100 quilts made by guild members. There will also be raffles and items for sale. Proceeds will benefit the guild's various charities. Admission is \$5. Visit nhquilts.org.

• **VENDOR FAIRS** at 27 Huckins Road, Epsom, Tues., Oct. 8 and Fri., Nov. 22, 6:30-8 p.m. Admission is free.

• **CRAFT FAIR** at the Nashua YMCA (24 Stadium Drive, Nashua) Sat., Nov. 1, 9 a.m.-3 p.m. Admission is free. Call

882-2011 or email tjoslin@nmymca.org.

• **CRAFT FAIR** at Emmanuel Baptist Church (14 Mammoth Road, Hooksett) Sat., Nov. 9, 10 a.m.-3 p.m. Hosted by the Child Evangelism Fellowship of New Hampshire, the event will feature craft makers from throughout the state. Contact Bethany at 369-4566 or cefnhbethany@comcast.net. Visit cefnh.com.

• **NEW SEARLES PTO HOLIDAY CRAFT FAIR** at New Searles Elementary (39 Shady Lane, Nashua) Sat., Nov. 23, 9 a.m.-3 p.m. The event will feature more than 30 crafters, raffles and kids activities.

Knitting

• **MAKING HANDWARMERS** at Kalily Studio (22 Huckins Road, Epsom) 22 Huckins Road, Epsom, Wed., Oct. 16, 5:30-7 p.m. Cost is \$10. Call 783-6065 or visit kalilystudio.com.

• **MAKING SOCKS** at Kalily Studio (22 Huckins Road, Epsom) Wed., Nov. 6, 5:30-7 p.m. Cost is \$10. Call 783-6065 or visit kalilystudio.com.

Dance
Ballroom classes & dances

• **ARGENTINE TANGO** at Studio 550 Art Center (550 Elm St., Manchester) on the second Saturday of the month. Free lesson 8-9 p.m., and social dance 9 p.m.-midnight. Social dance is \$10. Call 232-5597, email info@550arts.com or visit

550arts.com.

• **ARTHUR MURRAY DANCE STUDIO** (99 Elm St., Manchester, 624-6857, arthur-murray.com) offers classes in ballroom and a variety of other styles. There are also classes specifically for wedding instruction. Email info@amdsnh.com.

• **BEGINNER BALLROOM CLASSES** at Queen City Ballroom Dance Studio (21 Dow St., Second Floor, Manchester)

on Tuesdays at 6:45 and 7:30 p.m., and Wednesdays at 6, 6:45 and 7:30 p.m. 45-minute class will operate on a 10-week rotation with a new dance rotation every other week. Dances include waltz, foxtrot, cha cha, rumba, swing, samba, tango and bolero. Advanced beginner classes are held Sundays, at 5 p.m. \$50 monthly memberships and \$9-\$10 drop-in options are available. Call 622-1500, email

karen@queencityballroomnh.com or visit queencityballroomnh.com.

• **BEGINNER BALLROOM SAMPLER CLASSES** at Queen City Ballroom Dance Studio (21 Dow St., Second Floor, Manchester), Sundays, 4-4:45 p.m. Learn steps of 12 ballroom dances, which each class focusing on two dances. Cost is \$5 per person and new dancers take their first class free. No registration is required. Call 622-1500, email QnCtyBalrm@aol.com or visit www.queencityballroomnh.com.

• **BALLET AND TAP** at Green Street Community Center Dance Studio (39 Green St., Concord). For ages 2-7. Check www.ci.concord.nh.us/recreation for times and prices.

• **BALLROOM PARTY** Sunday nights 6-9 p.m. at Queen City Ballroom Dance Studio, 21 Dow St., 2nd floor, Manchester. These parties are beginner-friendly with mixer dances and light refreshments. Hardwood floor, recorded music, friendly crowd, smoke- and alcohol-free. Singles and couples welcome. Bring a change of shoes to protect the dance floor. Start any week, and get free admission your first time. Costs \$9 per person. No registration required. Call 622-1500 or visit queencityballroomnh.com.

• **CHOREOGRAPHED BALLROOM LESSONS** at Circle 9 Ranch, 39 Windymere Drive, Epsom, Thursdays at 7 p.m. Visit circle9ranch.com or

call 736-9656.

• **FOX TROT AND WALTZ** Royal Palace Dance Studio on Thursdays, 6:15-7 p.m. is beginner foxtrot and 7-7:45 p.m. is intermediate waltz. Visit royalpalacedance.com or call 621-9119.

• **HUSTLE** at Queen City Ballroom, 21 Dow St., 2nd floor, Manchester, every Monday night. Beginner class 7-7:45 p.m. and intermediate class 8:30-9:15 p.m. Costs \$12 per person per class or \$60 for a six-week session. Singles and couples are welcome, as well as drop-ins. Call 622-1500, email QnCtyBalrm@aol.com or visit queencityballroomnh.com.

• **INTERMEDIATE/ADVANCED SMOOTH RHYTHM AND BALLROOM CLASSES** at Queen City Ballroom (21 Dow St., Second Floor, Manchester) Tuesdays at 6 p.m. and Fridays at 7:30 and 8 p.m. Cost is \$10 per class or the studio offers a \$50 monthly membership. Call 622-1500, email QnCtyBalrm@aol.com or visit queencityballroomnh.com.

• **KATHY BLAKE DANCE STUDIO** (3 Northern Blvd., Amherst, 673-3978, kathyblakedances.com) offers Latin, swing and ballroom dance classes, as well as jazz, hip-hop, tap and other styles strictly for adults.

• **LET'S DANCE STUDIO** (5 N. Main St., Concord, 228-2800, letsdancen.com) has group classes, private lessons, practice sessions, monthly



The Lil' Iguana's Children's Safety Foundation is back for another Family Fun Day at Nashua High School South (36 Riverside St., Nashua). The event will be held Saturday, Oct. 5, from 10 a.m. to 4 p.m., and will include bounce houses, inflatable games, arts and crafts and plenty of costumed mascots. There will also be dance, science and music performances from local organizations. Visit liliguanausa.org. Pictured: Costumed characters at Family Fun Day. Courtesy photo.

MEET A SLED DOG



We're still a couple months away from seeing snow, but in northern New England, it's never too early to start thinking about sled dog season. Visit the Hopkinton State Fair fairgrounds (392 Kearsarge Ave., Contoocook) on Saturday, Oct. 5, from 9 a.m. to 5 p.m., and Sunday, Oct. 6, from 8 a.m. to 3 p.m., for the Northern New England Sled Dog Trade Fair. The event will include a dry-land race, vendors selling sled dog equipment and plenty of sled dogs for kids to meet and pet. Guest speakers include Alaskan dog mushers, Aliy Zirkle and Allen Moore, and Johnn Molburg, a gold medal winning musher, originally from New Hampshire. Pictured: Aliy Zirkle and her Iditarod team. Courtesy photo.

balls, workshops and wedding dance instruction. Dances taught include tango, waltz, foxtrot, hustle, salsa, merengue, swing, cha-cha and ballroom. Ballroom and Argentine dancing every Thurs., 8-10 p.m., cost is \$5.

• **LONDONDERRY DANCE ACADEMY** (21 Buttrick Road, 432-0032, londonderrydance.com) Ballet, pointe, hip-hop, tap, jazz, contemporary, creative movement, pre-dance, yoga, body conditioning and adult ballet. Home of the New England Dance Ensemble and the Triple Threat Theater Camp.

• **MILL-A-ROUND DANCE CENTER** (250 Commercial St., Manchester, 641-3880, millaround.com) offers classes in line, round and square dancing.

• **NASHUA COMMUNITY COLLEGE** (505 Amherst St., Nashua, 882-7022, nashuacc.edu) offers classes for couple in ballroom, Latin and waltz.

• **OPEN DANCE AND THEME BALL** hosted by Let's Dance Studio in Concord every Thurs., 8-10 p.m. Cost is \$5 per person per visit or advance payment \$45 for 3 months, with a free group class for a month. Parties and balls are free for first-time visitors, current group students and all private students past and present.

• **PAPER MOON DANCE CENTER** (Studios in Nashua & Amherst, 943-1106, papermoon-dance.com) offers group and private lessons, social dance parties and wedding dance instruction. Classes are offered in smooth,

rhythm, club, standard and Latin dances.

• **POI/FIRE DANCE** at Studio 550 Art Center (550 Elm St., Manchester) Fridays, 7:15-8:15 p.m. Learn the basics of poi. Drop in rate is \$15. Call 232-5597 or visit 550arts.com.

• **PRACTICE PARTY** every Fri. at Royal Palace Dance Studio (167 Elm St., Manchester, 621-9119, royalpalacedance.com), open to the public from 7:45 to 9:30 p.m. Singles and couples are welcome.

• **PRIVATE BALLROOM CLASSES FOR SINGLES AND COUPLES** at the Queen City Ballroom (21 Dow St., Second Floor, Manchester). Learn dance techniques or a new dance to prepare for a wedding, cruise, school dance or other event. Lessons are \$60 per 45-minute session. Call 622-1500, email karen@queencityballroomnh.com or visit queencityballroomnh.com.

• **ROCKINGHAM BALLROOM** (22 Ash Swamp Road, Newmarket) offers ballroom dance night, line dance and couples dance lessons, country night and afternoon ballroom dance. Call 659-4410 or visit www.therockinghamballroom.com.

• **ROYAL PALACE DANCE STUDIO** (167 Elm St., Manchester, 621-9119, royalpalacedance.com) offers group lessons in salsa, Latin, ballroom, rhythm, smooth dances, hip-hop and aerobic dances along with private dance lessons.

• **SAMBA AND TANGO** at the

Royal Palace Dance Studio on Tuesdays, intermediate samba 7-7:45 p.m., and intermediate tango 7:45-8:30 p.m.

• **SOCIAL DANCING** Paper Moon Dance Center sponsors dances at Kathy Blake Dance Studio (3 Northern Blvd, Amherst, 429-1100, papermoon-dance.com). Two rooms of ballroom, Latin and swing dancing the second and fourth Sat. of each month 8-10:30 p.m. Cost is \$10, includes light refreshments.

• **STEPPIN' OUT DANCE STUDIO** (1201 Westford St., Lowell, Mass., 452-1111, step-pinoutdance-lowell.com) offers ballroom, swing, and salsa classes along with social dances and wedding dance instruction.

• **SWING DANCING** at the Royal Palace Dance Studio on Mondays at 7 p.m., visit royalpalacedance.com or call 621-9119.

• **TANGO CLASSES** at the Mariposa (26 Main St., Peterborough, 924-4555, mariposa-museum.org) every Wed., 7-8:30 p.m.

• **WEDDING DANCE CLASSES** at the Queen City Ballroom (21 Dow St., Second Floor, Manchester). Design and learn a dance for your wedding's first dance with the ballroom's staff. Call 622-1500, email karen@queencityballroomnh.com or visit queencityballroomnh.com.

• **WEDNESDAY NIGHT SALSA** at the Queen City Ballroom (21 Dow St., Second Floor, Manchester). Hosted by Masacote Entertainment, learn the NY Style on 2. The classes run as four-week sessions and typically begin on the first Wednesday of the month. Salsa Level 1 classes are 6:30-7:30 p.m., and Salsa Movement and Practica is 7:30-8:30 p.m., and Salsa Levels 2 and 3 are 8:40-9:40 p.m. Call 617-286-MASA, email info@salsanewhampshire.com or visit salsanewhampshire.com.

Belly Dance Classes

• **HOLISTIC SELF CARE CENTER** on Saturdays, noon-1 p.m. Four classes cost \$40, drop-in fee is \$12. Call 883-1490 and visit thehscenter.com.

• **STUDIO 550** (550 Elm St., Manchester) on Thursdays, 7-8 p.m. With Zahira Zuhra. Call 232-5597 or visit 550arts.com.

• **STYLING SOULS** 832 Elm St., Manchester, on Sundays at 6 p.m., cost is \$12 per class. Visit stylingsouls.com.

Folk Classes and Dance

• **CONTRA DANCING IN NEW HAMPSHIRE: THEN AND NOW** at the Manchester City Library (405 Pine St., Manchester) Thurs., Oct. 3, 7-8:15 p.m. Fiddler Dudley Laufman will lead the program and par-

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IN/OUT ANTIQUES

Dear Donna,

I write to you asking if you might know
something about these antique Chinese
dominos.

Troy

Dear Troy,

What you have is actually called a Mah-
jong game. The word means sparrow, or for
the game sparrow tiles.

Even though I have had many in the
course of my business, I have never real-
ly done much research on them until now.
From what I learned, the game is Chinese
and has been around since the 1800s. There
is rumor that tile games like this one have
been around a lot longer, but for Mahjong it
was the 1800s. It became very popular here
and in other countries in the 1920s.

It is played sort of like dominoes but
with different rules. The earlier and bet-
ter valued game tiles were all hand painted
on ivory or bone and then had a wooden
bamboo backing. I always thought that the
games with the catalin or bakelite plas-
tic pieces were the most valuable, but see,
even I learned something. When I did the
research for you I found a lot of informa-
tion on how the game is played and about
the pieces and the story.

Values on the games vary quite a bit
because it really depends on if you have a
complete set and if the tiles are real ivory
or bone. A full set consist of 144 tiles, and
they must also be the correct ones — if you
do the research, you can find out what those
tiles should be.

Years ago it was much rarer to see the
games then it is today. With the Internet it's
easy to find anything, so that also plays a
part in the value. And remember, as with
anything else, there are authentic-looking
reproductions, so it's tough to tell unless
you have someone looking at it, and even



then it can be tough. The cases such as
yours were made the same way as they are
today, so you can see how well reproduc-
tions are made.

So let's just assume your game is an old
one and that the tiles are ivory and bam-
boo, and that it is complete. I would say the
value is in the range of \$250. But that's a
replacement value and not really a market
value because I think that with other ver-
sions out there and reproductions, only a
true collector will still pay the price for an
original game.

*Donna Welch has spent more than 20
years in the antiques and collectibles field
and owns From Out Of The Woods Antique
Center in Goffstown (fromoutofthewood-
santiques.com). She is an antiques
appraiser and instructor. To find out about
your antique or collectible, send a clear
photo of the object and information about
it to Donna Welch, From Out Of The Woods
Antique Center, 465 Mast Road, Goffstown,
N.H., 03045. Or email her at footwdw@
aol.com. Or drop by the shop (call first,
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ticipants can take part in the Vir-
ginia reel. Call 624-6550 or visit
manchester.lib.nh.us.

• **BACHATA SOCIAL DANCE**
at Studio 550 Art Center (550
Elm St., Manchester) on the first
Saturday of the month. Begin-
ner lesson 8-9 p.m. and a social
dance 9 p.m.-midnight. Admis-
sion is \$10. Call 232-5597 or
visit 550arts.com.

• **ADVANCED LINE DANCE**
at the Nashua Senior Activity
Center (70 Temple St., Nashua)
Tuesdays at 10 a.m. This is a
drop-in class. Call 889-6155 or
visit nashuaseniorcenter.org.

• **AFRICAN DANCE** at Stu-
dio 550 Art Center (550 Elm
St., Manchester) Mondays, 6-7
p.m. Theo Martey will lead the
classes. Admission is a \$12
drop-in rate. Call 232-5597 or

visit 550arts.com.

• **AFRICAN DANCE** and
drumming workshop taught by
Theo Martey on Fridays, 6:30-
7:30 p.m., at Murphy's Gym,
163 Lake Ave., Manchester. The
Akwaaba Ensemble features
West African drumming and
dance. Cost is \$13; purchase
a card for \$72 for six weeks.
Drums provided if you don't
have them. See akwaabaensemble.com or call 224-5582.

• **BEGINNER LINE DANCE**
at the Nashua Senior Center (70
Temple St., Nashua), Mondays
at 1 p.m. Senior center mem-
bership is not required. Call 889-
6155 to register.

• **BEGINNER LINE DANCE**
at Alvirne High School (200
Derry Road, Hudson), Tuesdays
at 7 p.m. Call 886-1260, ext. 8.

• **BEGINNERS LINE DANC-
ING** at the Circle 9 Ranch,
39 Windymere Drive, Epsom,
Tuesdays at 7 p.m. Visit circle9ranch.com or call 736-9656.

• **LINE DANCING** on Sundays,
4-5 p.m. at Starr King Fellow-
ship (101 Fairgrounds Road,
Plymouth). Call 536-8908 or
visit starrkingfellowship.org.

• **HAPPY TIME SQUARES**
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ing about contemporary square
dance is encouraged to attend.
See happytimesquares.org.

• **IRISH DANCE CLASSES**
at McDonough-Grimes Irish
Dance (1 Washington St., Suite

FARM DAY



Head to the farm for a day of family fun. Miles Smith Farm (56 Whitehouse Road, Loudon), will host its sixth annual Farm Day on Sunday, Oct. 13, from 10 a.m. to 4 p.m. The event will include hayrides, cattle feeding and live music. Families can also take a tour of the farm from "Miles Smith" who will be returning to the farm from the 1850s. Admission is free, but there is a fee for some activities. Call 783-5159 or visit milesmithfarm.com. Pictured: Family fun during farm day. Courtesy photo.

1020, Dover), offers beginners classes on Mondays and Thursdays, 3:30-4:30 p.m. Classes are offered at the Rochester location (69 N. Main St., Rochester) on Fridays, at 4 and 5 p.m., and Thursdays, at 10 a.m. All levels of dance can be offered. Classes are \$60 per month for ages 5-11 and \$40 for additional siblings. Call 923-5011 or email info@nhrishdance.com.

- **LINE DANCING** on Thursdays at the Windham Senior Center (2 N. Lowell Road, Windham), 9:45-10:45 a.m., for 4 weeks. Call the Windham Rec. Dept. at 965-1208.
- **LINE DANCING LESSONS** at the Mill-a-Round Dance Center. Beginner, easy, intermediate, available on Mondays, Wednesdays, Thursdays and Sundays. Cost is \$8. Visit millaround.com for specific dates and times.

- **MILL CITY CONTRA** at the Mill-A-Round Dance Studio (250 Commercial St., Manchester), on the third Friday of the month. Admission is \$8 for adults, \$5 for students, free for younger than 12. Call 595-4484.
- **RHYTHM LINE DANCING** at Royal Palace Dance Studio on Tuesdays 6:15-7 p.m. Visit royalpalacedance.com or call 621-9119.

- **SALSA SOCIAL DANCE** at Studio 550 Art Center (550 Elm St., Manchester) on the third Saturday of the month. A beginner lesson will be held from 8-9 p.m., and a social dance will be held from 9 p.m.-midnight. Admission is \$10. Call 232-5597 or visit 550arts.com.
- **SEACOAST SET DANCERS** meet on Mondays, 7-9 p.m., at

the Durham Unitarian Universalist Fellowship Hall (20 Madbury Road, Durham). Admission is \$5 per person. Visit seacoastsetdancers.org or email sue@seacoastsetdancers.org.

- **SCOTTISH COUNTRY DANCING** on Wednesdays 7-9 p.m. at the Church of the Good Shepherd, 215 Main St., Nashua (email nashuascd@comcast.net); and second and fourth Fridays at 7:30 p.m. at the Unitarian Church, 69 Washington St., Keene (call Bill Schenck, 352-6968). Visit rsedsboston.org for a complete list.
- **WORLD DANCE** on second and fourth Thursday of each month, 7-9 p.m., at the Unitarian Universalist Church in Milford. All dances taught each night. Call 487-2732 or email mary-floyd62@comcast.net.

Other

- **BURLESQUE BASICS WORKSHOP** at Let's Dance Studio (5 N. Main St., Concord) Fri., Oct. 4, 7-9 p.m. Call 228-2800 or visit letsdancen.com.

- **BURLESQUE LEVEL 2 WORKSHOP** at Let's Dance Studio (5 N. Main St., Concord) Fri., Oct. 18, 7-9 p.m. Call 228-2800 or visit letsdancen.com.

- **STUDIO 550 DANCE CLASSES** at Studio 550 (550 Elm St., Manchester) held throughout the week, including belly dance, hula hoop, spin poi and yoga. Visit 550arts.com or email info@550arts.com.

- **ADULT CLASSES** in tap and strength training at Allegro Dance Academy (100 Factory St., Nashua, allegrodance.com).
- **BEGINNER TAP** for ages

30+ at the Acting Loft, 516 Pine St., Manchester, Thursdays 7-7:45 p.m. Basic tap steps, as well as short combinations and routines. Ongoing cost is \$12 per week. Drop-ins are welcome with 24 hours' notice. Call 666-5999 to register or visit www.actingloft.org.

- **HULA HOOP DANCE** at Studio 550 (550 Elm St., Manchester) Fridays, 6-7 p.m.

- **INTRODUCTION TO DANCE** "It's Never Too Late to Dance" low-impact dance class for ages 30 and older at the Acting Loft, 516 Pine St., Manchester, Thursdays 6-7 p.m. All are welcome, whether you are a first-timer or want to brush up for auditions, feel more confident about your skills or just have fun. Ongoing cost is \$16 per week. Drop-ins are welcome with 24 hours' notice. Call 666-5999 to register or visit actingloft.org.

- **NASHUA BALLET THEATRE DANCE COMPANY** (36 Arlington St., Nashua) offers ongoing classes from beginner to pro in ballet, pointe, jazz, modern and tap. Call 889-8408 or visit nbtde.com.

Health & Wellness Workshops, seminars & events

- **CORE STRENGTHENING FOR THE ATHLETE** Thurs., Oct. 3, 6-7:30 p.m., at Hillside Medical Park (14 Maple St., Gilford) and Thurs., Dec. 12, 6-7:30 p.m., at Interlakes Medical Center (238 DW Highway, Meredith). Learn about maintaining a strong core. Admission is free. Call 527-7120.

- **WRITE MEDITATION RETREAT** at the Wonderwell Mountain Refuge (253 Philbrick Hill Road, Springfield) Fri., Oct. 4 to Sun., Oct. 6. Philip Osgood, a Buddhist Meditation facilitator, will lead the retreat, discussing how mindfulness and compassion can enhance creative writing. Visit wonderwellrefuge.org.

- **MEDITATION AND BUDDHISM 101** at the Portsmouth Public Library (175 Parrott Ave., Portsmouth) Mon., Oct. 7, 7-8:30 p.m. Hosted by the Buddhist Sangha at South Church, learn the basics of Buddhism and meditation. Call 531-3130 or visit acupuncturemedical.org/meditation-mindfulness.

- **MEDITATION 101** at McKelvie Intermediate School (108 Liberty Hill Road, Bedford) on Mondays, Oct. 7, Oct. 21 and Oct. 28, 7:30-9 p.m. Class is recommended for beginners or for experienced

- **FAMILY MATTERS** at UNH Manchester (400 Commercial St., Manchester) is a free lecture and film series that will focus on the challenges of family life in



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IN/OUT GARDENING

Prevent pain

How to garden comfortably

By Henry Homeyer
listings@hippopress.com

As we get older, most of us develop aches and pains. As gardeners, we need to learn how to move and use our bodies so that we don't end up feeling like a quarterback after a sacking. I love working as a garden coach, partly because I am, at heart, a school teacher; I also like finding solutions to almost anything. One of my clients, a woman with a bad shoulder, got me thinking about all the tricks I have learned over the years to minimize pain caused by gardening.

My client and I were planting some pretty big hostas. They were in large plastic pots and probably weighed about 15 pounds each. I showed her how to hold the pot upside down in one hand, and smack the bottom of the pot with the other so that the roots and soil would slide out of the pot. But with her bad shoulder, she couldn't do that.

I taught her to cut open the pot instead. It's a technique I use when working with trees in pots. I placed the pot on the ground and inserted the blade of my ever-present pruners into one of the drain holes at the bottom of the black plastic pot. I slit up the side to the top, and then sliced again across the bottom. Then I rolled the rootball free of the pot. Finally, I tickled the roots to loosen them up, so they will be ready to explore their new environment.

Getting down on your knees to plant anything (or to pull weeds) is tough if you have arthritic knees or hips. I can recommend a couple of ways to deal with it.

My late friend Marguerite Tewksbury, a lifelong organic gardener who lived in Windsor, Vt., started carrying a hoe in the garden in her late eighties. She used it not only like a walking stick, it helped her getting down — or up. By leaning on a hoe, you can distribute your weight and make a more stable, three-point stance.

Of course I am young and healthy at 67, so I don't need any aids getting down to weed. But sometimes at the end of the day, it's nice to have something to lean on when on getting up. I like a 5-gallon pail for that; I can push up on it and get up more easily, with less strain on my back. Or sometimes I use my CobraHead weeder to help push me up a little.

Picking beans recently I found bending over tiresome for the length of time I needed to pick all my beans. So I used a 5-gallon pail to sit on. Gardener's Supply (gardeners.com) makes something that looks very good, their "garden kneeler;" it has hand rails at the sides for getting up when kneeling or that allow you to convert it into a seat.

If you suffer from carpal tunnel, pruning



Slice open a pot to get out the plant.

may be painful for you. Most manufacturers now make hand pruners with a rotating grip that allegedly minimizes the problem. The Fiskars company has come out with a series of pruners and loppers that offer a different technology — gears to reduce the amount of pressure it takes to make a cut. I have a pair of their biggest loppers, and find them fabulous. The gears really do reduce the work of cutting larger diameter hardwood branches.

One of the most ingenious tools I ever saw used was a homemade corn planter used — and made — by a man in his 90s. I saw him using it as I drove down the road, and I stopped to talk.

He could no longer bend down to plant the seeds, so after his garden was rototilled by his son-in-law, he used a hoe to make a furrow for the seeds. Then he planted using a 30-inch piece of garden hose to get the seeds from his hand to the ground.

The hose poked up through a wide tin can (perhaps a fruit cake or cookie tin). He put all his corn seeds in the can, and then picked them up one at a time and dropped them into the hose (which poked a couple of inches into the can). Then he moved on a few inches and did it again. I'm sure that corn tasted mighty good to him, in part because he had figured out how to keep on gardening.

Some of my friends who have moved to retirement communities keep their hand in gardening by planting in pots on a deck. Instead of 20 tomato plants, one or two in self-watering containers is what they manage. A pot roughly the size of a 5-gallon pail will do nicely for a tomato, and not have much room for weeds. Smaller pots sitting on railings can handle lettuce or basil very nicely.

If your back bothers you, be careful when hoeing or raking. Don't lean forward. Keep your back straight. And if you need to pick up a bucket of weeds, place one foot forward and as you bend, tighten your tummy muscles.

None of us is getting any younger. But if you like gardening, you should be able to garden forever. I intend to. Please write or e-mail me if you have a good tip or trick. I'll post them on my website, Gardening-Guy.com. Thanks.

Contact Henry at P.O. Box 364 Cornish Flat, NH 03746 or e-mailing him at henry.homeyer@comcast.net.

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TRADE YOUR TOOLS



Swing by Salon Apryl (2 Somerset Parkway, Nashua) on Tuesday, Oct. 8, and drop off a hair styling tool for those in need. From 2 to 8 p.m., the salon will host Trade in your Tools, and will collect blow dryers, straighteners and curling irons to donate to the Front Door Agency, a non-profit organization that helps families in crisis and faced with homelessness. By donating a tool, receive 25 percent off a new Paul Mitchell Pro Tool available at the salon. Call 886-5701 or visit salonapryl.com.

New Hampshire. Events will be held on Thurs., Oct. 8, 4-6 p.m., Thurs., Oct. 24, 1-3 p.m., Thurs., Nov. 14, 1-3 p.m., and Thurs., Dec. 5, 1-2:30 p.m. Admission is free. Call 641-4100.

• **IBS, CROHN'S DISEASE AND COLITIS: IS A FOD-MAP DIET RIGHT FOR ME?** at St. Joseph Hospital (172 Kinsley St., Nashua) Wed., Oct. 9, 6-8 p.m. Part of the Dinner with the Docs series. Learn about how altering your diet can improve IBS. Admission is \$10. Call 595-3168 or visit stjosephhospital.com/classes.

• **MEDIUM WITH A MAS-SAGE** at the Radisson Hotel (700 Elm St., Manchester) Wed., Oct. 9, 6-8 p.m. Matt Fraser, a psychic and medium, will have messages of hope and help the audience reunite with a loved one. Cost is \$35. Visit meetmatt-fraser.com.

• **DESIGN YOUR DAYS: MAKE EACH DAY COUNT** at the McKelvie Intermediate School (108 Liberty Hill Road, Bedford) Thurs., Oct. 10, 7-8:30 p.m. Professional organizer Sue West will lead this program for women seeking to improve their balance between work, household management, finding time for fun, maintaining personal values and personal health. Call 472-5242 or visit bedfordreconline.com.

• **THE HEAD-TO-TOE SPINAL SHOW** at the Concord Food Co-op (24 S. Main St., Concord) Thurs., Oct. 10, 12:15-1 p.m. Learn about chiropractics and proper spinal care. This is a Lunch and Learn event. Admission is free. Registration is

required. Call 225-6840 or visit concordfoodcoop.coop/classes.php.

• **YIN & YANG STRETCHING WEEKEND INTENSIVE** at Concord Pilates (2 ½ Beacon St., Concord) Fri., Oct. 11, 4:30-7:30 p.m., and Sat., Oct. 12, 11:30 a.m.-2:30 p.m. Learn how to teach an effective stretching class. Visit concordpilates.com.

• **ABC'S OF THE AFFORDABLE CARE ACT** at the Oscar Foss Memorial Library (111 S. Barnstead Road, Barnstead) Tues., Oct. 15, at 7 p.m. A representative from the AARP will be on hand to discuss the act. Call 269-3900.

• **ACHIEVE HEALTH AND SUCCESS WITH WITH HYPNOSIS** at St. Joseph Hospital (172 Kinsley St., Nashua) Thurs., Oct. 17, 6:30-7:30 p.m. Learn how hypnosis can improve your health in a variety of ways. Cost is \$5. Call 595-3168 or visit stjosephhospital.com/classes.

• **STRESS MANAGEMENT THROUGH MEDITATION: STRONG MIND-BODY MEDICINE FOR CHALLENGING TIMES** at St. Joseph Hospital (172 Kinsley St., Nashua) Mon., Oct. 21, Oct. 28 and Nov. 4, 6-7:30 p.m. Learn how meditation can help with stress. Cost is \$100. Participants are encouraged to check with their insurance companies, as they may cover the cost. Call 595-3168 or visit stjosephhospital.com/classes.

• **COMPUTERIZED CONCUSSION TESTING** at St. Joseph's Hospital (172 Kinsley St., Nashua) Mon., Oct. 21

or Nov. 18, 6-7 p.m. Use the IMPACT test to record data that can help determine when it is safe for an athlete to return to play after a concussion. The tests are for 11 and older and cost \$10. Registration is required. Call 595-3168 or visit stjosephhospital.com.

• **COMMON SHOULDER CONDITIONS AND INJURIES** at St. Joseph Hospital (172 Kinsley St., Nashua) Thurs., Oct. 24, 6-8 p.m. Part of the Dinner with the Docs series, learn about how shoulder problems can develop and how they can be treated. Admission is \$10. Call 595-3168 or visit stjosephhospital.com/classes.

• **DYNAMIC STRETCHING & INJURY PREVENTION** at Franklin Regional Hospital (15 Aiken Ave., Franklin) Thurs., Oct. 24, 6-7:30 p.m. Learn ways to improve your stretching routine. Admission is free. Call 527-7120.

Misc.

Fundraisers

• **A NIGHT TO BUILD HOPE** at the Manchester Country Club (180 S. River Road, Bedford) Thurs., Oct. 3, 6-8 p.m. The event will include scotch and wine tastings, raffles and more. Proceeds will benefit Greater Manchester Habitat for Humanity. Call 626-3944, email office@habitatmanchester.org or visit habitatmanchester.org.

• **PARTY IN PINK ZUMBATHON** at the Henniker Community School (51 Western Ave., Henniker) Fri., Oct. 4, 5:30-8 p.m. Participate in a Zumba class to raise money for breast cancer. Find the event on Facebook.

• **OUTDOOR PORTRAIT FUNDRAISER** at Beaver Brook Association (117 Ridge Road, Hollis) Sat., Oct. 5, 9 a.m.-5 p.m. Receive a thirty-minute portrait session with Maple Hill Gardens as a backdrop. Photos will be by Studio Mark Emile. Sessions cost \$100, which will be put toward maintaining the trails and programs at the Beaver Brook Association. Ten percent of print sales will benefit the nature center. Call 465-7787.

• **FIGHT WITH HOPE** at CrossFit Nashua (106 Perimeter Road, Nashua) Sat., Oct. 5, at 9 a.m. The event will include workouts for three fitness levels and will raise money for Cure With Hope, a nonprofit created in memory of Rebecca Rose Tabat, which donates money to ChAD. Registration is \$30. Visit crossfitnashua.com and cure-withhope.org.

• **PENNY SALE FUNDRAISER** at the Chester Multi-Purpose Room (84 Chester St., Chester) Sat., Oct. 5, at 2 p.m.

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Modern brakes are largely unaffected by water



By Tom and Ray Magliozzi

Dear Tom and Ray:

I have a 2000 Chevrolet Astro Van. The emergency warning device (aka, the horn) will work only if the outside temperature is above 55 degrees Fahrenheit. Seriously -- I'm not making this up. Sometimes, if the temperature is near 55 degrees, and if I hold the horn button down for between one and three minutes, the horn will work. Once I get the horn to blow, it will work all day from then on. I'm about to buy an add-on button and attach it to an aftermarket horn, maybe with the "Dukes of Hazzard" theme. All kidding aside, it is a serious problem because I live in a cold part of the country, and for many months, the days above 55 are few and far between. Please help. Thank you! -- Dan

RAY: No, thank YOU, Dan. This is the easiest question we've had all day. As modern cars go, the horn system is a very

simple one.

TOM: Even for my brother! There's a horn pad on your steering wheel. When you press on it, you push together two metal contacts.

RAY: When those contacts touch, they don't make the horn blow. "Why not?" you say. "That's what happens in my car!" Well, yes, but there's an intermediate step you don't know about.

TOM: The horn takes too much current to safely run through your steering wheel, so those contacts in the wheel trigger a horn relay, which is just a heavy-duty switch that lives either under the dashboard or under the hood.

RAY: Then the relay closes and allows power to flow through to the horn itself (the noisemaking part of the system), which sits in front of the radiator.

TOM: So, one of those three components is not working.

RAY: Thank you, Steve McGarrett.

TOM: Start by checking the horn itself first. Old horns do rust out and fail this way. The easiest way to test it is -- when the horn's not working -- have someone try to honk the horn while you tap on the casing with a screwdriver or something. If you can get it to make any sound at all -- even some sick-geese-like half-honking -- that means your problem is in the horn.

RAY: And keep in mind that there are two horns that blow at the same time when you honk (that's what produces those two dissonant notes). It's possible that the first one died in, like, 2005. And maybe you've

just now noticed that the second one is gone.

TOM: You also can test the horn more scientifically by hooking up a test light to it. If the test light goes on when someone honks the horn for you but the horn doesn't make any noise, then you know the horn is getting current and just isn't working.

RAY: If the horn is NOT getting current, then it's either the contacts in the steering wheel's horn pad, or it's the horn relay.

TOM: I'd bet on the relay first. Why? Because it's easier to replace a \$20 relay than it is to take apart a steering wheel.

RAY: If a new horn relay doesn't fix it, then you know it's in the steering wheel, and you'll have to take it to a mechanic and shell out some money, Dan. Or go for that "add-on" horn button. Good luck.

Dear Tom and Ray:

I recently finished driver's ed, and in it, they told us that when we drive through puddles, our brakes get wet, which is true. Their solution to this was to lightly press the brake pedal while still holding down the accelerator. But when I told my dad this, he said they were wrong, and that doing so would just wear out the brakes. Which is true? -- Katie

TOM: Your dad is right in this case, Katie. So give him a hug and let him revel in his correctness. I can tell you from personal experience that dads need to bask in this sort of occasional success.

RAY: Back in the old days -- like, 1970s and earlier -- almost all cars used drum

brakes. If you went through a deep puddle with drum brakes, water could get between the brake shoes and the drums, and "lubricate" the brakes.

TOM: And like the soles of your own shoes, brakes are NOT something you ever want lubricated.

RAY: So, as a result, very wet drum brakes often would fail. Back then, the advice was to use the brakes immediately after driving through a puddle -- repeatedly, if necessary, to create friction and heat them up so the water would vaporize and your brakes would work again.

TOM: But that was 40 years ago. Now, all cars use disc brakes, which are pretty much unaffected by water.

RAY: Some lower-end models still use drum brakes on the rear wheels to save money. But since the majority of the braking is done by a car's front brakes, even those cars don't seem to have issues with puddles anymore.

TOM: So if you have a car with drum brakes in the rear -- or don't know if you do -- it's not a bad idea to check your brakes after you drive through a particularly deep puddle, just to reassure yourself. But you do that by softly tapping on the brake pedal for half a second, with your foot off the accelerator. You should be able to confirm instantly that they're working fine from the reaction of the car.

RAY: So you got a piece of outdated advice from that driver's ed instructor, Katie. The victory goes to Daddio. 🍌

Participants can win a variety of household items, gifts, toys and gift certificates from local businesses. Proceeds benefit Chester Congregational & Baptist Church. Call 887-4799, email chesterchurchoffice@gsinet.net or visit chesternhchurch.org.

• **WALKTOBERFEST WALK FOR WHISKERS** at the Anheuser-Busch Brewery (221 DW Highway, Merrimack) Sat., Oct. 5, 9 a.m.-3 p.m. The event is a fundraiser for the Humane Society for Greater Nashua and will include two performances by the Ultimate Air Dogs. There will also be a 5K dog walk, on-site dog adoptions, vendors, games and more. Admission is \$10 per person who does not pledge, with a \$20 family cap. To pledge, visit hsfn.org. Call 889-2275 ext. 27.

• **HILLSBOROUGH HISTORICAL SOCIETY AUCTION** at Withington Auctions (17 Atwood Road, Hillsborough) Sat., Oct. 5, 9 a.m.-2 p.m. Events will include a silent auction and a live country auction featuring historic items, art and

more. To make a donation, contact Jane Butler at 588-2603 or jane@janebutler.com.

• **TRADE IN YOUR TOOLS** at Salon Apryl (2 Somerset Parkway, Nashua) Tues., Oct. 8, 2-8 p.m. Donate blow dryers, hair straighteners and curling irons for the Front Door Agency. For a donation, participants will receive 25 percent off a new Paul Mitchell Pro Tool. Call 886-5701 or visit salonapryl.com.

• **NEW CASTLE CHURCH GUILD FALL YARD AND BAKE SALE** at the New Castle Congregational Church (65 Main St., New Castle) Sat., Oct. 12, 8 a.m.-1 p.m. There will be books, appliances, clothing and more.

• **CHUNKIN' IN THE GARDENS** at Trombly Gardens (150 N. River Road, Milford) Sun., Oct. 13, 10 a.m.-4 p.m. The event will include a pumpkin launch, music, vendors, kids games and more. Call 673-0647 or visit tromblygardens.ipage.com.

• **RENU'S CUT A THON FOR**

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Learn about the history and current practice of Bonsai. The Milford Garden Club will host David and Myrla Bryant of New Hampshire Bonsai at the First Congregational Parish House (10 Union St., Milford) to present "The Art of Bonsai." The program will be held on Monday, Oct. 14, at 10:30 a.m., and will include a question and answer session and demonstration in making a small to medium sized tree. Visit milfordnhgardenclub.org.

EASTER SEALS NH at Renu Body Spa & Salon (583 DW Highway, Merrimack) Mon., Oct. 21, 3-7 p.m. Haircuts cost \$15 for adults and \$10 for ages 13 and younger. Proceeds benefit Easter Seals NH. Call 424-8826, email RenuSalonSpa@aol.com or visit RenuSalonSpa.com.

• **FALL YARD SALE** at the Lawrence Barn (28 Depot Road, Hollis) Sat., Oct. 26, 8 a.m.-1 p.m. The event is hosted by the Hollis Woman's Club. Donations are being accepted. Contact Jane Cleveland at 465-2097 or jeanne3484@yahoo.com.

Expos/festivals/fairs

• **THE ABC'S OF THE ACA: USING THE HEALTH INSURANCE MARKET-PLACE** at The Nashua Public Library (2 Court St., Nashua) Thurs., Oct. 3, at 7 p.m. Learn ways you may be affected by the Affordable Care Act and how to adjust to it. Admission is free and registration is not required. Call 589-4610.

• **MUSIC ON MAIN STREET** in Henniker on Sat., Oct. 5, 9 a.m.-4 p.m. Main Street will be closed to traffic and the event will include live music, kids' activities, crafts, vendors and more. Admission is free. Email shot@tds.net or visit spiritofhenniker.org.

• **MILFORD PUMPKIN FESTIVAL TALENT SHOW AUDITIONS** at the Milford Town Hall Auditorium (1 Union Square, Milford) Sat., Oct. 5, 1-6 p.m. Participants making it past the first round of cuts will perform at the festival on Saturday, Oct. 12, at 8 p.m. at the Amato Center for the Performing Arts (56 Mont Vernon St., Milford). Visit milfordpumpkinfestival.org.

• **FALL FESTIVAL** at the Frankestown Town Hall Common on Sat., Oct. 5, 10 a.m.-2 p.m. Events include hay rides, bake sales, kids' activities, vendors, crafters and more. A harvest supper will be held at 6:30 p.m.

• **FOLIAGE FESTIVAL** at Moulton Farm (18 Quarry Road, Meredith) Sat., Oct. 5 and Sun.,

WALKTOBERFEST



Check out some high-flying dogs during the annual Walktoberfest Walk for Whiskers to benefit The Humane Society for Greater Nashua. The event will be held at the Anheuser-Busch Brewery (221 DW Highway, Merrimack) on Saturday, Oct. 5, from 9 a.m. to 3 p.m., and will include two performances by the Ultimate Air Dogs, which will be competing to see who can jump the farthest into a pool. There will also be a 5K fund raising dog walk, vendors, games, kids activities and on-site adoptions. To register for the walk, call 889- 2275 ext. 27 or visit hsfn.org. Pictured: The Ultimate Air Dogs. Photo courtesy of Victoria Rak/ TuffPhoto.com.

Oct. 6, 10 a.m.-3 p.m. The event will include tractor rides, farm animals, a bounce house and more. Call 279-3915 or visit moultonfarm.com.

• **NORTHERN NEW ENGLAND SLED DOG TRADE FAIR** at the Hopkinton Fairgrounds (392 Kearsarge Ave., Contoocook) Sat., Oct. 5, 9 a.m.-5 p.m., and Sun., Oct. 6, 8 a.m.-3 p.m. The event will include guest speakers and sled dogs to meet. Visit sleddogtradefair.org.

• **APPLE HARVEST DAY** in downtown Dover, Sat., Oct. 5, 9 a.m.-4 p.m. The festival will include a craft fair, six stages of live entertainment, kids' activities and food. There will be a 5K road race beginning at 8:30 a.m. Visit dovernh.org/apple-harvest-day-5k-road-race.

• **MILFORD PUMPKIN FESTIVAL** at the Milford Oval on Fri., Oct. 11, 5-8:45 p.m., Sat., Oct. 12, 10 a.m.-9 p.m., and Sun., Oct. 13, 7:30 a.m.-3 p.m. Events include a pumpkin catapult, a pumpkin weigh in, craft fair, motorcycle show, live music and more. Visit milford-pumpkinfestival.org.

• **WARNER FALL FOLIAGE FESTIVAL** in downtown Warner, Fri., Oct. 11, 6-9 p.m., Sat., Oct. 12, 9 a.m.-8 p.m., and Sun., Oct. 13, 9 a.m.-6 p.m. The event will include crafts, rides, food, parades, music and more. Admission is free. Parking is \$3. Visit wfff.org.

• **QUARK FEST** at Brookford Farm (250 West Road, Canterbury) Sat., Oct. 12, 2-7

p.m. Events include farm tours, pumpkin carving, music, children's games and agricultural demonstrations. There will be a quark recipe contest with prizes. Email brookfordfarm.csa@gmail.com or visit brookfordfarm.com.

• **RINDGE WOMAN'S CLUB HARVEST FAIR** at the meetinghouse in Rindge Center, Sat., Oct. 12, 9 a.m.-2 p.m. The fair will feature a farm stand, craft fair and flea market.

• **PUMPKINFEST** at Somersworth Plaza (Main Street, Somersworth) Sat., Oct. 12, 10 a.m.-4 p.m. The event will include pumpkin carving, hay rides, a giant catapult and live entertainment. Admission is \$12 per child and free for adults. Visit nhfestivals.org.

• **FARM DAY** at Miles Smith Farm (56 Whitehouse Road, Loudon) Sun., Oct. 13, 10 a.m.-4 p.m. The event will include hayrides, live music, food and cow rides. Admission is free, but some activities have an additional fee. Call 783-5159 or visit milesmithfarm.com.

• **ONLINE IDENTITY OPTIMIZATION FOR JOB SEEKERS** at the Nashua Public Library (2 Court St., Nashua) Thurs., Oct. 17, at 7 p.m. Learn how to make sure your online and social media presence is attractive to potential hirers. Call 589-4610.

• **ENCHANTED FALL FESTIVAL** at the Massabesic Audubon Center (26 Audubon Way, Auburn) Sat., Oct. 19, 3:30-8

p.m. Events include a lighted pathway to explore, meetings with naturalists, live music and the enchanted bonfire. Tours are offered at 4 p.m., 4:45 p.m., 5:30 p.m., 6:30 p.m., and 7:15 p.m., and require a reservation. Admission is \$25 per family. Call 668-2045 or visit nhaudubon.org.

• **OLD WAYS DAYS** at Old Ways Traditions (418 Shaker Road, Canterbury) Sat., Oct. 19, and Sun., Oct. 20, 10 a.m.-4 p.m. The event will include farm tours, live animals and a hands-on look at old-fashioned tools and culture. Call 783-4403, email efumitr@comcast.net or visit oldwaystraditions.net.

• **HARVEST FESTIVAL** at Great Bay Community College (320 Corporate Drive, Portsmouth) Sat., Oct. 26, 10 a.m.-1 p.m. The event will include face painting, live music and an outdoor market. Children in costume will receive a free goodie bag. Visit greatbay.edu.

Haunted Houses

• **SCREEMFEST** at Canobie Lake Park (85 N. Policy St., Salem) each weekend through Sun., Oct. 27. The haunted attractions include five haunted houses, a new side show variety show and "feats of daring" held in the midway area. Family friendly activities include a petting zoo and pumpkin palace on Saturday and Sunday afternoons. Visit canobie.com/screeemfest.

• **SPOOKY WORLD PRESENTS NIGHTMARE NEW ENGLAND** at Mel's Funway Park (454 Charles Bancroft Highway, Litchfield) on Thursday, Friday, Saturday and Sunday through Sat., Nov. 2, at 7 p.m. Call 424-7999 or visit nightmarenewengland.com.

Halloween

• **HALLOWEEN HOOT N' HOWL** at the Squam Lakes Natural Science Center (23 Science Center Road, Holderness) Sat., Oct. 19, 6-8:30 p.m. The all-ages event will include a tour of the grounds, live skits and more. Cost is \$11, with a \$1 discount for every reservation paid by Friday, Oct. 11.

• **HALLOWEEN FRIGHT NIGHT** at Greeley Park (100 Concord St., Nashua) Fri., Oct. 25, 6:30-8:30 p.m. The event will include hayrides, a haunted maze, a bounce house and more. The event is hosted by the Nashua Parks and Recreation department. Admission is free.

• **HALLOWEEN CELEBRATION** at The Black Swan Inn (354 W. Main Street, Tilton) Sat., Oct. 26, 2-5 p.m. The all-ages event will include a treasure hunt with zombie pirates, crafts, games and a fire-breathing and dance performance. Admission

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Take a tour, make a change

Green building open house shows off sustainability

By Cory Francer
cfrancer@hippopress.com

When Kevin Gardner first bought his Durham home in 2004, a winter trip to the basement felt like a journey into the Arctic.

Thinking there had to be a better way to retain heat, he replaced the homemade basement door with one that sealed up the huge gaps that were previously there. That first change seemed simple enough, but Gardner decided to keep making improvements where he saw fit, eventually insulating, weatherproofing and sealing his house to the point where he had to purchase a device to cycle out the old air in the home and replace it with fresh air from outside.

That system recovers about 95 percent of the air's heat, keeping the house warm, and to add to the home's green impact, Gardner has added a solar hot water system and, this summer, installed a 4.8-kilowatt photovoltaic system.

Gardner's home, along with about 20 other structures with sustainable additions or upgrades, will be part of the New Hampshire Sustainable Energy Association's Green Buildings Open House on Saturday, Oct. 5. Throughout the state, private residences, businesses and other buildings that use green practices will open their doors to the public in an attempt to make sustainability more accessible.

"I'm happy to let people see the improvements and make it real for people so they feel empowered to make the same kind of changes in their own places of dwelling," Gardner said.

The hope for the open house is that by seeing green initiatives in action, visitors on the tour will be inspired to add some of these changes to their homes, said Joanna



Home solar panels like this will be some of the energy-saving modifications visitors will see during the Green Buildings Open House.

Magoon, membership coordinator at the association. She said that the best education about the topic can come from a hands-on experience like this one, rather than just reading about it or attending a seminar.

Magoon said making a sustainable change in the home also does not have to be something as drastic as going completely solar. She said applying something like improved insulation or high-efficiency windows can be a step in the right direction.

"The hope is that the demonstration effect is the most powerful tool for change," Magoon said. "When you're living day for day with these technologies, it's no longer this abstract concept to be intimidated by."

Rick MacMillan of Hopkinton has extensive experience in the field of solar energy and has worked as an installer, dating back 25 years to a solar envelope house he built in Dunbarton. MacMillan's 223-year-old

home and barn will be part of the tour; they use photovoltaics and solar thermal hot water.

The most important first step in adding sustainable technology to a home, MacMillan said, is to gain a better understanding of the home's energy usage. He said the average homeowner would be surprised to find how many ways there are to reduce their energy usage and costs.

"Before people just put a system on their house, my recommendation is look at ways to reduce power consumption," he said. "If people start paying attention to power usage, anyone can find ways to take 10 percent off their electric bill."

Another common misconception, MacMillan said, is that a house has to go completely solar. While it's true that converting to solar hot water is an all-or-nothing situation, homeowners can choose

to just power their home with a combination of solar and conventional heating methods.

Even a small change, though, is a step in the right direction, MacMillan said, not only in helping the environment, but with a personal sense of satisfaction, too.

"People who have solar feel really good about the things they have done and feel really good about the changes they have made," he said. "This opens the door to the renewable energy direction. The more people that see it, the more people will do it and it will take off."

In some cases, Magoon said, the desire to make a change is immediate.

"We've had several instances where someone has gone on the tour as a tourist and then come back the next year as a host," she said. "They were so inspired, they designed their own home or made a change in their own home." 🐘

Green buildings open house

When: Saturday, Oct. 5, 10 a.m. to 4 p.m.

Where: Locations throughout the state

Contact: Visit nhsea.org for a full list of locations.

is free. Visit blackswaninn.net.
• **DARK TALES OF THE PAST** at the Amos J. Blake House Museum (66 General James Reed Highway, Fitzwilliam) Thurs., Oct. 31, at 5 p.m. Every half hour until midnight, costumed storytellers will tell scary stories. There is a suggested donation of \$5. Call 585-7742 or email fhs@myfairpoint.net.

Other
• **GUEST ENGINEER PRO-**

GRAM at Loon Mountain Resort (60 Loon Mountain Road, Lincoln) Fri., Oct. 4. The six-hour course will give participants basic knowledge of steam engine operation. Classes cost \$100 and participants must be 18 or older. Call 745-8111 or visit loonmntn.com/info/summer/engineer.aspx.
• **FAITH AND INNOVATION SUMMIT** at Rivier University (420 S. Main St., Nashua) Fri., Oct. 4, 9 a.m.-3:20 p.m. This inaugural event will feature

speakers discussing faith, its place in the modern world and how to inspire the younger generation. Registration fee is \$25. Visit faithandinnovation.com.
• **A NIGHT OUT FOR 20-SOMETHINGS** at the Nashua Public Library (2 Court St., Nashua) Fri., Oct. 4, 6:30-8:30 p.m. Meet other 20-somethings in the Nashua area and enjoy live music and local food. Call 589-4610 or visit nashualibrary.org.
• **SECONDHAND CHIC**

FASHION SHOW at the Goffstown Public Library (2 High St., Goffstown) Fri., Oct. 4, at 7 p.m. Local teens will model clothing from the Goffstown Community Clothing Center. The school's art department will host a jewelry sale and the culinary club will serve refreshments. Admission is free, but guests are asked to donate a non-perishable food item. Call 497-2102 or email sandyw@goffstownlibrary.com.
• **FREEDOM FUND DINNER** at the Puritan Conference Center

(245 Hooksett Road, Manchester) Sat., Oct. 5, at 6 p.m. Hosted by the Manchester branch of the National Association of the Advancement of Colored People, the event will honor those who have demonstrated excellence in community service and will celebrated the 50 years of the history of the NAACP. The keynote speaker is author Kevin Powell. Tickets are \$50 for adults and \$25 for children younger than 12. A cocktail hour begins at 6 p.m., and dinner will

begin at 7 p.m.
• **GENEALOGY MEETING** at the Holiday Inn (172 N. Main St., Concord) Sat., Oct. 5, at 10 a.m. Hosted by the New Hampshire Society of Genealogists, speakers will include Carol Swaine-Kuzel and Diane Gravel. Cost is \$20. Registration is required. Contact Hal Inglis at 664-9080 or hal@inglis-unltd.com.
• **HOUSEHOLD HAZARDOUS WASTE & ELECTRONICS COLLECTION** at the

COZY QUILTS



The cold weather is here and there's nothing like getting wrapped up in a quilt. Visit the Messiah Lutheran Church (303 Route 101, Amherst) on Friday Oct. 4 and Saturday, Oct. 5, from 10 a.m. to 4 p.m., for the Souhegan Valley Quilter's Guild's Falling Into Comfort Quilt Show. The event will include more than 100 quilts on display, raffles and quilted items for sale. Admission is \$5 and will benefit the guild's charities, including the New England Quilt Museum and the Comfort Closet. Visit nhquilts.org.

Nashua Public Works Garage (9 Stadium Drive, Nashua) Sat., Oct. 5, 8 a.m.-noon. Residents of Amherst, Brookline, Hollis, Hudson, Litchfield, Merrimack, Milford, Mont Vernon, Nashua, Pelham and Windham can attend. The \$10 user fee per vehicle covers up to 10 gallons or 20 pounds. There are additional fees assessed to electronics recycling.

• **COSTUME EXCHANGE** at the Bedford Old Town Hall (Meetinghouse Road, Bedford) Sat., Oct. 5, 9 a.m.-2 p.m. Exchange an old costume for a new costume for a donation. The event is hosted by Bedford Girl Scouts. Gently used costumes can be donated prior to the event at the Bedford Public Library (3 Meetinghouse Road, Bedford). Email suebee18@comcast.net.

• **SILENT AUCTION & LIVE COUNTRY AUCTION** at Withington Auctions (17 Atwood Road, Hillsborough) Sat., Oct. 5, 9 a.m.-4 p.m. Contact Jane Butler at 588-2603, email jane@janebutler.com or emharbour@gmail.com.

• **BOOK SALE** at the Pelham Public Library (24 Village Green, Pelham) Sat., Oct. 5, 10 a.m.-2 p.m. The event will include a variety of books and DVDs. Call 635-7581 or visit pelhampubliclibrary.org.

• **THE ENCHANTED ISLAND - A TALE FROM ANCIENT JAPAN** at the Mariposa Museum (26 Main St., Peterborough) Sat., Oct. 5 and Oct. 12, 11 a.m. and 1 p.m., and Sun., Oct. 6 and Oct. 13, at 1 and 3 p.m. The Phoenix Marionettes

will perform this story based on an ancient Japanese folktale. Admission is \$7 for adults and \$5 for children. Call 924-4555 or visit mariposamuseum.org.

• **COACH BUS TO MOHEGAN SUN CASINO** leaves from and returns to Weare Middle School (16 East Road, Weare) Sun., Oct. 6, leaving at 7 a.m. Cost is \$45 and coupons worth \$25 of food and gaming will be distributed to participants. Hosted by the South Weare Improvement Society. Mail checks to SWIS, P.O. Box 392, Weare, NH 03281.

• **BOOK SALE** at the Massabesic Audubon Center (26 Audubon Way, Auburn) Sun., Oct. 6, 9 a.m.-1 p.m. Books will include plant identification books, field guides, bird identification books and more. Call 668-2045.

• **VETERANS' PARK DEDICATION** at Veterans' Park (Veterans' Drive, Hooksett) Sun., Oct. 6, at 2 p.m. The event will include musical performances, guest speakers from veterans and more. Visit hooksett.org.

• **BLOW DRY CLASS** at Salon Apryl (2 Somerset Parkway, Nashua) Tues., Oct. 8, 5-6:15 p.m., and 6:30-7:45 p.m. Learn professional hair styling tips using your own dryer. Cost is \$50 and participants will receive a \$25 credit toward a retail item. Call 886-5701 or visit salonapryl.com.

• **MATTHEW FRASER** will perform at the Radisson Hotel (700 Elm St., Manchester) Wed., Oct. 9, 6-8 p.m. Fraser is a psychic medium. Tickets cost \$40. Visit meetmattfraser.com.

• **MAKING A STAND: U.S. LEADERSHIP IN EMERG-**

ING CRISES at UNH Manchester (400 Commercial St., Manchester) Thurs., Oct. 10, at 6 p.m. Ambassador Rick Barton will lead the program as part of the World Affairs Council of New Hampshire's Global Tipping Points Series: US Foreign Policy in a Changing World. Admission is free. Prior registration is encouraged. wacnh.org.

• **NASHUA REPUBLICAN CITY COMMITTEE MEETING** at the Crowne Plaza (2 Somerset Parkway, Nashua) Thurs., Oct. 10, at 7 p.m. Ask questions for the candidates for alderman and alderman at large. Call Di Lothrop at 864-9287 or visit nashuagop.org.

• **USING THE HEALTH INSURANCE MARKETPLACE** at the Merrimack Public Library (470 DW Highway, Merrimack) Thurs., Oct. 10, 7-8:30 p.m. Learn what the Affordable Health Care Act will mean for you. Meet with AARP staff and volunteers. 424-5021 or merrimack.lib.nh.us.

• **DROP-IN TECHNOLOGY HELP** at the Merrimack Public Library (470 DW Highway, Merrimack) Fri., Oct. 11, 11 a.m.-noon and Mon., Oct. 21, 7-8 p.m. Learn more about using tablets, e-readers and smartphones. Call 424-5021 or visit merrimack.lib.nh.us.

• **HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY** at the Manchester Drop-Off Center (500 Dunbarton Road, Manchester) Sat., Oct. 12, 9 a.m.-2 p.m. For Manchester residents with proof of residency, drop off pesticides, herbicides, oil-based paint, wood stain and strippers, sealants, thinners, poisons, acids, cleaning products and pharmaceuticals. Call 624-6444.

• **WITCHES, POP CULTURE, AND THE PAST** at the Amherst Town Library (14 Main St., Amherst) Tues., Oct. 15, at 7 p.m. Robin DeRosa, a professor of English and women's studies at Plymouth State University, will discuss the Salem witch stories and their authenticity. Admission is free; prior registration is required. Call 673-2288, email library@amherst.lib.nh.us or visit amherst.lib.nh.us.

Nature

Animals/insects/plants

• **BEGINNING A NATURE SKETCHBOOK/JOURNAL** at the Kimball Jenkins School of Art (266 N. Main St., Concord) Sat., Oct. 5, 10 a.m.-3 p.m. The class, taught by Becky Darling, will teach nature journaling to adults and teens. Call 225-3932.

• **BIRD TALK ON THE VERANDA: BIRD SONGS FOR BEGINNERS** at The Fells (456 Route 103A, Newbury) Sun., Oct. 6, 1-3 p.m. Learn about bird songs and how to match sounds with birds. Admission is \$10 for adults, \$8 for seniors and students, \$4 for ages 6 to 17 and free for ages 5 and younger. Call 763-4789 or visit thefells.org.

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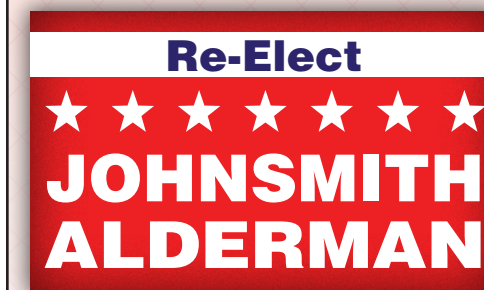
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Weekly Dish

By Emelia Attridge
food@hippopress.com

• **Fall flavors:** Pumpkin and fall beers are now available, including Samuel Adams Octoberfest and Harvest Pumpkin Ale, Blue Moon Harvest Pumpkin Ale, Smuttynose Pumpkin Ale, Shipyard Pumpkinhead Ale, Redhook's Pumpkin Porter and Jack-O-Traveler from Traveling Beer Company. The beers are limited edition and only available in season (although some varieties started to hit shelves in summer months). Starbucks now features Pumpkin Spice Lattes and Pumpkin Scones, and at Dunkin' Donuts, there's pumpkin coffee, a White Chocolate Pumpkin Latte, pumpkin mochas, pumpkin donuts and pumpkin bagels. Other local and independent restaurants and cafes have caught the pumpkin craze, too. The Black Forest Café and Bakery (212 Route 101, Amherst, 672-0500, theblackforestcafe.com) has been serving up pumpkin whoopie pies and recently Café La Reine (915 Elm St., Manchester, 232-0332, cafelareine.com) introduced a pumpkin cream cheese to go with its pumpkin coffee. Know of other tasty pumpkin treats on area menus? Let us know at food@hippopress.com.

• **Bratwurst and beer:** Oktoberfests are in full swing in the Granite State. The Barley House (132 North Main St., Concord, 228-6363, thebarleyhouse.com) continues its Oktoberfest menu through Saturday, Oct. 5, with bier mussels, jaeger schnitzel, pretzel crusted trout, a kaiser dog, pumpkin cheese cake and German beers. Cheers (17 Depot St., Concord, 228-0180, cheersnh.com) is serving bratwurst, pretzels, Bavarian knackwurst, pumpkin donuts, pumpkin ravioli and warm apple crisp on its Oktoberfest menu, which runs Thursday, Oct. 3, through Sunday, Oct. 13. At Harold Square (226 Rockingham Road, Londonderry, 432-7144, harold-square.com) the Oktoberfest menu will be served on Thursday, Oct. 17, through Saturday, Oct. 19, with wienerschnitzel, sauerbraten, a bratwurst and knockwurst platter and German beers. Canobie Lake Park (85 North Policy St., Salem, 893-3506, canobie.com) celebrates Oktoberfest on weekends until Sunday, Oct. 27, with a beer garden, pretzels, strudel and sausage.

• **Making moves at Smuttynose:** Smuttynose recently announced two new big distribution partnerships in California with Craft Beer Guild Distributing of California and El Dorado Distributing, and in Michigan with West Side Distributing in Grand Rapids. The New Hampshire craft beer is also

50 ▶

FOOD

Capital City tastes

Annual restaurant showcase benefits local Boys & Girls Clubs

By Emelia Attridge
food@hippopress.com

Sliders, a cooking throwdown between local chefs and a tunnel of high-fives — it's all happening at the annual Taste of Concord, and it's all for a good cause.

"There's no place you can go to sample the best fare of each restaurants," Boys & Girls Clubs of Greater Concord Executive Director Christopher Emond said. "If you go back eight years ago, Taste of 'blank' events didn't exist. The template wasn't out there at the time, and now you have one in every local community."

New Hampshire Distributors Inc. and the Boys & Girls Clubs of Greater Concord teamed up to showcase Concord restaurants eight years ago to help benefit Boys & Girls Clubs' programs.

"One difference-maker truly is when you walk in at the beginning of the event and there's kids from the club that are giving you high-fives," Tyler Kelly, New Hampshire Distributors vice president of marketing, said. "The fact that everything you're doing there, in terms of your contribution of your ticket, silent auction, additional donations you can make throughout the evening, is all going back to the Boys & Girls Club. So it's that feeling that you're socializing while giving back. To me, that's what makes this one different."

The 8th annual Taste of Concord is on Thursday, Oct. 10, from 5:30 to 8:30 p.m. in the Grappone Center. Thirty restaurants are participating, including Alan's of Boscawen, CC Tomatoes, Granite State Candy Shoppe, Newick's, O Steaks and Seafood and more.

"There's been a cross-section [of foods]," New Hampshire Distributors President Chris Brown said. "Most of the time we have stuck to local independent restaurants and really have kind of let them pick their items. Some of them do new menu items, some of them do seasonal items."

Each restaurant offers one to two

Taste of Concord

When: Thursday, Oct. 10, from 5:30 to 8:30 p.m.

Where: The Grappone Conference Center, 70 Constitution Ave., Concord

Cost: \$30

Visit: tasteofconcord.com or concord-kids.org



Kids from the Boys & Girls Club award participating restaurants with a plaque at the 2012 Taste of Concord. Courtesy photo.

appetizer-sized items, and Brown said there can be everything from Mexican cuisine to sushi, deli-style dishes, steak, salsa, salad and dessert.

"From a consumer point of view, it's just the variety — you've got 30 plus restaurants, just some of the best dessert, plus the beer and wine samples. I've just never seen anything like it that's all in one place," Emond said. "It's at a time of year you're looking for something to do and it's festive. For a place like Concord — all your buddies are there — this is the one event that everybody seems to go."

Last year, the Taste of Concord challenged participating restaurants to create their own sliders, which are miniature burgers. Attendees sample sliders and vote on their favorites with a text or on a ballot.

"You've got people putting crab cake sliders, fish sliders, hamburgers. Basically the only rule was it has to be on a smaller sized roll," Brown said.

The Top Chef Competition features a live throwdown between local chefs. Baron's Major Brands Appliances and Viking Kitchen supply a kitchen set-up, and each chef has about an hour to prepare and cook his item.

"It's more of a competition to entertain people," Brown said.

"There's obviously a lot of elite chefs in New Hampshire," Kelly said.

"They're front and center on these premiere stages, and everyone can see them."

Scott Ouellette from O Steaks and Seafood, Brian Shea from The Barley House and Corey Fletcher from The Centennial Hotel and Granite Restaurant have all competed in the past.

Aside from the high-fives, kids from the Boys & Girls Clubs play important roles during the evening. Students involved in the cooking program have their own booth, and others hand out plaques with plates designed and created at the Boys & Girls Clubs, a favorite of the restaurants, a "badge of honor," Emond said.

"It's some of the coolest moments for these people," Kelly said. "They all have relationships with their local Chamber [of Commerce], but they don't have relationships with these kids."

Funds raised by the Taste of Concord benefit scholarships to send kids to the Boys & Girls Clubs. Emond said that because of the fundraising, they are about to send about 10 kids to their local club with a full-ride scholarship for the entire school year. Many of the students are recommended to the Boys & Girls Clubs for scholarships by The Friends Program and school counselors.

"Parents are so relieved their kids can go," Emond said. 🍷

From Creole to alligator bites

N’awlins brings jazz and cajun to the Queen City

By Emelia Attridge
food@hippopress.com

Over the summer, Rouge Grille in Manchester closed its doors for renovations. During that time, the restaurant went in an entirely new direction, and it is now bringing a slice of the bayou to New Hampshire.

“People that have been to New Orleans know what to expect, I think, and miss it,” manager of N’awlins Grille and Molly’s Tavern Lui Vaine said. “People who haven’t been to New Orleans can come here and see what it’s all about, and see the food and see the menu. But it’s very simple, easy, tasty food.”

Vaine and owner and head chef Neville Pereira decided that their interest in jazz music would be the inspiration for the transformation. It was only fitting, then, for the creative collaboration to center around the city of New Orleans.

“We try to focus on the jazz primarily, because you know New Orleans is full of jazz,” Vaine said. “In doing so we brought in the Cajun food and the Cajun recipes to kind of fit the jazz feel. We didn’t come thinking, ‘OK, let’s have a Creole restaurant and let’s serve jazz into it.’ Our primary thing is jazz, and creating a jazz atmosphere first, and then the food came behind it.”

Starters on the menu include gumbo, oysters on the half shell, calamari, crawfish boil and even alligator bites (marinated alligator meat fried with remoulade sauce).

“Those are the two you don’t see in New Hampshire at all,” Vaine said about the crawfish boil and the alligator bites.

For entrées, there are a couple burgers, an All American Burger and a Voodoo Burger (served with bleu cheese crumble), fish and chips, with a choice of haddock or catfish, a crawfish pie, muffaletta and po-boy sandwiches (served on toasted French bread with Creole mayonnaise, lettuce, tomato, pickles and a choice of shrimp, catfish, andouille sausage or haddock).

“With Cajun, everyone has a conception — or misconception — that it’s got to be spicy,” Vaine said. “Our base product is mild all the time, and you can always add more spice. ... Neville has been the head chef, and he actually hired someone that is a Creole cook, a Creole line cook and has worked in the South who knows the recipes and knows the taste of that area. The food is very, very authentic to Creole that you can’t get up



N’awlins Grill is now open in Manchester with cajun food and Louisiana inspired drinks. Emelia Attridge photo.

north, down to the alligator bites.”

Other entrées include the Louisiana shrimp Creole, crawfish etouffee, Creole jambalaya, jazz fest pasta, ribeye steak and the Louisiana Trio, a combination dish of jambalaya, shrimp Creole and beans and rice.

“You get a good portion of all the three and you can taste immediately the different flavors,” Vaine said.

Even the dessert menu features plates not typically found in New England, like beignets, pecan pie, bananas foster and coffee with chicory. Grits and hush puppies are available as side items.

“We’ve gotten a lot of Facebook comments and military people actually have come to us saying, ‘Hey, you got to get Abita beer, you got to get this,’ and we’ve catered to that. We got Abita beer on tap, and actually Abita probably sells the most,” Vaine said.

Abita is a New Orleans draft beer. They also serve Hurricane drinks, and feature a Hurricane of the week.

Pictures of jazz artists like Louis Armstrong decorate the restaurant walls, which Vaine painted himself, and jazz musicians perform live Thursday through Saturday nights.

“We had Rouge and it wasn’t catching the way we thought it would,” Vaine said. “Rather than beat it to death and try to make it work, we decided to just change the concept. One of the things that Neville and I both enjoy is jazz, and we thought, ‘Why don’t we make a jazz club?’, and one step further thought, ‘What goes well with jazz but Cajun, Creole, Louisiana food?’ So, we said why don’t we make it Cajun, a restaurant where specifically we concentrate on Louisiana food, because there’s nothing like it in New Hampshire?”

N’awlins Grille opened shortly after Labor Day in September and serves lunch and dinner Tuesdays through Saturdays. 🍷

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Straight from the barrel

A weekend of wine

By Stefanie Phillips
food@hippypress.com

On Oct. 5 and 6, seven Lakes Region wineries will open their doors for the third annual Barrel Tasting Weekend, giving guests a chance to meet and interact with winemakers, learn about the wine-making process and taste wines right from the barrel, before they are done aging. This year's participating wineries are: Coffin Cellars in Webster, Stone Gate Vineyard in Gilford, Gilmanton Winery in

Gilmanton, Sap House Meadery in Center Ossipee, Haunting Whisper Vineyards in Danbury, Hermit Woods Winery in Sanbornton and Newfound Lake Vineyards in Bristol. "Even with heavy rain almost the entire weekend last year, we still had an incredible turnout, and everyone had a great time. Should the weather cooperate, we would expect an even greater turnout this year," said Bob Manley, event organizer and one of the owners of Hermit Woods Winery. Almost 500 people from all over New England attended the 2012 event. "We want to provide a unique opportunity for everyone to learn about and appreciate wine," said Manley. "Whether you're a novice who is just learning about wine or a seasoned wine connoisseur, there will be something here for everyone."

In addition to regular wine tasting opportunities, guests can sample wines directly from the oak and steel barrels where they are aged and fermented. They can also meet the winemakers, tour their facilities and browse items for sale from local businesses. Heidi Cogean, owner of Newfound Lake Vineyards, recently opened her winery off West Shore Road and is a newcomer to the Barrel Tasting lineup. She said she will have a young carmenere available for tasting right out of the barrel, along with her Wicked Good Red, a cabernet and merlot blend, and a sauvignon blanc. Other wines from local fruit and the winery's own grapes will be available next year.

"I have generations of family that tended vineyards and made wine. It's in the genes, Cogean said. "It's great to be able to grow grapes in New Hampshire. You just need to choose the right grapes. The climate of the lake helps; that was a nice surprise."

Other local businesses participating in



Ken Hardcastle of Hermit Woods Winery gives guests wine to taste right out of the barrel during last year's Barrel Tasting event. Stefanie Phillips photo.

the event include Tomina's Cookie Dough, For Crumbs Sake, Jehu Hot Sauce, Laco-nia Village Bakery, Bread Peddler, Back Door Farm, Krebs Farm, Salisbury Bakery, Huntoon Farm, Forever Boards, 2 Sisters Wine Jelly, Mill Run Spices, Sugar Whis-perers, Fen Ridge Farm and many others.

Like last year, guests who visit at least four wineries during the weekend will be entered into a drawing for prizes includ-ing a two-night stay at Church Landing at Mills Falls in Meredith, a two-night stay at Steele Hill Resort in Sanbornton, din-ner for two at Gilmanton Winery, a gift basket of wine related items from each winery, and more. Some wineries will be giving out their own door prizes during the event. 🍷

Barrel Tasting Weekend

When: Saturday and Sunday, Oct. 5 and 6, from 11 a.m. to 5 p.m.
Where: Coffin Cellars in Webster, Stone Gate Vineyard in Gilford, Gilmanton Winery in Gilmanton, Sap House Meadery in Center Ossipee, Haunting Whisper Vineyards in Danbury, Hermit Woods Winery in Sanbornton and Newfound Lake Vineyards in Bristol
Cost: Free, unless a wine glass is needed for sampling.
Visit: hermitwoods.com/events/barrel-tasting/ or [facebook.com/hermitwoods](https://www.facebook.com/hermitwoods)

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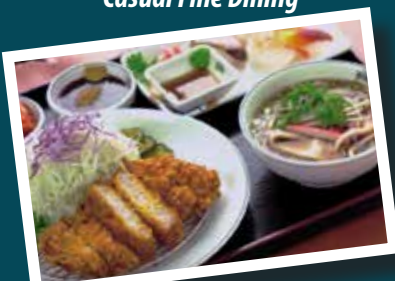
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• POWDERKEG BEER & CHILI FESTIVAL Sat., Oct. 5, from noon to 4 p.m., at the Swasey Parkway Pavilion, Newfields Road and Water Street, Exeter. Tickets cost \$30 in	• APPLE FESTIVAL Sun., Oct. 6, at 2 p.m. on Monument Square, Hollis. Live music, town band marches, half-marathon and homemade apple treats. See	• TASTE OF CONCORD Thurs., Oct. 10, from 5:30 to 8:30 p.m. with 30 restaurants and businesses, music, raffles, silent auction and Top Chef Competition at the Grappone Conference Center, 70 Constitution Ave., Concord. Tickets cost	

Back to school cooking

Learn to cook with wine this fall



Bedford Community Enrichment Programs and LaBelle Winery are teaming up for delicious adult education opportunities.

By Emelia Attridge
food@hippopress.com

Bedford Community Enrichment has teamed up with LaBelle Winery to offer cooking classes this fall in addition to other adult education courses. There are three more Cooking Indian Cuisine classes at Bedford High School, and now, three sessions of Cooking with Wine classes at LaBelle Winery.

For the Cooking with Wine classes, winemaker Amy LaBelle said students should bring a notebook and be ready to take notes.

LaBelle and chef Josh Enright will prepare a recipe and go over the basics on how to cook with wine as well as how to pair varietals with a meal. For the October session, LaBelle said students can expect fall flavors.

“Everyone’s just kind of defaulting to these standard rules, and they’re not very good rules,” LaBelle said about cooking with wine. “Even this common concept that you drink red with meat and white with fish. Well, maybe, and maybe not.”

LaBelle regularly tells winery visitors that when wine pairs well with food, it’s either because it is complementary for its

similarities (like a peppery steak paired with a bold, spicy red wine) or because of its opposite flavor (a creamy, rich alfredo with a light crisp wine).

“It’s very likely the October class will be featured around the ingredient pumpkin, which will also be featured in our upcoming wine dinner,” she said. “Pumpkin can be expressed in so many different ways. It can be savory or sweet. ... Obviously for fall we think of our apple wines, also our cranberry wine.”

Susan Sambrano, director of Community Enrichment Program adult education classes, said that this is the first year the Indian cooking class has been offered, and it is also the first time that the program has partnered with LaBelle Winery.

Since classes are held at Bedford High School, the enrichment program has not yet had the opportunity to offer a wine tasting or cooking class.

This way, the program can direct students to the classes being offered at LaBelle Winery.

“We’re doing more and more creative things for those in the Bedford community and outside the Bedford community to take courses in all different subjects,” she said.

Cooking Indian Cuisine
When: Thursdays, Oct. 10, Oct. 24, and Nov. 7, from 6 to 9 p.m.
Where: Bedford High School, 47 Nashua Road, Bedford
Cost: \$27 per class, with \$12 supply fee
Sign up: Call 714-4395

Cooking with Wine
When: Wednesday, Oct. 16, Tues., Nov. 12, and Wed., Dec. 11, from 6 to 8 p.m.
Where: LaBelle Winery, 345 Route 101, Amherst
Cost: \$25 per class
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IN THE KITCHEN

WITH **BRUCE WALTERS**

Bruce Walters is the chef and co-owner of The Black Forest Café & Bakery (212 Route 101 in Amherst), along with his wife, Martha Walters. His culinary training took place in France and England, but before that he grew up cooking with his grandmother. His food philosophy is grounded in homemade and slow food cooking from scratch — even down to the ketchup. Walters and his wife have owned The Black Forest Café for 25 years. “We try to make nothing too unusual, but with maybe a different twist,” Walters said.



What is your must-have kitchen item?

Unsalted butter is my must-have. We use it in almost all of our baked goods, and I love to have the control of unsalted butter to be able to add as much or as little salt as I need.

and had a good time.

What would you choose for your last meal?

I'd like to have a combination — to combine sweet and salty, then one has to play off the other. I would choose some really good homemade french fries, with the skin still on, and maybe some bearnaise sauce to dip them in. And then on the sweet side — definitely chocolate. Chocolate caramel, like caramel with nuts, like a caramel pecan tart. You'd have to end up with just the right balance of salty and sweet.

What is the biggest food trend in New Hampshire right now?

The locavore movement, and maybe slow food along with that. I'd like it to be. Maybe that's wishful thinking. A lot of people are saying it — saying it and doing it are kind of two different things. If saying it gets people to think about it and do it, that's a good thing.

What is your favorite meal to cook at home?

My wife and I try to eat pretty healthy a lot of times, and we don't eat a lot of meat. So I like to make a big pot of vegetarian chili. Start it in the morning, eat it in the afternoon, just relaxing with some homemade bread or crackers.

What is your favorite dish on your restaurant's menu?

It's like you're picking your favorite child. It depends on my mood, but one of the one's we do that has come back again and has stood the test of time is our cranberry brisket. Brisket is one of those meats that takes a while to cook. It needs to be braised and cooked low and slow to develop those flavors. It just says slow cooking, taking a not-so-expensive cut of meat and elevating it.

— Emelia Attridge

Favorite restaurant besides your own?

I really like Republic in Manchester. I like their philosophy, getting things local, I really like Mediterranean food. I like that it's small and local and not a chain.

What celebrity would you like to see eating at your restaurant?

Julia Child. She was my hero growing up. I loved watching her show, and I guess that was a good indicator of what my future was going to be. I think she has a good sensibility, a good practical sense. She enjoyed food; she lived to be 96 years old, and she ate butter and cream and didn't feel guilty about it

Sweet Potato Chowder

Recipe from chef Bruce Walters, co-owner of The Black Forest Café & Bakery.

- 1 yellow onion, chopped
- 2 stalks celery, chopped
- 1 carrot, peeled and chopped
- 1 sweet red pepper, chopped
- 1 green pepper, chopped
- 2 tablespoons vegetable oil
- 4 sweet potatoes, peeled and diced
- 1 garlic clove, minced
- 1 chipotle pepper, seeded and minced (canned chipotle peppers are available with the Latin items in most grocery stores)
- 2 teaspoons salt
- 1 teaspoon black pepper

- 1 teaspoon dried thyme
- 1 teaspoon cumin
- 3 quarts chicken stock
- 4 tablespoons butter
- 4 tablespoons flour
- 1 cup heavy cream

Soften chopped vegetables and garlic in oil in stock pot. Add the rest of the ingredients, including chicken stock. Bring to a boil; reduce to a simmer. Cook until potatoes are tender. Melt butter in small saucepan or glass measuring cup in microwave; stir in flour. Off heat, whisk flour mixture into your soup. Bring soup back to a boil, check seasoning and stir in cream.

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Weekly Dish

Continued from page 44

available in other states, including Massachusetts, Virginia, New York, Kentucky and Wisconsin to name a few. The new partnerships allow for Smuttynose beers to become available in 24 states. The first shipments to California in September include bottled Big Beer Series releases like Homunculus, Rhye IPA and three kegs of Cluster's Last Stand. In October, Michigan will see Smuttynose beers in Grand Rapids, Kalamazoo, Lansing and the Detroit area. In a recent press release, Smuttynose announced that initial shipments to Michigan will include Finestkind IPA and Big A IPA. Bottle packages will begin in early 2014.

• **Dancing on Tuesdays:** Dancing Lion Chocolate (917 Elm St., Manchester, 625-4043, dancinglion.us) is now open on Tuesdays, from 11 a.m. to 7 p.m. Previously, the storefront was only open Wednesdays through Saturdays. Lunch and croissants are now available on Tuesdays, just like all other days at Dancing Lion Chocolate. And Lion fans can dance on Saturday, Oct. 12, with a new batch of "Lionettes," Dancing Lion's approach to the cronut. Lionettes are made with Danc-

ing Lion croissant dough, cut in squares, fried like a donut, with apple peach caramel filling and a chocolate glaze.

• **Fresh food fast in Dover:** The Juice-Burger food truck held a grand opening in Dover on Thursday, Sept. 26. The food truck's menu features burgers, fries and homemade dishes sourced from local farms. The sustainable food truck started serving up its fresh "fast food" at the Farmers Market this summer in Kittery, Maine, using ingredients from farm vendors. In a press release that announced the grand opening, owner John Thompson said, "I wanted to create a new business model for food — a kind of 'fast food 2.0.' ... One which appeals to young people, caters to their values (fresh, whole food that is naturally produced), and is entirely sustainable. Juice Burger brings all those values together and I want it to be the new status quo for area restaurants." The food truck serves up lunch and dinner from 11 a.m. to 7 p.m. on Mondays, Tuesdays, Thursdays and Fridays in downtown Dover across from The Barley Pub (83 Washington St., Dover). Visit juiceburger.com.

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• **MILFORD PUMPKIN FESTIVAL** Fall fun and activities along with a Chili RoundUp Contests and Beer, Wine & Spirits Tasting (both on Fri., Oct. 11, at 5:30 p.m.). Waffle breakfast at the firehouse on Sun., Oct. 13, and pumpkin treats like pumpkin pie from 10 a.m. to 3 p.m. on Sunday. Festival runs Fri., Oct. 11, through Sun., Oct. 13. See milfordpumpkinfestival.org.

• **APPLEFEST** Sat., Oct. 12, from 9 a.m. to 4 p.m., at Sullivan Farm (70 Coburn Ave., Nashua). Salvation Army of Nashua fall festival with apple treats and an Apple Recipe Bake-Off. Call 889-5151.

• **QUARK FEST** Sat., Oct. 12, from 2 to 7 p.m., at Brookford Farm (250 West Road, Canterbury). Includes farm tours, pumpkin carving, food, music, bonfire, games, quark recipe contest, and demonstrations on fermenting, canning, culturing and grass-fed meats. See brookfordfarm.com.

• **FARM DAY** Sun., Oct. 13, from 10 a.m. to 4 p.m., at Miles Smith Farm (56 Whitehouse Road, Loudon). Free admission, includes farm animals, entertainment and food tent. See miles-smithfarm.com.

• **DINNER AND A MOVIE** Wed., Oct. 16, farm to table buffet at 5 p.m., and movie and

COOKING FOR GROWNUPS



The Culinary Playground has plenty to offer for children's cooking classes, but there are classes for adults, too. On Saturday, Oct. 5, from 5 to 8 p.m., The Culinary Playground will be offering a cooking class for adults with instruction on a flavorful, low-carb recipe with vegetables and meats for a gluten, grain and sugar free meal. The three-hour class will prepare a meal with Thai coconut curry with butternut squash "noodles," turkey in Indian spices and a roasted pepper vinaigrette. The class costs \$72. Visit culinary-playground.com to register. There are also adult cooking classes for couples on Friday, Oct. 18, featuring Mexican cuisine, and Friday, Nov. 15, on Thai cuisine; both classes run from 6 to 9 p.m. The Culinary Playground is located at 16 Manning St. in Derry. Call 339-1664.

COOKBOOK THROWDOWN

By Amy Diaz



Fabio's Italian Kitchen by Fabio Viviani (2013, VF Legacy, 295 pages)



The goal: To pit two vaguely related cookbooks against each other and arbitrarily declare a champion.

Why: Both Viviani and Blais are alums of *Top Chef*, Seasons 5 and 4, respectively. They later appeared in Season 8 together and had the sweetest bromance.



Try This At Home by Richard Blais (2013, Clarkson Potter, 287 pages)

Battleground:

SUMMER HARVEST

Fabio's Italian Kitchen

The cookbook: Adorable Fabio presents "over 100 delicious family recipes," as the subtitle explains, in a full-color paperback where nearly every dish gets its own photo (handy when you want to compare your results to his). The dishes truly are home-cook friendly: "My Mother's Tomato-Bread Soup," "My Grandma's Overcooked Veal Shank," "Fabio's Mom's Tiramisu."

The recipe: "Dead Ricotta in the Garden," which appears on page 43 and is essentially a ricotta fritter with a tomato salad.

Try This At Home

The cookbook: Known for playful cuisine and making stuff with liquid nitrogen, Richard's recipes do include sous vide machines and nitrogen canisters. But, while the recipe for Spaghetti Carbonara includes a section about how to make Chicken-Flavored Agar-Agar Noodles for a Chicken Carbonara variation, it also allows that you

might just be cooking with dried spaghetti noodles from a box.

The recipe: "Spiced Corn on the Cob" which appears on page 238 as a side to the Grilled Rib Eye. I made only two substitutions, using sour cream instead of Mexican crema and cayenne pepper and chili powder instead of togarashi.

The result: As on TV so in life: Richard's recipe was exact, easy to follow and ended up with a tasty dish that came out the way it was probably supposed to. Fabio's more loosey-goosey style (do I really need to season-to-taste a blend of ricotta and raw eggs? Couldn't you just tell me how much pepper and salt to add?) was probably not totally to blame for the odd, crumbly fritters, but without more hints along the way (I'd like better information on just what that ricotta batter should have looked like before cooking) I wasn't sure how to fix it. On the other hand, the accompanying salad was superb and I've used that blend of ingredients several times since.

The winner

TRY THIS AT HOME

Try This At Home These are two fun chefs, but the edge goes to Richard, who, even when he's presenting more involved recipes, seems to offer better instruction. And, while Fabio's book offers more accessible dishes, Richard's has a little more fun with his mix of flavors and techniques.

discussion from 5:30 to 7:30 p.m. at Bessie Rowell Community Center (12 Rowell Drive, Franklin). Screening of *Weight of the Nation*. Call Melissa at 934-2060, ext. 8369, for reservations.

• **FOOD DAY** Thurs., Oct. 24, Manchester Food Co-op and Dyn are partnering to celebrate the nation's third annual Food Day with a screening of *Food*

for *Change*, a feature-length documentary on food co-ops. Manchester Food Co-op board members will discuss the co-op's development timeline and goals following the film. Doors open at 6 p.m. with light refreshments at Dyn, 150 Dow St., Manchester. Suggested donation \$5, and non-perishable goods will be collected for the NH Food Bank.

• **AUCTION IN WONDER-**

LAND Sat., Nov. 2, from 5:30 to 9 p.m. at Bow Community Building (located at the intersection of Bow Center Road, Logging Hill Road, Knox Road and White Rock Hill Road). Bow Rotary Gala features auction prizes, tastings from area restaurants and "Drink Me Raffle" of 100 bottles of wine. Visit bowrotary.org.

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FOOD PERISHABLES

Carrots



Once again, fall has snuck up on me. Here I am, in my tank top and flip-flops, freezing, because autumn arrived overnight and I was unprepared. It seems like only days ago I was picking peaches and grilling out — oh wait, it was only days ago! Summer is most certainly my favorite season, but autumn isn't far behind. The beautiful colors, crisp air and root vegetables make for such a cozy time of year. It's time to dust off my slow cooker, preheat my oven and get my soup on!

Fall is a great time of year to try out new recipes, and I just found the perfect cookbook to inspire me! Just released, *The Coastal Table* by Karen J. Covey highlights ingredients and recipes from southern New England. The book is filled with beautiful photographs, interesting recipes and tidbits about local farms and restaurants. Cookbooks like these make online recipe sites look lackluster and impersonal. Cookbooks like these make me want to own a professional camera and go hunting for truffles.

I've only had the cookbook a few days

but stumbling upon some beautiful rainbow carrots made me sift through its pages for a good recipe. I came across something so simple that felt like *the* quintessential fall food: carrot soup. I have a new appreciation for carrots now that I have a baby girl: they were her first food. I steamed and pureed Maine-grown carrots for her and rediscovered how delicious this beta carotene-soaked root veggie is. Their earthy sweet taste satisfies my palate with literally nothing else added, but if you have to add something, this recipe does the trick. I've modified it to be vegan-friendly (just substituted almond milk for the heavy cream) and love its nutty flavor! — *Allison Willson Dudas* 🍷

Carrot Soup Recipe

Adapted from Karen J. Covey's *The Coastal Table*

Serves 2-4

2 tablespoons extra virgin olive oil
1 large shallot, diced
Salt and pepper, to taste
4 large carrots, peeled, trimmed and diced
6-7 cups low-sodium vegetable stock
¼-½ cup almond milk, depending on preference
2 tablespoons finely minced carrot greens, for garnish
2 tablespoons finely minced parsley, for garnish

Begin by sautéing the shallot over medium heat in olive oil. Shallot will become translucent and emit a delicious smell when finished. Season with salt and pepper and add the carrots. Pour vegetable stock over vegetables (make sure they are completely covered) and bring to boil. Then, lower to a simmer and allow vegetables to become tender, easily pierced with a fork. This may take up to 40 minutes.

Remove vegetables from heat and puree in blender (or, if you're lucky and have an immersion blender, do it right in the pot). If pureeing when piping hot, don't seal the blender top completely. Add more stock to thin mixture and slowly add the almond milk until desired consistency is reached. Toss the minced greens and parsley together for garnish. Pour soup into bowls, add garnish on top for flair and enjoy!

Nov. 16, at 5:30 p.m. competition and auction of pies to benefit Friends of the Goffstown Public Library.

Chef events/special meals

- **FARM TO TABLE DINNER** Sun., Oct. 6, at 11Eleven Bistro, 36 Lowell St., Manchester. Four-course dinner featuring ingredients from local farms. Local wine samples from 4 to 5 p.m., dinner to follow. Call 218-3353 for reservations.
- **CO-OP OCTOBERFEST** Thus., Oct. 17, from 6 to 8 p.m., at Consuelo's Taqueria (36 Amherst St., Manchester, 622-1134, consuelostaqueria.com), with Dancing Lion Chocolate.
- **FARMERS MARKET**

WORKSHOPS Thurs., Oct. 17, at Carroll County Extension in Conway, and Thurs., Oct. 24, at the Merrimack County Extension in Boscawen. UNH Cooperative Extension will offer workshops on the two dates from 6 to 8 p.m., covering topics like marketing and merchandising skills and safe food handling. Free admission, but pre-registration recommended. Call 679-5616.

• **DAY OF THE DEAD DINNER** Wed., Oct. 30, at 7 p.m., at Consuelo's Taqueria (36 Amherst St., Manchester, 622-1134, consuelostaqueria.com), with Dancing Lion Chocolate. Features traditional Mayan

drinking chocolate and dinner. Cost \$22, and spaces fill fast. Call 625-4043.

• **THANKSGIVING DINNER** Fri., Oct. 22, at Bedford Village Inn, (2 Olde Bedford Way, Bedford, 472-2001, bedfordvillageinn.com). Five-course prix fixe menu prepared by chef Benjamin Knack. Cost \$59 plus tax and gratuity, \$29.95 plus tax and gratuity for children's dinner for ages 12 and under. Seating between noon and 6:30 p.m.

• **CONCORD FOOD CO-OP BRUNCH** The Co-op's Celery Stick Café (24 S. Main St., Concord, 410-3099, concord-foodcoop.coop) offers a brunch buffet every Sun., 10:30 a.m. to



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Fennel Powder

Every fall I clean out my pantry. I get rid of old spices, and make room for new fall flavors. Jars of cinnamon, nutmeg and sage don't take up much real estate, which leaves room for spices like ground fennel.

The light flavor of fennel is similar to anise and adds depth to soups and poultry dishes. But before I commit to giving the spice a home in my pantry, I like to try it out in a new recipe or two.

I've always admired the Italian recipes of Lidia Bastianich but never have enough time to watch her cooking show and absorb her methods. Trying a famed chef's recipe is always intimidating, but this recipe turned out to be easy and delicious. A multitude of unexpected flavors comes together, from light orange zest to powerful onions and salty olives. And beneath the strong flavors, adding subtle depth and warmth, is fennel.

According to the Spice House, the use of fennel dates back to a cure of snake bites in Chinese and Hindu cultures. And the seed and oil of fennel have been making appearances in medicine for centuries. WebMD states that fennel is used for a variety of medicinal purposes, including remedies for digestive problems and heartburn. It's believed fennel relaxes the colon and similarly eases the secretions of the respiratory tract.

Assuming I'm able to avoid snake bites



and indigestion, I like to try fennel in different recipes instead of medicine.

The fennel seed, according to "From the Spice Cupboard" at TheKitchn.com, is a perennial herb in the parsley family. Although often confused with anise, the seed and ground spice have a more mild flavor.

The seed is popular in the Middle East and Italy, and is a key ingredient in Chinese five-spice powder. And perhaps Bastianich and her Italian counterparts enjoy using fennel as they likely grew up with the saying in Italian "to give fennel," which means to flatter someone, according to TheKitchn.

This recipe fo chicken breast with orange and Gaeta olives is a prime showcase of the spice. Just a pinch goes a long way to flavor dishes, and it's not a spice that takes a back seat to other flavors. The sweet, licorice-like flavor is powerful without being too potent, and when combined with the sweetness of the orange zest and the salt of the olives, a hint of fennel tastes just divine.

— Lauren Mifsud

Chicken Breast with Orange and Gaeta Olives

Courtesy Lidia Bastianich for Family Circle

- 2 tablespoons extra-virgin olive oil
- 1 ½ pounds thinly slice chicken cutlets
- 1 teaspoon kosher salt
- all-purpose flour for dredging
- 2 tablespoons unsalted butter
- 1 large red onion, sliced
- 1 cup pitted Gaeta or Kalamata olives, whole or halved
- juice and zest of 1 orange
- ½ cup white wine

1 teaspoon fennel powder
In a large skillet heat olive oil over medium heat. Season the chicken with ½ teaspoon of the salt and lightly dredge in flour. Lightly brown chicken in skillet, until a blond-colored crust forms), about two minutes per side. Once chicken is browned, remove from skillet and set aside. Add butter and onion to the skillet and cook until softened, about three to four minutes. Add olives, orange juice and zest, wine and fennel powder. Return chicken to skillet and simmer until chicken is cooked through and sauce coats the chicken, about three to four minutes. Season with remaining salt, and sprinkle with parsley if desired.

2 p.m. Build-your-own omelet station.

Church/charity suppers/ bake sales

• **COMMUNITY BREAKFAST** Sundays from 8 to 11 a.m. at Philbrick-Clement Post 65 American Legion (12 N. Stark Highway, Weare, 529-2722, nhpost65.us). A la carte breakfast menu benefits the Legion and community outreach. Cost ranges from \$3.50 to \$7.

- **COMMUNITY SUPPER** Held the third Wednesdays of each month from 5:30 to 6:30 p.m., at the Unitarian Universalist Congregation in Milford at 20 Elm St. See uucm.org.
- **BREAKFAST BUFFET** Sat., Oct. 12, from 8 to 10 a.m., at Bethany Chapel (54 Newbury Road, Manchester). Cost \$7 for adults, \$4 for children, free for kids under 6. Visit bethanychapel.com
- **SPAGHETTI SUPPER** at St.

George Church (25 Chapel St., Dover) on Sat., Oct. 26, Sat., Nov. 23, and Sat., Dec. 28, from 4 to 6:30 p.m. Cost \$6 for adults, \$3 for children. Call 740-4287.

Food classes/workshops
• **EATING YOUR WAY THROUGH A HEALTHY WINTER** Herbalist Maria Noel Groves leads a workshop on using herbs and foods to keep immune systems healthy, in collaboration with the Centennial

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Kiss cookies

There is, on the table next to me, a modest mountain of crinkled silver foil, undeniable evidence that I just indulged in a Hershey's Kiss binge. I am aware that in a world replete with sea-salted, 80-percent cacao, single-source, fair-trade chocolate bars, humble Hershey's chocolate often gets a bad rap. And hey, I can be a chocolate snob with the best of them. But I am more than happy to pop a couple (dozen) of those classic American candies when the opportunity arises.

Kisses have been around for more than 100 years; they were first produced in 1907, according to the Hershey's website. The origins of the candy's unusual name have been lost to history, though one story suggests it comes from the sound and motion of the machine "kissing" the belt on the production line. The Kisses' signature silver wrapper and little blue-and-white flag are more than merely iconic — the company legally protected the packaging as registered trademarks in 1976.

For most of my life, Kisses have been a distinctively Christmasy treat. The red



and green wrappers are a staple of the holidays for me, as are peanut butter cookies topped with the chocolate drops. However, when I was recently called upon to whip up a peanut-butter-and-chocolate dessert for a family gathering, these Christmas favorites were my first thought, despite the decidedly late summer weather.

Though the cookies are often called "Peanut Butter Blossoms," I find that name unbearably precious. Instead, I call these treats by the simple, descriptive term below. The resulting cookie, though, is the same as the one you might know by the other name: dense, rich, sugar-crusted, chocolate-topped, and just about perfect. Enjoy.

— Sarah Shemkus

Peanut Butter Kiss Cookies

Recipe from my mom

- ½ cup peanut butter
- ½ cup vegetable shortening
- ½ cup packed brown sugar
- ½ cup granulated sugar, plus more for rolling
- 1 egg
- 1 teaspoon vanilla
- 2 tablespoons milk
- 1¼ cups flour
- 1 teaspoon baking soda
- ½ teaspoon salt
- About 48 Hershey's Kisses

Preheat oven to 375 degrees.

Whisk flour, baking soda, and salt together and set aside. Beat peanut butter, shortening, and sugars together until thoroughly blended. Add egg, milk, and vanilla; beat until combined. At low speed, slowly beat in dry ingredients.

Shape dough into one-inch balls. Roll in sugar to coat and place two inches apart on ungreased cookie sheets. Bake for 10 to 12 minutes, until tops are puffed and cracked and edges are golden brown.

Immediately upon removing from oven, lightly press a Hershey's Kiss into the top of each cookie. Transfer cookies to wire rack to finish cooling.

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• **CHEF DEMONSTRATION** Thurs., Oct. 3, from 6 to 8 p.m. at Granite State Cabinetry (384 Route 101, Bedford) with chef Bruce Walters from the Black Forest Cafe in Amherst. RSVP by Thurs., Sept. 26. Call Erika at 472-4080.

• **GLUTEN-FREE AND VEGAN BAKING FOR THE HOLIDAYS** Emma Bates of Courser Farm Kitchen leads a cooking workshop on Sat., Oct. 5, 10 a.m. to noon at Canterbury Shaker Village (288 Shaker Road, Canterbury, 783-9511, shakers.org). Cost \$42.35. Includes vegan and gluten-free

oatmeal bread, pumpkin gingerbread cupcakes and chocolate coconut tart. To register call 783-9077, ext. 284.

• **ADULT COOKING CLASS** Sat., Oct. 5, from 5 to 8 p.m., at The Culinary Playground (16 Manning St., Derry, 339-1664, culinary-playground.com).

Cooking class designed for high-flavor, low-carb cooking with vegetables and meats, gluten, grain and sugar free. Register at culinary-playground.com.

• **CELIAC DISEASE AND GLUTEN INTOLERANCE SUPPORT GROUP** Meeting on Tues., Oct. 15, from 7 to 8:30 p.m. at Merrimack Public Library, 470 Daniel Webster Highway, Merrimack. See Gluten Free Cooking with Oonagh on Facebook.

• **COOKING INDIAN CUISINE** Bedford Community

Enrichment Program course on four Thursdays (Oct. 10, Oct. 24, Nov. 7) from 6 to 9 p.m. at Bedford High School (47 Nashua Road, Bedford). Each class costs \$27 with an additional \$12 supply fee per class. Contact Bedford Community Enrichment Programs at 714-4395.

• **COOKING WITH WINE** LaBelle Winery's chef Josh Enright and winemaker Amy LaBelle will lead cooking classes on Wed., Oct. 16, Tues., Nov. 12, and Wed., Dec. 11, from 6 to 8 p.m. at LaBelle Winery (345 Route 101, Amherst, 672-9898, labellewinerynh.com). Classes are \$25 for each session. Registrants must be at least 21 years old and can attend one or more sessions. Contact Bedford Community Enrichment Programs at 714-4395.

Crown Jewell

State's oldest winery a gem

By Stefanie Phillips
food@hippopress.com

I recently visited South Hampton's Jewell Towne Vineyards, New Hampshire's oldest winery. My only complaint is that I didn't visit sooner.

They have a great story to tell, a beautiful vineyard and excellent wine. Peter and Brenda Oldak moved to their 12-acre farm in 1977 and planted six grape vines in 1982. At that time, Peter was a home gardener with a background in science and chemistry. He started experimenting with winemaking and planted more vines and varieties to see what would grow best in New Hampshire. Four years later, he was making wine, and in 1990, there were 60 varieties of American, European and French hybrid grapes in the vineyard area of the farm. He found that its location facing the Powwow River had a great microclimate for grapes.

In 1990, the vineyard was officially established and named after the Jewell Towne Historic District of South Hampton. Peter narrowed down the grapes to 20 varieties and, with the help of other agricultural and wine professionals, further developed his winemaking skills. Peter's work paid off: In 1992, Jewell Towne's South Hampton White won a gold medal and best hybrid of the show from the American Wine Societies national competition. A second wine, Alden, won a silver medal.

"This is what I call the beginning of a hobby run amok," Brenda said during a tour of the vineyard.

Two years later, the winery went commercial, producing 40 cases of wine that sold out in three weeks. With visitors flocking to the vineyard, the Oldaks realized they needed a tasting space. The tasting room was built in 1998 and has been expanded since due to the winery's continued success.

During my visit, vineyard employees and volunteers were harvesting grapes, a process that usually occurs from September through October. After the grapes are harvested and weighed, they are put through the crusher stemmer. From there, they enter the bladder press. We had a chance to see this process in motion during the tour and it was very neat.

Brenda showed us the vineyard's plants, set eight feet apart, set up in a vertical shoot positioning formation for maximum grape ripening. The vineyard's microclimate makes it so little irrigation is needed. She also noted the plants have 10- to 15-foot roots.



Bladder press at Jewell Towne Vineyards. Photo by Stefanie Phillips.

"You can't make top quality wine from bad grapes," Brenda said.

Inside the winery there are 500- and 1,000-gallon tanks and an automated bottling and corking system. The Oldaks have come quite a long way from making wine in their garage and bottling, labeling and corking bottles by hand.

"For us, it makes a huge difference," Brenda said of the automated machine, noting it now takes them five to six hours to bottle, cork and label the amount of wine from a large tank, versus two days by hand.

While I had tried a few of Jewell Towne's wines before, the sampling list at the winery was extensive, and it was hard to choose only a few.

The wine speaks for itself. I tried Cayuga White first, one of Brenda's favorites. This wine is off-dry with flavors of tropical fruit and melon. Next, I tried Traminette, a Gewurztraminer and Seyval hybrid that is sweet and delicious. I took a bottle of this home, along with their Vidal, an off-dry, full-bodied white that is smooth and fruity.

Jewell Towne is one of the few wineries in New Hampshire that produce Steuben, an off-dry rosé similar to white zinfandel but with much more flavor and depth.

For reds, I really enjoyed their River's Edge, a semi-sweet red blend of Concord and Leon Millot grapes; Landot Noir, a medium-bodied wine with aromas of licorice and leather; and their Port, which is fruity, but much less harsh on the palate than others I have tried.

Along with the wine, I also loved the atmosphere. The tasting room was cozy and welcoming; the vineyard was beautiful and the staff was friendly and knowledgeable and gave us plenty of time to try each wine. Even my friend Amanda, who doesn't usually drink red wine, enjoyed their selection and took a bottle of red wine home.

Do not wait as long as I did to visit Jewell Towne Vineyards. It is open year-round from 11 a.m. until 4 p.m. Wednesday through Friday and 11 a.m. until 5 p.m. on Saturday and Sunday. Visit jewelltownevineyards.com.

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DRINK RED, WHITE AND GREEN

With the cool days outnumbering the warm ones, here's a look at two reds that can go well with your harvest meals and stand alone when you need something to keep you warm while you spend some time on the porch, enjoying those autumn colors.

The **2009 True Grit Reserve Petite Syrah from Mendocino** (on sale for \$14.99; regularly priced at \$24.99) is a nice big red for your hearty fall meals. This dark, inky purple wine had aromas of blackberry, black currant, leather, cedar and anise — and probably fall leaves and backyard bonfires. The taste is equally big and rugged, with, as the name suggests, grit, but a little softness on the front. This would be a good food wine, particularly with slow-braised deeply flavorful red meats.

The **2010 Carol Shelton Wild Thing Old Vine Zinfandel** from Mendocino County (\$19.99) is a dark brick red. This big red had aromas of robust, jammy cherries. The wine had a pepperiness and a



bit of spice (think pumpkin bread or molasses cookies) as well as flavors of cherry and cedar.

Each week in "Red, White & Green," the wine-lovers taste red and white wines that sell for not too much of the green, less than \$20. The goal? To find a good bottle without breaking the bank. Unless otherwise noted, the prices listed are what you'll find the bottles selling for at the New Hampshire Wine & Liquor Outlet. 🍷

Drink Beer/wine/liquor tastings

• **BROOKLYN** Tasting on Thurs., Oct. 3, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, thebeerstorenh.com.

• **RISING TIDE** Tasting on Tues., Oct. 8, from 4:30 to 7:30 p.m. at Bert's Better Beers, 1100 Hooksett Road, Hooksett, 413-5992, bertsbetterbeers.com.

• **VINEXTRA** Tasting on Wed., Oct. 9, from 5 to 8 p.m. at WineNot Boutique, 170 Main St., Nashua, 204-5569, winenotboutique.com.

• **WOODSTOCK** Tasting on Thurs., Oct. 10, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, thebeerstorenh.com.

• **BLUE POINT BREWING** Tasting on Thurs., Oct. 10, from 5 to 7 p.m. at Barb's Beer Emporium, 249 Sheep Davis Road, Concord, 369-4501, barbsbeeremporium.com.

• **GUINNESS** Tasting on Tues., Oct. 15, from 4:30 to 7:30 p.m. at Bert's Better Beers, 1100 Hooksett Road, Hooksett, 413-5992, bertsbetterbeers.com.

• **FORTUNE** Tasting on Wed., Oct. 16, from 5 to 8 p.m. at WineNot Boutique, 170 Main St., Nashua, 204-5569, winenotboutique.com.

• **VINILANDIA** Tasting on Wed., Oct. 23, from 5 to 8 p.m. at WineNot Boutique, 170 Main St., Nashua, 204-5569, winenotboutique.com.

• **CRUSH** Tasting on Wed., Oct. 30, from 5 to 8 p.m. at WineNot Boutique, 170 Main St., Nashua, 204-5569, winenotboutique.com.

• **SAMUEL ADAMS** Tasting on Thurs., Oct. 31, from 5 to 7 p.m. (costumes welcome) at The Beer

Store, 433 Amherst St., Nashua, 889-2242, thebeerstorenh.com.

Beer/wine dinners

• **HARVEST ON THE HILL** Sat., Oct. 5, from 6 to 10 p.m., at Flag Hill Winery & Distillery, 297 North River Road, Lee. Cost \$35. Menu features bratwurst, knockwurst, sauerkraut, potato pancakes, pretzels, wiener-schnitzel, German spaetzle, beer braised chicken, desserts like assorted strudels, black forest cupcakes and Bavarian cream puffs. Beverages from Throwback Brewery, Flag Hill Winery & Distillery, White Birch Brewing and Martha's Exchange; 21-plus event. For reservations, email events@flaghill.com.

• **BREWERS DINNER** Fri., Oct. 11, from 8 to 10 p.m., at The Laconia Local Eatery (21 Veterans Square, Laconia, 527-8007, laconialocaleatery.com). Tickets cost \$75.

• **DOGFISH HEAD BEER DINNER** Wed., Oct. 16, at Cask & Vine (1½ East Broadway, Derry, 965-3454, caskandvine.com). Seating at 6 p.m., and 8 p.m. Four-course dinner pairing with selection from Dogfish Head Beer. Cost \$40.

Beer/wine festivals and events

• **OKTOBERFEST** Weekends through Sun., Oct. 27, at Canobie Lake Park (85 N. Policy St., Salem, 893-3506, canobie.com). Beer garden, German fare, pretzels, sausage and strudel.

• **OKTOBERFEST** Through Sat., Oct. 5, at The Barley House (132 North Main St., Concord, 228-6363, thebarleyhouse.com). German schnitzel, sausage and venison stew menu with brews from German Paulaner and

Hacker-Pschorr as well as seasonal offerings.

• **BONFIRE NIGHTS** Fridays and Saturdays in October and November from 6 to 10:30 p.m., at Bedford Village Inn (2 Olde Bedford Way, Bedford, 296-3918, bedfordvillageinn.com). No admission, cost based on consumption; drinks start at \$6, food at \$5. Includes s'mores and pumpkin martinis.

• **1ST ANNIVERSARY PARTY** Thurs., Oct. 3, from 7 to 10 p.m. at LaBelle Winery, 345 Route 101, Amherst. Tickets cost \$30. Will include appetizers, dessert, music, dancing and cash bar.

• **OKTOBERFEST** Sat., Oct. 12, from 6 to 10 p.m. at Anheuser-Busch Brewery (221 Daniel Webster Highway, Merrimack). Symphony NH and Anheuser-Busch present an evening with seasonal and traditional beers, German food and Oompa band. Tickets cost \$35. Call 603-595-9156 or visit symphonynh.org.

• **AUTUMN BONFIRE IN THE VINEYARD** Thurs., Oct. 17, from 6 to 9 p.m. at LaBelle Winery (345 Route 101, Amherst, 672-9898, labellewinerynh.com). Storyteller Odds Bodkin will present Bonfire Halloween Tales, includes drink ticket, s'mores kit and bonfire seat. Admission costs \$25 for adults, \$20 for ages 5 to 21, free admission for kids ages 4 and younger.

• **FIRE & ICE** Fri., Oct. 18, from 6 to 10 p.m., benefit at Crowne Plaza Hotel, 2 Somerset Parkway, Nashua, to benefit Marguerite's Place support services for homeless women and children. Tickets cost \$100. Call 886-1200.



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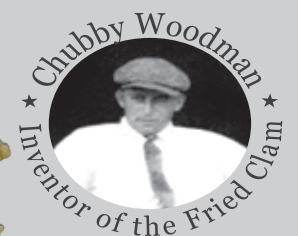
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Index

CDs pg58

- The Buskers, *Every Day We Play a New Song* A
- Deer Tick, *Negativity* B-

BOOKS pg60

Grain Brain B

Includes listings for lectures, author events, book clubs, writers' workshops and other literary events. To let us know about your book or event, e-mail Kelly Sennott at ksennott@hippopress.com. To get author events, library events and more listed, send information to listings@hippopress.com.

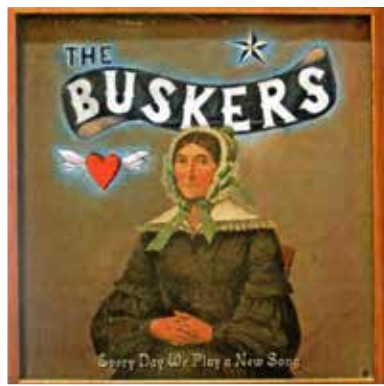
FILM pg62

- *Don Jon* A
- *Baggage Claim* C-
- *Rush* B-
- *Cloudy with a Chance of Meatballs 2* B

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The Buskers, *Every Day We Play a New Song* (self-released)



Head north on I-93 to Exit 23, bear left and you'll end up in the town of New Hampton, which, if you don't mind a little Fritz Wetherbee-style trivia, is the geographic center of New Hampshire. It's also home to the The Buskers' HQ, where these three highly trained players jam their alternative-folkie-ish stuff a little too professionally to be considered a jug band, although they seem a little enamored with the notion. Ignoring the easy paths — which would entail incorporating things like the emo dweebishness of bands like

Have Gun Will Travel or the glossy wide-screen vibe of Tired Pony, etc. — these granola-crunchers play to their multi-voiced strengths, sounding like a backwoods Mark Knopfler one minute ("Living in the Real World Now"), a redneck Eels ("Movin' On") the next, then alighting on a zydeco version of Ed's Redeeming Qualities (the title track) for a knuckleball. This isn't to say they aren't funny; their lyrics often are, which can help a little toward salvaging your night at the club when your ex shows up in a clownishly sloppy state of inebriation. A — *Eric W. Saeger*

Deer Tick, *Negativity* (Partisan Records)



On their fifth LP, these Providence, R.I., kegger-folkies appear to have had one eye on Black Lips and the other on The Archies. "The Rock" spools the album out slowly, with sounds typical of all the xylophone-bearing Wilco wannabes we've grown accustomed to, but after 30 seconds of that they launch into a routine befitting Screamin Jay Hawkins playing a sock hop. "The Curtain" is next, waddling around in a Blue Oyster Cult suit, same beat as "Burnin' for You" but brattier, sort of Lou Reed-ish. This accomplished, it's on to an '80s tip with the Elvis Costello-like slow-dancer "Just

Friends," replete with lonely piano tinkling so hacky you almost expect Sarah Silverman to pop in and start crooning lines from "You're Gonna Die Soon." "The Dream's in the Ditch" continues this bizarre foray into oldies radio, a notion of punks karaoke-ing a George Harrison B-side. By now fans who've been away a while have to be wondering, "Wait, I thought these guys were country-folk — what exactly is all this?" Well, there's a Tom Petty edge to John McCauley's voice, which somehow works with the rest of the band. But they're also heavily into messing with their base nowadays, doing Nirvana covers at SXSW. All that's left is producing lousy material, which they successfully avoided this time out. B- — *Eric W. Saeger*

PLAYLIST

A seriously abridged compendium of recent and future album releases

- Wayward lip-synching Disney teen **Miley Cyrus** has been busily working toward a Britney-worthy public meltdown, the over/under for which has been pegged at around 2 months by Vegas oddsmakers now that her new album *Bangerz* (due out Tuesday) has yielded two absolutely terrible songs, neither of which has anything to do with the "dirty south hip-hop" she promised. "We Can't Stop" has a little bit of slo-mo rapping on it, sure, but "Wrecking Ball" is like some sort of emo-metal ballad that wouldn't even make it onto a hypothetical *Worst of Pink* album. Naturally, the music itself shouldn't be factoring into the discussion, which has been taken over by astonishingly lame DIY "comedians" on YouTube mostly focusing on her lack of a badonkadonk, which can, of course, be cured ("Hannah Montana Buys Truckload of Twinkies, News at 11"). I'll tell you why intelligent people aren't really discussing all of this in any detail — ready? It's the single stupidest thing in human history, that's why. Seriously, would *anyone* want to be this girl in five years, when her sense of embarrassment begins to mature?

- Kentucky hipster-garage trio **Cage the Elephant** releases its third LP, *Melophobia*, next week. You only know them for their quirk-loud-quirk song "Shake Me Down," which is OK — you shouldn't feel compelled to know anything more about this whiny bunch of metrosexual Wilco wannabes, well done. However, I will state for the public record that *Melophobia's* first single, "Come a Little Closer," does have a certain OK Go feel — distorted surf guitars underlining the barely-there hook, if you can get past the oafishly handled Flaming Lips quirk.

- *Silver Bell* is the album that nice Maine lady **Patty Griffin** recorded 13 years ago and A&M refused to release, because record companies are run by unicycle-riding dingbat-clowns. Most of Patty's fans already have these tunes, thanks to the "blanks and postage" distribution method (sending a blank CD and return postage to a music trader), but as of Tuesday, you can just buy it at Newbury Comics or whatnot. The kickoff song "Little God" is really cool, a sort of snake-charmer acid-rock thing.

- **Pusha T**, now under Kanye's wing, brings to the table a few storied, boring beefs and boneheaded controversies, just what hip-hop needed! His first solo LP, *My Name Is My Name*, streets on Tuesday. "Pain" features a drooling, Autotuned guest visit from Future that nevertheless doesn't ruin the faraway, rattling trip-hop beat, even if Pusha himself sounds a little too generic and salesman-like. I mean, what's with this, speaking with clear diction in a spoken-word format? — *Eric W. Saeger*

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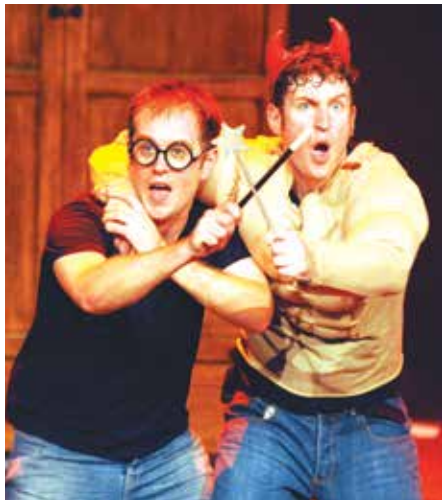
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Jeff Turner and Dan Clarkson perform in *Potted Potter: The Unauthorized Harry Experience*. Courtesy photo.

By Kelly Sennott

ksennott@hippopress.com

Voldemort — or You-Know-Who — might be the meanest character in *Potted Potter: The Unauthorized Harry Experience*, but he's also the most fun to play.

"I love playing Voldemort," actor Dan Clarkson said in a phone interview. He was resting in London at the time of the call, readying himself for a long American tour.

"I really feel for him. ... It must be tough being the greatest wizard of all time, to keep being beaten by an 11-year-old schoolboy. I think what he really needs is a nice hug. I think that a lot of the world's problems could be solved with a hug," Clarkson said.

Potted Potter ("potted" means "abridged" in British slang) is technically a two-man show, presented by British actors Clarkson and Jeff Turner, but because Turner plays Harry himself, Clarkson gets to play almost every other role. Together, they bring to life more than 300 characters in just 70 minutes, with the help of some beards, hats, props and silly voices. They take Concord's Capitol Center for the Arts stage next week.

The show has received critical acclaim, not just among Harry Potter fans — the actors have both been nominated for Olivier Awards (twice), which is like the British equivalent of a Tony. J.K. Rowling, even, tried to snag a seat last-minute at a sold-out Edinburgh

show a few years back, but the ticket seller, not recognizing the famous author, turned her away, Clarkson said.

"Now we always leave at least one extra seat for J.K. Rowling," Clarkson said. Just in case. (Though she still hasn't seen it.)

Clarkson and Turner have been working on the show since 2005, when a London bookstore requested they produce a five-minute show at the launch of the sixth book, *Harry Potter and the Half-Blood Prince*. They're both Harry Potter fans, but Clarkson said the only reason he agreed to the gig was to get his hands on a book before everyone else. They performed at midnight, expecting maybe 50 audience members.

"But there were about 1,000 Harry Potter fans watching us, screaming, so we thought we might be onto something," Turner said in a video interview on the event website.

Then they took it to the Edinburgh Comedy Festival, where it became *Potted Potter*, and after that, across the UK, to London's West End, to Toronto and Off-Broadway.

The show is good for children, adults and even audience members who haven't read the books (although, Clarkson said, he can't believe those people exist in today's society).

"It's always changing. We have lots of pop culture references in it, which is one of the great things about the show. It's always fresh," Clarkson said.

There's a little bit of *Narnia*, some *Lord of the Rings*, and a few vampires, too.

"There's even a little bit of *Twilight*, which is one of the worst things ever, and you can quote me on that," Clarkson said.

One of the highlights in the show is a live Quidditch game halfway through. It involves, ropes, pulleys and flying Quaffles, which will be launched by audience members.

"There have only been three fatalities since it started! ... We've *really* found that dads get into it. Men in general, age 6 to 66, seem to have this very competitive streak, and that really comes out during the live Quidditch game," Clarkson said.

Clarkson's interpretations are independent from HP's Hollywood actors. Some of them stem from when he read the books to his younger brother growing up.

"I did all the voices for all of the characters. Snape has an Eastern European accent for no other reason than that I thought he should," Clarkson said.

After eight years since the first show, Clarkson and Turner are still baffled at *Potted Potter*'s popularity.

"We're just waiting for that one day, when people realize that the show is just me and my mate messing around onstage ... We're not taking the mick out of it. It's very much a lovely homage." ☘

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See Potted Potter: The Unauthorized Harry Experience — A Parody by Dan and Jeff

Where: Capitol Center for the Arts, 44 S. Main St., Concord

When: Wednesday, Oct. 9, at 6:30 p.m.

Admission: Tickets are \$38

Contact: 225-1111, ccanh.com

Grain Brain, by Dr. David Perlmutter with Kristin Loberg (Little, Brown and Co., 290 pages)

The newest villain in the pantry is bread. Not the white sandwich bread you swore off years ago, but the seed-studded brown loaf that replaced it.

This is good news if you’ve been eating whole-wheat products dutifully, not because you like them but because you thought they’d make you healthier. Turns out a slice of whole-wheat bread pumps more sugar into our bloodstream than a tablespoon of white sugar or a Snickers bar. But don’t get excited; you shouldn’t be eating those either, not if you’d like to live a long time with a sharp brain.

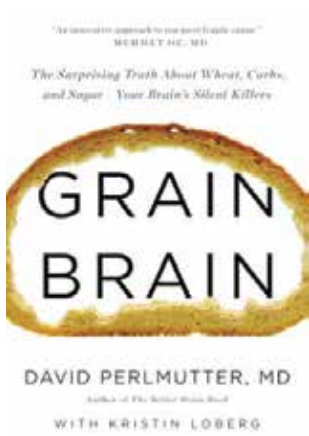
Dr. David Perlmutter, a Florida neurologist, rides the Paleo train with his new book, *Grain Brain*, co-written with Kristin Loberg. The word “Paleolithic” shows up in the first sentence of Chapter 1, as Dr. Perlmutter envisions a fireside chat between modern man and his ancestors, who cannot comprehend the food choices available today – nor the diseases from which we suffer.

“Preventable, non-communicable diseases account for more deaths worldwide today than all other diseases combined,” Perlmutter asserts.

Further, “I believe that the shift in our diet that has occurred over the past century – from high-fat, low-carb to today’s low-fat, high-carb diet, fundamentally consisting of grains and other damaging carbohydrates – is the origin of many of our modern scourges linked to the brain, including chronic headaches, insomnia, depression, epilepsy, movement disorders, schizophrenia, attention deficit hyperactivity disorder, and those senior moments that quite likely herald serious cognitive decline and full-blown, irreversible, untreatable, and incurable brain disease.”

Some of these conditions may also be caused by debilitating run-on sentences, but okay.

Perlmutter is alarmed — deeply alarmed — at what carbohydrates are doing to our bodies, and after a couple of chapters, you’ll be joining the anti-gluten party, too. Gluten (Latin for glue) is the sticky protein found in food and products processed from wheat and other grains. It’s present not only in bread but in a cornucopia of



products, including beer, ketchup and mascara.

About one in 100 people have Celiac disease, an intestinal disorder that occurs because of a severe allergy to gluten. But the other 99 shouldn’t be eating gluten either, Perlmutter says, because of its harmful effects on the body, many of which may not show up for decades. “Fat — not carbohydrate — is the preferred fuel of human metabolism and has been for all of human

evolution,” he writes.

Much of this territory has already been covered in 2011’s *Wheat Belly* by Dr. William Davis and last year’s *The Science of Skinny* by Dee McCaffrey. Whereas those books — and the current crop of Paleo diet offerings — mostly focus on weight loss, *Grain Brain* invites us to worry most about losing our minds. And Perlmutter assures us the odds of developing Alzheimer’s disease or some other mental impairment escalate in proportion to the amount of carbohydrates we consume.

While some of his claims seem heretical — for instance, that high cholesterol is

actually good for you — he cites a raft of studies that back up his claims, from sources as distinguished as the American Journal of Clinical Nutrition, the American Medical Association, the Framingham Heart Study and the National Institutes of Health.

While I’m not sure I agree with Dr. Perlmutter’s assertion that dying from a chronic condition is worse than being eaten by a predator higher on the food chain, everything else he argues, scarily, makes sense — or seems to, even when it doesn’t. The science often plods and is difficult to follow; even Dr. Perlmutter says, at one point, he doesn’t expect us to remember it. Which is good because I still can’t explain anti-gliadin antibodies and how they lead to the formation of inflammatory cytokines. Nor do I want to.

But the gray matter does nothing to douse the fiery claims contained in this book. “When I watch people devour gluten-laden carbohydrates, it’s like watching them pour themselves a cocktail of gasoline. Gluten is our generation’s tobacco,” Perlmutter says. If so, this is an important book, even if its seriousness of purpose is eroded by an occasional foray into informal, and 35 pages of recipes. Including one for chocolate truffles.

Vive le cavemen. **B**
— Jennifer Graham 🍷

Books
Author events

- **DAN SZCZESNY** will attend author events for his book *The Adventures of Buffalo and Tough Cookie* on Thurs., Oct. 3, at 6:30 p.m., at the Hooksett Public Library, 31 Saint Marys Way, Hooksett; on Tues., Oct. 29, 7-8:30 p.m., at the Goffstown Public Library, 2 High St., Goffstown; and on Thurs., Dec. 12, at 7 p.m., at Manchester City Library, 405 Pine St., Manchester.
- **JAMES MCPHERSON** reads from and discusses *War on the Waters: The Union and Confederate Navies, 1861-1865* on Thurs., Oct. 3, at 7 p.m., at RiverRun Bookstore, 142 Fleet St., Portsmouth, riverrunbooks.com Tickets \$5.
- **EDIE CLARK** talks about *What There Was Not to Tell* on Sun., Oct. 6, at 1 p.m., at Main-Street BookEnds, 16 E. Main St., Warner, 456-2700.
- **CAROL RIFKA BRUNT** celebrates the paperback release of her first novel, *Tell the Wolves I'm Home*, at Gibson's Bookstore, 45 S. Main St., Concord, on Mon., Oct. 7, at 7 p.m.
- **AMY GRACE LLOYD** reads from and discusses her debut novel, *The Affairs of Others*, on Tues., Oct. 8, at 7 p.m., at RiverRun Bookstore, 142 Fleet St., Portsmouth, 431-2100, [riverrun-](http://riverrun- bookstore.com)

bookstore.com.

- **MARIE HARRIS** talks about *The Girl Who Heard Colors* at Gibson's Bookstore, 45 S. Main St., Concord, 224-0562, gibsonsbookstore.com, on Thurs., Oct. 10, at 7 p.m.
- **LORRIE THOMSON** discusses her book *Equilibrium* at the Nashua Public Library, 2 Court St., Nashua, 589-4610, on Thurs., Oct. 10, at 7 p.m., in observance of Mental Illness Awareness Week.
- **HOWARD MANSFIELD** reads from and discusses his new book, *Dwelling in Possibility: Searching for the Soul of Shelter*, at RiverRun Bookstore, 142 Fleet St., Portsmouth, 431-2100, on Wed., Oct. 9, at 7 p.m. Visit riverrunbookstore.com.
- **ERIC MASTERSON** reads from and discusses his new book, *Birdwatching in New Hampshire*, on Thurs., Oct. 10, at 7 p.m., at RiverRun Bookstore, 142 Fleet St., Portsmouth, 431-2100, riverrunbookstore.com.
- **DALE PETERSON** talks about *Giraffe Reflections* at the Toadstool in Peterborough (12 Depot Sq., Peterborough, 924-3543) on Sat., Oct. 12, at 11 a.m.
- **ANNA DEWDNEY** talks about *Llama Llama and the Bully Goat* at Gibson's Bookstore, 45 S. Main St., Concord,

224-0562, on Sat., Oct. 12, at 11 a.m.

- **AMBER SPARKS AND ROBERT KLOSS** talk about their works, *May We Shed These Human Bodies* and *The Alligators of Abraham*, respectively, at the NHIA French Building Rotunda (148 Concord St., Manchester) on Tues., Oct. 15, at 7 p.m. Free admission.
- **AIMEE GAGNON FOGG** visits the Hooksett Public Library, 31 Mount Saint Mary's Way, Hooksett, 485-6092, on Thurs., Oct. 24, at 6:30 p.m. She'll talk about her book, *The Granite Men of Henri-Chapelle*.
- **RICHARD RUBIN** talks about *The Last of the Doughboys: The Forgotten Generation and Their Forgotten World War* on Thurs., Oct. 17, at 7 p.m., at the Wilton Public & Gregg Free Library, 7 Forest Road, Wilton. Call 654-2581.
- **KATHARINE BRITTON** talks about *Little Island* at Gibson's Bookstore, 45 S. Main St., Concord, 224-0562, gibsonsbookstore.com, on Thurs., Oct. 17, at 7 p.m.
- **HEDRICK SMITH** talks about *Who Stole the American Dream* on Tues., Oct. 22, at 7 p.m., at Gibson's Bookstore, 45 S. Main St., Concord, 224-0562, gibsonsbookstore.com.
- **CAROL LEE ANDERSON** discusses her book, *The New*

England Life of Cartoonist Bob Montana: Behind the Archie Comic Strip, on Tues., Oct. 22, 10:30-11:30 a.m., at the Merrimack Public Library, 470 DW Highway, Merrimack, 424-5021. Registration required.

• **J.M. HIRSCH** talks about *Beating the Lunch Box Blues*, the book on which he collaborated with Rachael Ray, at Gibson's Bookstore, 45 S. Main St., Concord, 224-0562, gibsonsbookstore.com, on Wed., Oct. 23, at 7 p.m.

• **JULIA GLASS** presents at the Nashua Public Library, 2 Court St., Nashua, 589-4610, on Friday, Oct. 25, at 7 p.m. Part of Nashua Reads: One City, One Book program, whose title this year is *The Widower's Tale* by Glass. Tickets \$10. Visit nashuareads.com.

• **COLUM MCCANN** will be the keynote speaker at the NH Humanities Council's annual dinner on Mon., Oct. 28. See nhhc.org.

• **MRB CHELKO** talks about her work at the NHIA French Building Rotunda, 148 Concord St., Manchester, on Wed., Nov. 6, at 7 p.m. Free.

Lectures and discussions

• **THE ABCS OF THE ACA: USING THE HEALTH INSURANCE MARKET-**

PLACE at the Nashua Public Library, 2 Court St., Nashua, 589-4610, nashualibrary.org, on Thurs., Oct. 3, at 7 p.m.

• **FAMILY MATTERS LECTURE SERIES** throughout the fall at UNH Manchester, 400 Commercial St., Manchester, in the third floor auditorium. Free. “Confronting Manchester’s Education Challenges” is Thurs., Oct. 3, 4-6 p.m.; “Immigration and the Family” is Thurs., Oct. 24, 1-3 p.m.; “Children and Mental Health” is Thurs., Nov. 14, 1-3 p.m.; and “Domestic Violence” on Thurs., Dec. 5, 1-2:30 p.m. Free parking in Arm’s lot. Call 641-4100.

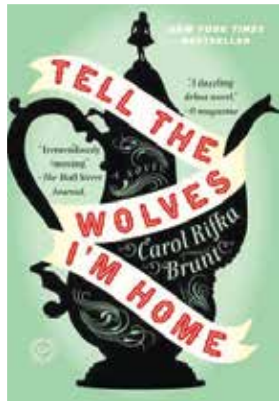
• **RESTORATIONS OF THE AMERICAN CHESTNUT TREE** presentation by wildlife biologist Curt Laffin on Fri., Oct. 4, at 7 p.m., at the Mariposa Museum, 26 Main St., Peterborough, 924-4555, mariposamuseum.org. Free admission. KidCraft 5-6 p.m., reception 6-7 p.m.

• **THE ENCHANTED ISLAND: A TALE FROM ANCIENT JAPAN** at the Mariposa Museum, 26 Main St., Peterborough, on Sat., Oct. 5, at 11 a.m. and 1 p.m.; Sun., Oct. 6, at 1 p.m. and 3 p.m.; Sat., Oct. 12, at 11 a.m. and 1 p.m.; and Sun., Oct. 13, at 1 p.m. and 3 p.m. Show by Phoenix Marionettes. Admission \$7. Call 924-

4555, visit mariposa.org.

- **THE FOUNDING FATHERS: WHAT WERE THEY THINKING** event on Tues., Oct. 8, 7-8:30 p.m., presented by Richard Hesse at the Wadleigh Memorial Library, 49 Nashua St., Milford, 249-0645.
- **SISTER SHEILA FLYNN** founder of the Kopanang Community in South Africa presents at the Mariposa Museum (26 Main St., Peterborough, 924-4555, mariposamuseum.org) on Fri., Oct. 11, at 7 p.m., about the Kopanang Creation Canticle, a textile exhibit with 52 embroidered tapestries. Free.
- **NEW ENGLAND'S HAUNTED & HISTORIC LIGHTHOUSES** presentation by Jeremy D'Entremont on Wed., Oct. 9, at 6:30 p.m., at the Hooksett Library, 31 Mount Saint Marys Way, Hooksett, 485-6092. Free.
- **WITCHES, POP CULTURE AND THE PAST** presentation by Dr. Robin DeRosa, professor of English and Women's Studies at Plymouth State University, on Tues., Oct. 15, at 7 p.m., at Johnson Meeting Room of the Amherst Town Library, 14 Main St., Amherst, 673-2288, amherst.lib.nh.us, rvear@amherst.lib.nh.us. Registration required; email or call.
- **ARE YOU AN EMPLOYER OF CHOICE?** discussion on

Book Report



• **Billy Collins at the Audi:** This year's Donald Hall-Jane Kenyon Poetry Award winner is former U.S. Poet Laureate Billy Collins. He performs a poetry reading at the Concord City Auditorium (2 Prince St., Concord) on Thursday, Oct. 3, at 7 p.m., as he accepts his prize. Collins has published 13 books of poems and currently works as a professor in New York. The prize is co-sponsored by the Concord Monitor and the New Hampshire Writers' Project. Tickets are \$10 and can be purchased online (nhwritersproject.org) or at Gibson's Bookstore, 45 S. Main St., Concord.

• **New White Mountain history book:** Littleton author Mike Dickerman's new book, *Stories from the White Mountains*, offers a medley of stories and profiles that capture the spirit, tenacity and resourcefulness of those who lived, worked and played in New Hampshire's White Mountains over the past two centuries.

"From the logging railroads of yesteryear to the forest fire lookout towers of the mid-twentieth century, and from the dangerous, snow-laden heights of Mount Washington to the pretentious grounds of the famed Mountain View House in Whitefield, I've covered a lot of ground with this book," Dickerman said in the press release. You can get the book at his business, Bondcliff Books of Littleton (bondcliffbooks.com). Email him at info@bondcliffbooks.com.

• **Another NH book:** Hampton resident, Patch blogger and former Hampton Union columnist Gary Patton just published his first book, *Outtastatahs: Newcomers' Adventures in New Hampshire*. A Midwest native, Patton's book contains stories of the "sometimes awkward" experiences he had while adapting to his new environment on the New Hampshire Seacoast, in addition to random New Hampshire tidbits, like what really goes on a town meeting and where the American Revolution really started. The book is available at the RiverRun Bookstore in Portsmouth (142 Fleet St., Portsmouth) and online at amazon.com, barnesandnoble.com.

• **Tell the Wolves I'm Home:** Author Carol Rifka Brunt makes a rare North American appearance as she celebrates the paperback release of her first novel, *Tell the Wolves I'm Home* at Gibson's Bookstore, 45 S. Main St., Concord, gibsonsbookstore.com, 224-0562, gibsons@totalnetnh.net, on Monday, Oct. 7, at 7 p.m. Her book is a story of mismatched friendships between sisters and has received a number of accolades. Call or email the bookstore to have a book put aside if you can't make the event. — *Kelly Sennott*

workplace cool factors on Wed., Oct. 30, 7:45-8:50 a.m., The Center for Health Promotion, 49 S. Main St., Concord, 230-7300, free.

• **ONLINE IDENTITY OPTIMISM FOR JOB SEEKERS** at the Nashua Public Library, 2 Court St., Nashua, on Thurs., Oct. 17, at 7 p.m., presented by

Greg Page of Merrimack Analysis Group. Call 589-4610, visit nashualibrary.org.

• **THE GARDENS OF PARIS** virtual tour of the gardens of Paris with Maureen Bovet at the Nashua Public Library, 2 Court St., Nashua, 589-4610, nashualibrary.org, on Thurs., Oct. 24, 7 p.m.

Book discussions

- **AMHERST TOWN LIBRARY** Wednesday afternoon book club meets on the second Friday of the month at the library, 1-3 p.m. Visitors and/or new members always welcome (call in advance). Amherst newcomers group meets Thursday evenings at 7:30 p.m. Visit the library for titles.
- **THE BOOK CELLAR** in Nashua hosts a book club that meets on the first Wed. of each month, new members always welcome. The Book Cellar is at 34 Northwest Blvd., Nashua, in the Westside Plaza, 881-5570, bookcellaronline.com.
- **BUDDHIST PHILOSOPHY** book discussion group focuses on current literature on Buddhist topics, meets the second Monday of each month from 7 to 8:30 p.m. Join at meetup.com/Manchester-Buddhism-Sangha.
- **CANDIA SMYTH PUBLIC LIBRARY** book discussion group meets for friendly one-hour discussion once a month. The library is at 55 High St., Candia, 483-8245, smythpl.org.
- **CLASSICS CROWD** at Milford Toadstool Bookshop reads 19th-century British classics and meets every other month. New members always welcome. Meets on the third Thursday of the month. Visit toadstool.indiebound.com/event.
- **GIBSON'S BOOKSTORE** hosts monthly book discussions. Everyone is welcome to come for all or any of the dates. All discussion titles are 25 percent off until the date of their discussion. All meetings at 7 p.m. on the first Monday of the month.
- **GOFFSTOWN LIBRARY** evening book group meets the first Tuesday of the month, open to any interested teen or adult.
- **GOFFSTOWN LIBRARY** "literary ladies"/afternoon book discussion group meets the third Wednesday of each month at 1 p.m. Call 497-2102 if interested in joining book discussion group.
- **HOOKSETT LIBRARY** book group generally meets on the third Thursday of the month. New members always welcome.
- **HOLLIS SOCIAL LIBRARY** hosts a book discussion group on the third Tuesday of every month at 9:30 a.m. in the library meeting room. No signup required. Check with the library for the selection of the month. Mother/daughter book club on the third Wednesday of every month at 6 p.m. For girls grades 4-8 and their mothers.
- **MANCHESTER CITY LIBRARY** evening book discussion group meets on the second Thursday of the month at 7 p.m. in the Hunt Room.

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Don Jon (R)

A twentysomething goofball likes true love but truly loves porn in *Don Jon*, a movie rather brilliantly written by, directed by and starring Joseph Gordon-Levitt.

Jon (Gordon-Levitt) is what years of *Jersey Shore* have conditioned us to think of when we think of a New Jersey guy. He cares about just a few things, he tells us, “my body, my pad, my ride, my family, my church, my boys, my girls” and of course, last but definitely not least, “my porn.” He might take home girls who are an 8 or better every weekend he goes out, but he still enjoys the company of his porn more than the company of real human women. It provides him with everything he truly wants in terms of the sights and sounds of sex, so he explains in voiceover — and, we suspect, none of the things he probably doesn’t want, like someone asking when he’s going to call and if he wants to meet her family. This is until he sees Barbara Sugarman (Scarlett Johansson) out at the club one night. She is a 10, he tells his boys, and while she responds to his flirting she doesn’t follow the traditional path of a girl chosen by Don Jon. She doesn’t want to make out with him at the club and she doesn’t take the taxi



Don Jon

ride back to his apartment. And while, sure, Jon leaves the bar that night with someone else, he can’t stop thinking about Barbara. He finds her on Facebook, asks her to lunch and they end up going to a movie together, one of the romantic comedies she loves so much (hilariously, a spot-on recreation of the kind of cheese happening in *Baggage Claim*, which I also review this week, though the parody-within-a-movie here stars Channing Tatum and Anne Hathaway). They go to a movie, but not to

bed. In fact they do a lot of things before going to bed, all leading up to a fantastic scene in which they do some pretty rated-R making out in the hallway outside of Barbara’s apartment while she convinces Jon that what’s really hot is a man who takes some night classes.

And that’s how Jon ends up in a business course with Esther (Julianne Moore), a woman two decades his senior who is a complete mess. When he first sees her, she’s sobbing on the steps of the school. Later, she catches him

watching porn on his phone — something he’s resorted to since Barbara laid down the law about him never watching porn again. Though Esther offhandedly talks about getting high before coming to a class that she then falls asleep during, she has some interesting points to make when she suggests to Jon that his porn habit may not be all that healthy.

Since “comedy about Internet porn addiction” is probably not going to sell this movie for a lot of people, I’d highly recommend checking out the trailer. It contains a lot of what is excellent about this movie: Gordon-Levitt’s note-perfect performance, the smartly delivered commentary on the mind-warping powers of all media, the greatest use of Marky Mark and the Funky Bunch’s “Good Vibrations” possibly ever.

Don Jon makes a lot of promises in its trailer and in its opening minutes, and it delivers on all of them. We get a window on a particular set of characters — the Jersey guys, the Jersey girls, Jon’s white tank top-wearing father (Tony Danza), his sweetly overbearing mother (Glenn Headly), and his silent ever-texting younger sister (Brie Larson). And while these characters almost cross over into caricature, the movie pulls itself back in interesting ways to allow them to be real

REVIEWLETS

* indicates a movie worth seeing. For reviews of graded films, go to hippopress.com

Opening this week:**Gravity (PG-13)**

Sandra Bullock, George Clooney.
Alfonso Cuarón strands two extremely attractive people in space. Opens Friday, Oct. 4.

Runner Runner (R)

Ben Affleck, Justin Timberlake.
A math student trying to pay for college uncovers secrets about an online gambling business. Opens Friday, Oct. 4.

Coming soon:

Oct. 11: *Captain Phillips* (PG-13) from director Paul Greengrass starring Tom Hanks; *Machete Kills* (R), Richard Rodriguez’s sequel starring Danny Trejo.
Oct. 18: *Carrie* (R), a remake from director Kimberly Peirce of *Stop-Loss* and *Boys Don’t Cry*, star-

ring Chloe Grace Moretz and Julianne Moore; *Escape Plan* (R) starring Sylvester Stallone and Arnold Schwarzenegger; *The Fifth Estate* (R), with Benedict Cumberbatch as Julian Assange; *12 Years A Slave* (R), from director Steve McQueen starring Chiwetel Ejiofor, Benedict Cumberbatch, Brad Pitt, Michael Fassbender and Paul Dano.

In theaters:**Battle of the Year (PG-13)**

Josh Holloway, Chris Brown.
It’s a dance movie! A team trains for the big b-boying competition. Some screenings are in 3-D; plots and characters have 0 dimensions. **D+**

***Blue Jasmine (R)**

Cate Blanchett, Alec Baldwin.
A whole lotta acting (*Acting!*) goes in to this fascinating, aggravating riff on *A Streetcar Named Desire*. It’s, I don’t know, B-? Or B? Or F, depending on your

ability to tolerate all of Woody Allen’s little tics. **B-**, let’s say.

Closed Circuit (R)

Eric Bana, Rebecca Hall.
Sitting in the official Hollywood “we give up on this movie but we are obligated to put it in theaters” spot is this action-thriller starring Eric Bana as a British lawyer to finds himself tangled up in a conspiracy. **C+**

The Conjuring (R)

Lili Taylor, Vera Farmiga.
A family buys a secluded farmhouse and eventually find themselves in need of paranormal investigators. It’s always something with old houses, isn’t it? Termites, faulty electrical, demons... **B-**

Despicable Me 2 (PG)

Voices of Steve Carell, Kristen Wiig.
Gru and his minions return! **B-**

The Family (R)

Robert De Niro, Michelle

Pfeiffer.
Continuing to dine out on previous roles, De Niro plays a mobster who is in witness protection with his family and not quite able to adjust to a normal, non-tough guy life. **D+**

Getaway (PG-13)

Ethan Hawke, Selena Gomez.
Continuing the Ethan Hawke-as-action-star experiment, *Getaway* features a dude driving a fast car as part of a desperate scheme to save his kidnapped wife. **C-**

Lee Daniel’s The Butler (PG-13)

Forest Whitaker, Oprah Winfrey.
Loosely based on a real story, *The Butler* tells the story of an African-American butler who worked for eight presidents from the 1950s through the 1980s. **C+**

***The Heat (R)**

Sandra Bullock, Melissa McCarthy.

Directed by Paul Feig (of *Freaky and Geeks* and also director of *Bridesmaids*)! And written by Katie Dippold, a writer on *Parks & Recreation* (which Feig also directs)! I am 100 percent in the tank for this buddy-cop movie about an FBI agent and a Boston cop. **B+**

Insidious: Chapter 2 (PG-13)

Patrick Wilson, Rose Byrne.
Totally not-horrible 2010 horror movie *Insidious* gets a sequel starring much of the original cast. **B+**

Jobs (PG-13)

Ashton Kutcher, Josh Gad.
Kutcher biopics as Steve Jobs. **C**

Kick-Ass 2 (R)

Aaron Taylor-Johnson, Chloe Grace Moretz.
The further adventures of Kick-Ass, Hit Girl and the new villain, the Mother-blanker (not exactly, but you get the idea), son of the criminal Kick-Ass killed in the last movie. **C-**

Lee Daniel’s The Butler (PG-13)

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Loosely based on a real story, *The Butler* tells the story of an African-American butler who worked for eight presidents from the 1950s through the 1980s. **C+**

The Mortal Instruments: City of Bone (PG-13)

Lily Collins, Jemima West.
More young adult fantasy fare seeks its fortune on the big screen: An ordinary girl finds out she is descended from a line of demon-hunters. **C-**

Paranoia (PG-13)

Liam Hemsworth, Gary Oldman.
Tech titans battle and the kid from *The Hunger Games* gets caught in the crossfire. (No, the other kid.) **D**

Planes (PG)

Voices of Dane Cook, Julia Louis-Dreyfus.
Like *Cars* but with airplanes (and without Pixar). **C**

people, just slightly bigger. Jon himself is the best example of this — you think you know this guy, you think he’s every player who ever talked about the GTL lifestyle. But he’s not — he has more layers, more needs and ultimately he has more sense than you might suspect.

Don Jon is funny, smart and delightfully surprising. **A**

Rated R for strong graphic sexual material and dialogue throughout, nudity, language and some drug use. Written and directed by Joseph Gordon-Levitt, Don Jon is an hour and 30 minutes long and distributed by Relativity Media.

Baggage Claim (PG-13)
A flight attendant needs to find love in a hurry in *Baggage Claim*, a romantic comedy that remains in lock step with every convention of the genre, right down to the big, final-act chase through the airport.

I happened to see this movie on the same day I saw *Don Jon*, a movie that compares rom-coms to porn and features a fairly spot-on parody rom-com starring Anne Hathaway and Channing Tatum. That movie could have easily saved itself whatever those guys made in their few days of shooting by just using scenes from this deviation-free,

formulaic production.

Despite her mother’s (Jenifer Lewis) many unsuccessful marriages, Montana Moore (Paula Patton) inexplicably bows to her pressure that Montana hurry up and get hitched already. This pressure becomes unbearable when Montana’s younger sister Sheree (Lauren London) gets engaged and plans an engagement party in a month. Montana is determined to bring a strong husband prospect with her so she won’t feel like the lonely spinster (who is under 30 and seems to really enjoy the career she spends a lot of time at so maybe, you know, chill-ax lady-friend, but no, the movie isn’t having any of that). After her perfect-seeming boyfriend turns out to have a pregnant wife, Montana becomes a crazy person who agrees to participate in an illegal scheme cooked up by her co-workers, Sam (Adam Brody) and Gail (Jill Scott). Since they are also flight attendants and have friends working throughout the airport, they will spy on Montana’s ex-boyfriends’ travel plans so that she can be on whatever airplane they are on. (And, because it’s the holiday season, all of them will be flying at some point during the next month, naturally.)

Thus Montana crisscrosses the country to revisit the musician (Tremaine Neverson), the politician (Taye Diggs) and the rich dude (Djimon Hounsou). Wouldn’t you know it, though, she’s never quite as comfortable with any of them as she is with her long-time friend and across-the-hall neighbor William (Derek Luke).

In addition to the mad dash through the airport and the crazy hail-a-taxi scenes that end this movie, *Baggage Claim*’s rom-com clichés include sassy chubby friend (Scott’s Gail), sassy gay friend (Brody’s Sam), obvious-love-interest guy next door, “hilariously” awkward speech in front of strangers, potential boyfriend who buys her a dress, pretty jewelry, childhood item that symbolizes simple but true love, a wedding-dress-trying-on scene, a bouquet toss and an “I choose me” realization followed by near-immediate disregarding of same. Some people like their pizza with just

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MANHATTAN SHORT FILM FEST

Concord’s New Hampshire Technical Institute shows the 16th Annual Manhattan Short Film Festival this weekend, with screenings on Friday, Oct. 4, at 7 p.m., and Saturday, Oct. 5, at 2 p.m. and 7 p.m., at the Sweeney Auditorium, NHTI (31 College Drive, Concord). NHTI is one of 300 cities throughout the United States and across six continents screening the ten finalists in this year-long, audience interactive competition. Each viewer has an opportunity to rate the 10 films, and all votes count toward choosing the winner. Tickets are \$10 (free for NHTI students). Visit msfilmfest.com. Pictured, a still from the film *Pale of Settlement* by Jacob Stillman from the United States. Courtesy image.

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sausage and peppers or just pepperoni and mushrooms; this film's writer choose the works with a whole lot of extra cheese.

Baggage Claim isn't terrible, per se. The actors know their lines, the sets don't fall apart mid-scene. But it is a soul-crushingly mediocre, straightforward retelling of a very simplistic fantasy without a sense of humor, genuine romance or fun. C-

Rated PG-13 for sexual content and some language. Written and directed by David E. Talbert, Baggage Claim is an hour and 36 minutes long and distributed by Fox Searchlight.

Rush (R)

Race car drivers race in *Rush*, a pretty-to-look-at and otherwise totally fine biopic about Formula One racing.

“Totally fine” is not something you’re likely to see on a movie poster. “*Rush* is serviceable to kind of good! *Rush* is basically OK with moments of suspense! *Rush* is completely decent and worth the money if you’re seeing a matinee!” — these are also sentiments I’d endorse but that you probably won’t see on the movie’s TV commercials.

In 1970s Britain, hunky driver James Hunt (Chris Hemsworth) and serious driver Niki Lauda (Daniel Bruhl) begin a rivalry that will propel both men to try harder as they work their way to the goal of winning the Formula One world championship. Hunt, who is British, is dreamy and reckless, spending most of his time off the race track partying and hanging out with the ladies, even after he marries model Suzy Miller (Olivia Wilde). Lauda, who is Austrian, is decidedly unromantic about his profession — he says he’d do something else if he could make more money at it. But with his micromanaging of everything down to the weight of the engine and his desire to prove himself (to Hunt, to his disapproving father, etc.), Lauda makes up for his lack of flash with his single-minded work ethic.

You get the sense that the movie — which actually uses both characters for narration purposes — likes Lauda better as a character but needs the sexy Hunt (Hemsworth’s is the face on the movie poster) to sell the film. It feels gimmicky at times, breaking up scenes of Lauda worrying about what his apparently happy marriage to Marlene (Alexandra Maria Lara) might do to his ability to be coldly calculating on the track, with scenes that seem all about showing off the dishiness of Hunt and the blueness of Hemsworth’s blue eyes. But it’s a gimmick that basically works. Even though I never found myself really deeply curious about or caring about

these characters, I was sufficiently interested in their rivalry to feel mild excitement about races that happened nearly 40 years ago.

Again, “sufficiently” and “mild excitement” are not words that accompany full-throated endorsement. *Rush* looks great — there is a kind of juicy, golden sepia haze on everything that seems to have the effect of making everyone slightly more attractive. The race scenes are shot for maximum drama, the camera giving us a good sense of what it’s like to zip around a windy track in something only slightly more protected than a go-cart.

There isn’t much heft behind the sparkle of this movie, not quite enough layers to move the performances beyond really high quality men’s body wash commercial that I felt like I was watching. But if you’re not looking for depth, it offers a reasonable amount of excitement and an adequately entertaining story. B-

Rated R for sexual content, nudity, language, some disturbing images and brief drug use. Directed by Ron Howard and written by Peter Morgan, Rush is two hours and three minutes long and distributed by Universal Pictures.

Cloudy with a Chance of Meatballs 2 (PG)

The food machine from the first movie now creates not just cheeseburgers but new food-hybrid animals in *Cloudy with a Chance of Meatballs 2*, a movie that is possibly better than its predecessor.

Or I’ve lowered my standards. Either or both is possible.

Picking up minutes after the last movie ended, inventor Flint Lockwood (voice of Bill Hader), his dad Tim Lockwood (James Caan), his buddy/meteorologist Sam Sparks (Anna Faris), his monkey Steve (Neil Patrick Harris), the town police officer Earl Devereaux (Terry Crews) and all the rest of the inhabitants of the island town of Swallow Falls are forced to relocate while the good folks of Live Corp. clean up the town. Or maybe not-so-good folks — Live Corp.’s owner, Chester V (Will Forte), doesn’t actually seem to be cleaning up the island as promised. Whatever the company’s actual goals, it’s decided that the way to keep Flint from asking questions is to co-opt him. Now he’s one of the scientists at the massive Live Corp. campus, spending his days in hopes that one of his ideas will get him an orange vest and make him an official Live Corp. inventor. When his first attempt at wowing the crowd with an invention fails, he agrees to Chester V’s assignment to go

BROOKLYN NINE-NINE



I am in for at least the first episode of whatever Andre Braugher does. As such, I saw at least the first episodes of *Last Resort*, *Gideon’s Crossing* and *Thief*. But *Brooklyn Nine-Nine*, unlike those previous Braugher outings, is a show I’ll actually be coming back for — and, shockingly, it’s as much for Andy Samberg of all people as it is for Braugher (whom I’ve been a fan of ever since his *Homicide* days).

Samberg, the *Saturday Night Live* alum best known for his music videos and movies where he plays some kind of man-boy, is the pleasant surprise of *Brooklyn Nine-Nine*. He plays man-boy detective Jake Peralta, who is actually a skilled police officer but who spends most of his energy on being a Bart Simpson with a badge. The “a stranger comes to town” element that kicks off the show is the arrival of Captain Ray Holt (Braugher) as the new head of Peralta’s precinct. Holt is by the books, of course, but has a dry sense of humor and has something to prove: he’s a stand-out police officer getting his first command later in his career than he should have because he’s gay. His goal is to make the precinct better and prove that he’s got the stuff to rise even higher.

It’s standard cop-show stuff, but *Brooklyn Nine-Nine* does a good job of sending up all the standard types — Peralta is the class clown but he also cares deeply about his job, Holt is (as other reviewers have pointed out) a play on the prickly detective Braugher’s best known for playing. Supporting characters — the teachers’s pet-ish Detective Santiago (Melissa Fumero), the dorky Detective Boyle (Joe Lo Truglio), the tough-girl he has the hots for Detective Diaz (Stephanie Beatriz), the risk-averse Sgt. Jeffords (Terry Crews) — seem a little caricature-ish at this point (only two episodes had aired as of this reivew) but all have potential to be fun, layered characters in their own right.

Though it isn’t quite the same dry mockumentary of the ordinary, *Brooklyn Nine-Nine* feels like a nice, goofy variation on some of the workplace themes that *The Office* explored. In a year when comedies seem to be going broad, the show is a welcome addition to Fox’s stable of quirkier sitcoms.

New episodes of *Brooklyn Nine-Nine* air on Tuesdays at 8:30 p.m. on Fox.

back to Swallow Falls in search of his food machine, which is now churning out food animals that threaten to swim to the mainland and wreak destruction on the world. Though Chester V tells him to keep the trip a secret, Flint ends up taking all his friends, setting up a stand-with-his-buddies versus stand-with-his-idol tension.

On arriving in Swallow Falls, the gang finds tacodiles, mosquitoasts, watermelophants and sentient pickles, marshmallows and lumps of butter. Sam wants to study these new animals, but Chester V seems to have more nefarious plans.

As with the first movie, the talky parts of the plot — Will Flint pick Chester V over his friends? What is Chester’s evil scheme? — feel muddled and rather dull. But scenes of Flint’s dad teaching pickles how to fish for sardines or Sam befriendng a spunky strawberry have a

sweet, quirky charm. When the movie was just having fun with the food-animal mash-up ideas and creating this strange, colorful world, I found myself not caring about Flint, sure, but also not caring that I didn’t care about the main story. There is a kind of storybook wonder with which the movie approaches the food island, and I found that to be enough to hold my interest even when the rest of the story seemed a little too angsty. B

Rated PG for mild rude humor. Directed by Cody Cameron and Kris Pearn with a screenplay by John Francis Daley, Jonathan M. Goldstein and Erica Rivinoja (from characters by Judi Barrett and Ron Barrett and a story by Phil Lord, Christopher Miller and Erica Rivinoja), Cloudy with a Chance of Meatballs 2 is an hour and 35 minutes long and distributed by Sony Pictures. 🍌

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635-7499
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644-4629, cinemagicmovies.com
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32 Reiss Ave., Lowell, Mass.,
978-551-0055

MOVIES OUTSIDE THE CINEPLEX

RED RIVER THEATRES
• *In a World ...* (R, 20113) on
Thurs., Oct. 3, at 2, 5:40 & 8
p.m.; Fri., Oct. 4, at 1:15, 3:30,
6 & 8:15 p.m.; Sat., Oct. 5, at
1:15, 3:30, 6 & 8:15 p.m.; Sun.,
Oct. 6, at 1:15 & 8:15 p.m.;
Mon., Oct. 7, at 2:05, 5:30 &
7:45 p.m.; Tues., Oct. 8, at 2:05,
5:30 & 7:45 p.m.; Wed., Oct.
9, at 2:05, 5:30 & 7:45 p.m.; &
Thurs., Oct. 10, at 2:05 p.m.
• *Short Term 12* (R, 2013) on
Thurs., Oct. 3, at 2:05, 5:30 &
7:45 p.m.
• *Museum Hours* (NR, 2013) on
Thurs., Oct. 3, at 2:10 & 7 p.m.
• *Enough Said* (PG-13, 2013) on
Fri., Oct. 4, at 1, 3:15, 5:40 & 8
p.m.; Sat., Oct. 5, at 1, 3:15, 5:40
& 8 p.m.; Sun., Oct. 6, at 1, 3:15,
5:40 & 8 p.m.; Mon., Oct. 7, at
2, 5:40 & 8 p.m.; Tues., Oct. 8,
at 2, 5:40 & 8 p.m.; Wed., Oct.
9, at 2, 5:40 & 8 p.m.; & Thurs.,
Oct. 10, at 2, 5:40 & 8 p.m.
• *Trials of Muhammad Ali*
(NR, 2013) on Fri., Oct. 4, at 2
& 7 p.m.; Sat., Oct. 5, at 2 & 7
p.m.; Sun., Oct. 6, at 2 & 7 p.m.;
Mon., Oct. 7, at 2:10 & 7 p.m.;
Tues., Oct. 8, at 2:10 p.m.; Wed.,
Oct. 9, at 2:10 p.m.; & Thurs.,
Oct. 10, at 2:10 & 7 p.m.
• *Grease* (PG-13, 1978) on Sun.,
Oct. 6, at 4 p.m.
• *The Phantom of Crestwood*
(NR, 1932) on Sun., Oct. 6, at
4 p.m.
• *Interview with A Vampire* (R,
1994) Thurs., Oct. 10, at 7 p.m.
• *The Weight of the Nation* on
Thurs., Oct. 24, 4-6 p.m.

**CAPITOL CENTER FOR
THE ARTS**
44 S. Main St., Concord, 225-
1111, ccanh.com
• *Macbeth* on Thurs., Oct. 17,
at 6 p.m. National Theatre Live
broadcast.
**MANCHESTER CITY
LIBRARY**
405 Pine St., Manchester, 624-
6550, manchester.lib.nh.us
• *Harvey* (1950) Wed., Oct. 9,
at 1 p.m.
• *The Journey of Natty Gann*
(PG, 1985) Wed., Oct. 16, at 1
p.m.
• *Lincoln* (PG-13, 2013) Wed.,
Oct. 23, at 1 p.m.

**WEST BRANCH
COMMUNITY LIBRARY**
76 N. Main St., Manchester,
624-6560, manchester.lib.nh.us
• *Skyfall* (PG-13, 2012) on Fri.,
Oct. 4, at 3 p.m.
• *The Croods* (G, 2013) on Fri.,
Oct. 11, at 3 p.m.
• *Star Trek Into Darkness* (PG-
13, 2013) on Fri., Oct. 18, at 3
p.m.

**BEDFORD PUBLIC
LIBRARY**
3 Meetinghouse Road, Bedford,
472-3023, bedfordonline.com,
free movie at 2 p.m. on the third
Sunday of the month, presented
through Parks & Recreation
• *The Big Wheel* (1949) on Sun.,
Oct. 20, at 2 p.m.
• *The Sunshine Boys* (PG,
1975) on Sun., Nov. 17, at 2 p.m.

**NEW HAMPSHIRE
TECHNOLOGY
INSTITUTE**
31 College Drive, Concord, 271-
6484, ext. 4101
• *16th Annual Manhattan
Short Film Festival* on Fri.,
Oct. 4, at 7 p.m., and Sat., Oct. 5,
at 2 p.m. and 7 p.m., msfilmfest.
com, sambra@ccsnh.edu
• *The Third Man* (1949) on Fri.,
Oct. 18, at 7 p.m.

FOX RUN STADIUM 15
45 Gosling Road, Newington
• *Def Leppard Viva! Hysteria
Concert* on Tues., Oct. 8, at 8
p.m.
• *Merrily We Roll Along* on
Wed., Oct. 23, at 7 p.m.

KELLEY LIBRARY
234 Main St., Salem, 898- 7064,
kelleylibrary.org, features a
movie night the first Thursday
of the month at 6:30 p.m.
• *A Beautiful Mind* (PG-13,
2001) on Fri., Oct. 11, at 6:30
p.m.
**PETERBOROUGH
PLAYERS THEATER**
55 Hadley Road, Peterborough,
924-9344, showings of The
MET: Live in HD, National
Theatre Live
• Tchaikovsky's *Eugene Onegin*
on Sat., Oct. 5, at 1 p.m.
• *The Audience* with Helen Mir-
ren on Sun., Oct. 13, at 7 p.m.

**POLLARD MEMORIAL
LIBRARY**
401 Merrimack St., Lowell,
Mass., 978-970-4120, pollard-
ml.org, Film night on second
Thursday of the month at 6:30
p.m.
• *Lucky* A film by Avie Luthra
on Thurs., Oct. 10, at 6:30 p.m.

THE MUSIC HALL
28 Chestnut St., Portsmouth,
436-2400, themusichall.org,
Some films are screened at
Music Hall Loft, 131 Congress
St..
• *Eugene Onegin* on Sat., Oct.
5, at 1 p.m. Live, HD screening
at the Met.
• *NH Film Festival* Thurs.,
Oct. 17, through Sun., Oct. 20,
nhfilmfestival.com
• *The Cabinet of Dr. Caligari* on
Thurs., Oct. 24, at 8 p.m.
• *Multimedia Historic Tour*
Sat., Oct. 12, at 2 p.m.; Wed.,
Oct. 16, at 5:30 p.m.

**NEWBURYPORT
SCREENING ROOM**
82 State St., Newburyport,
Mass., 978-462-3456, newbury-
portmovies.com
• *Blackfish* (PG-13, 2013) Fri.,
Sept. 27, through Thurs., Oct.
10: Monday through Friday at
7:30 p.m.; Saturday at 4:45, 6:45
& 8:45 p.m.; & Sunday at 5:30
& 7:30 p.m.
• *Still Mine* (PG-13, 2012) Fri.,
Oct. 11, through Thurs., Oct. 24:
Monday through Friday at 7:30
p.m.; Saturday at 4:14, 6:30 &
8:45 p.m.; & Sunday at 5:15 &
7:30 p.m.

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Nite Roundup

By Michael Witthaus
mwitthaus@hippopress.com

- **Slamming:** Aspiring poets read their work at an open mike followed by a feature set from **Emily O'Neill**. The New Jersey-born storyteller is a National Poetry Slam veteran and founding member of nationally touring troupe No More Ribcage. She holds a degree in the synesthesia of storytelling (there is such a thing) and owns a pet shark. The regular slam ends the evening. Attend Slam Free or Die on Thursday, Oct. 3, at 7 p.m. at Milly's Tavern, 500 Commercial St., Manchester. More at facebook.com/SlamFreeorDie.

- **Artful:** Enjoy Italian baroque music from **The Seraphim Duo** — the sister act of harpist Marilinda Garcia and flutist Bianca Garcia — while looking at landscape and gothic paintings by local artist David Clayton and sipping wines from California, France and Italy. It's the first of what photographer and entrepreneur Matthew Lomanno hopes will be many arts-centric Millyard events. Attend Art in the Mills on Friday, Oct. 4, at 6 p.m. at the Amoskeag Studio, 250 Commercial St., Suite 2007, Manchester. See facebook.com/AmoskeagStudio.

- **Experimental:** A unique evening includes free jazz improvisation from **23 Quartet**, hypnotic soundscapes from electronic composer **Mysterybear**, video art and **David Kontak's** gorgeous, ergonomically designed guitars, groan tubes and similar otherworldly instruments. Also appearing are event organizers Marc Blisson and Dei Xhrist. Attend the Evening of Experimental Sound & Video Art on Saturday, Oct 5, at 8 p.m. at Kimball Jenkins Carriage House, 266 N. Main St., Concord. See deixhrist.wordpress.com.

- **Pioneering:** Though different from the band that launched the horror punk subgenre in the late 1970s, The Misfits continue with sole founding member Gerald Caiafa a/k/a Jerry Only. At one time the frequently fluctuating lineup featured Marky Ramone; for more punk rock bonafides, former Black Flag guitarist Dez Cadenza is a current member. Their most recent album is 2011's *The Devil's Rain*. See The Misfits on Sunday, Oct. 6, at Bernie's, 522 Amherst St., Nashua. Tickets are \$25 at ticketmaster.com.

- **Pairing:** While their band takes a year-long sabbatical, Saw Doctors members Leo Moran and Anthony Thistlethwaite are touring as an acoustic duo. The two plan to play familiar and lesser-known selections from their catalog, tell stories and pretty much leave the set list at the door for what promises to be a free-ranging and entertaining evening of Irish folk rock. See Moran and Thistlethwaite Wednesday, Oct. 9, at 8 p.m. at Tupelo Music Hall, 2 Young Road, Londonderry. Tickets are \$25 at tupelohall.com.

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NITE

Blessed with material

Political comic Maher comes to Concord

By Michael Witthaus
mwitthaus@hippopress.com

When Bill Maher walks on stage at the Capitol Center for the Arts on Oct. 5, it will be his first-ever appearance in New Hampshire. The comic and *HBO Real Time* host is looking forward to it; he traveled to the Granite State in 1996 during primary season with his previous talk show, *Politically Incorrect*, back when it was on Comedy Central.

"I remember Chris Rock was our correspondent," said Maher. "I will never forget him. He told us he was having a very difficult time finding hair care products."

Maher spoke with the Hippo from the Real Time offices in Los Angeles.

What are your thoughts on people looking to comics for commentary and shows like Real Time for news?

Well it's not ideal. It is sort of like when I was in school and the teacher would say, it's OK to read the Cliff Notes with the book but make sure you read the book — of course, we just all read the Cliff Notes. But it is better than not knowing what the story is at all, I think. If people are going to need to have a little sugar to get the medicine to go down, I'm honored to be providing that sugar.

You use the Real Time bully pulpit, as with Carl Hart. He has an interesting view on U.S. drug policy.

Yes, he does. I have been looking forward to having him on for quite some time and presenting a view that I think you don't hear very often in America, which is let's look at drugs like adults. It's not all black and white. 'Just Say No' was a cute phrase 30 years ago from Nancy Reagan, but isn't it time we grow up and recognize that it's very nuanced, and I think he's a great one to talk about that.

Hart also says the pro-legal pot lobby has hindered a larger goal — decriminalization of all drugs.

I would agree, and part of the argument is that marijuana always led to other drugs, which I have always said, thank you. I'm glad something did.

Do you try too hard to be balanced by inviting guys like Stephen Moore and Grover Norquist as guests?

Well, it's a debate show. We're trying to get out different points of view. How can you do that if you only bring out people you agree with? Now there are times when we



Bill Maher. Courtesy photo.

have three people who are basically liberal and it still can be a good discussion. We are not looking for a shouting match; it's not *Crossfire* in the '90s. So you can have three liberals that have different nuanced points of view, and that can be a good show. But in general, I think it's only fair to represent the other half. It is half the country; we are equally divided between liberal and conservative, Republican and Democrat. And if you don't bring on these people you will not hear their point of view, and I generally disagree with their point of view, and I think nothing convinces America better than hearing it from themselves because they don't have a good hand to play; they are NOT dealing with facts usually; they are in their alternative reality universe, and I think sunlight is the best disinfectant.

How do you maintain a strong political voice and a standup comedy career — unlike, say, Dennis Miller?

Well that's not a hard contradiction. You have to have a point of view in order to be a political comedian, so the fact that I have a consistent and strong one is only good.

I'm not trying to appeal to everybody. Sometimes there are conservatives in the audience at my show, and I'm not sure why they come. It's a brutal beat down. But when I look at them in the audience, I can see that they've probably been dragged there by their liberal wives; you know, because they're such big, tough, macho guys there on the right [laughs]. But what makes it work is hard work, and that's something you have to do to maintain a standup act. I work on it constantly. It's my joy and pleasure and I love tinkering with my act [and it] changes all the time because I'm working out of the news. I'm not one of those comedians trying to make fun of the ketchup bottle on the dining room table. I'm just working with material that I'm blessed to be given — *especially* material that makes fun of the right. You mention Dennis Miller. One reason why Dennis Miller or any

Bill Maher

Where: Capitol Center for the Arts, 44 Main St. in Concord

When: Saturday, Oct. 5, at 8 p.m.

Tickets: \$59.50 to \$89.50 at ccanh.com

conservative comedian has a hard time is because they don't have the material to work with, because the Democrats are NOT crazy. You may disagree with them; I mean, I saw Dennis' last special, and he did 10 minutes on how stupid Nancy Pelosi was. He was trying to ... I guess get back at the way we make fun of Sarah Palin; but Nancy Pelosi is *not* the equivalent of Sarah Palin. Again, you may not agree with her, but she does not strike people as stupid, she does not say stupid things. If you ask her what she reads, she is not stumped. Democrats do not say things like "fetuses masturbate in the womb" and "legitimate rape" — stuff I could not create even if I was trying to write crazy material. So I just have a lot more to work with because the people I'm making fun of are *crazy* ... and making fun of religion is another barn door. If you can't hit that as a comedian, you should just get out of the business.

You spent \$1 million out of your own pocket to reelect President Obama. Did you get your money's worth?

Oh, absolutely. I think it is very easy to sit as the pundits do and take pot shots, and look, I was the first one out of the box to be criticizing Obama, and I still do on a number of issues that I think he gets wrong. But in general I think he's done pretty damn well and you have to consider the alternative and remember that elections really do have consequences. Just to give you one example, this past week Obama announced that the EPA is going to ignore Congress,

which never does anything on global warming, and take a much bigger role and clamp down on coal-burning factories. Okay, if Mitt Romney had been elected president, we wouldn't be doing that. In fact, we would be talking about abolishing the EPA, and I want the EPA. Because I have this thing about air and water, I kind of like them.

Politically Incorrect launched *entertainers talking about issues; some say they should shut up and sing. What do you think?*

Well, I somewhat agree, and that is one reason why I got tired of that show. I think it was a cute show and a planned train wreck every night and that was very often amusing and sometimes enlightening. But the show that I have gone on to do for the last 12 years is not that show at all. It's not inviting just anybody who is breathing [and] it's a once-a-week show. And there are not very many celebrities ... that is not the currency we deal with now. There are a few, but if there are, they have to be really, really good at politics — absolute political junkies. That's why you have the Ben Afflecks and the Alec Baldwins; those people can cut it on a panel. But you can go a long time and not see a show business person on our panel. I mean, that's why we have that mid-show guest slot; that's for a celebrity. Somebody's who intelligent but not really panel material, because those are the pros. It's not easy being on the panel. You've really got to know your stuff. 🍷

CHRISTOS COMES HOME



Granite stater Charlie Christos has impressed audiences around New England with his vocal and guitar playing talents. He will take the stage at The Homestead (641 DW Highway, Merrimack) on Saturday, Oct. 5, at 7 p.m. If you can't make it this Saturday, swing by the restaurant any Monday night in October, as Christos has taken up a residency from 6 to 9 p.m. Call 429-2022 or visit homesteadnh.com. Visit charliechristos.com.

Nightlife
Music, Comedy & Parties
• **CARTER SCHADE** will perform at the Merrimack Valley Baptist Church (500 Boston

Post Road, Merrimack) Thurs., Oct. 3, at 7 p.m. Schade is a 12-year-old pianist, who recently released his first album, *Still*. Admission is free. Visit [\[schade.com\]\(http://schade.com\).](http://carter-</p></div><div data-bbox=)

- **MARY GATCHELL** will perform at the Leddy Center (38C Ladd's Lane, Epping) Fri., Oct. 4, at 7:30 p.m. Gatchell, a singer, pianist and composer, will be joined by a full band. Call 679-2781, email info@leddycenter.org or visit leddycenter.org.
- **SATISFACTION - THE INTERNATIONAL ROLLING STONES SHOW** at the Lebanon Opera House (51 N. Park St., Lebanon) Fri., Oct. 4, at 7:30 p.m. Tickets are \$25. Call 448-0400 or visit lebanon-operahouse.org.
- **THE INTERNATIONAL BLUES EXPRESS** at the Dana Center for the Humanities (100 Saint Anselm Drive, Manchester) Fri., Oct. 4, at 7:30 p.m. Cedric Watson, Bijou Creole and Sidi Toure will perform. Tickets are \$33.75. Call 641-7700 or visit anselm.edu/dana.
- **EAST BAY JAZZ ENSEMBLE** at the Claremont Opera House (58 Opera House Square, Claremont) Sat., Oct. 5, at 8 p.m. Tickets are \$18. Call 542-4433 or visit claremontoperahouse.org.
- **TED ALEXANDRO** at the Silver Center for the Arts (114 Main St., Plymouth) Sat., Oct.

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An artist's job

With music, Sidi Touré helps his country heal

By Michael Witthaus
mwitthaus@hippopress.com

Alafia, the title of Sidi Touré's new album, translates to "peace" in his native dialect — and many others. The Malian singer chose it in response to 18 months of strife in his country, marked by a coup d'état and jihadist takeover that finally ended when France and other African states intervened. Touré, who'd recorded most of the record outside of Mali, was able to finish *Alafia* in Bamako, the capital city.

"The album title came at the perfect moment — I wanted to use the word as a unifier," Touré said through a translator recently. "It means the same thing in about five or six languages spoken in the north of Mali [and] in a logical sense, it comes from Arabic. It all has the same root."

The troubles in Mali caused Touré to become a spokesman of sorts, a role he welcomed. "First of all, musicians have always been spokespeople — it's part of the job," he said. "It's up to people whether or not to listen to what artists have to say, but usually they're speaking the truth that

they observe in everyday life, and they hope that people will listen to the things that are being said in the songs and interviews."

But Touré has no wish to be the Steve Earle of Mali and insisted that his lyrics aren't about specific issues.

"Musicians can get a little bit of politics, but they should just put their toe in the water, not their whole foot," he said. "I try to ... offer my own observations of everyday life and help at that point."

A good example of this philosophy is found on "Ay Takamba: My Takamba," a joyous track from the new album.

"First of all, you should know that after a storm comes good weather again," said Touré. "A takamba is a festive dance from the north saved for times when people are happy. I made this song to call all of the citizens to get together and have a happy time and reconcile after all the troubles over the last year. That was my metaphor from the beginning; after war time it is time to have happy times and dance together."

Touré departed from his apolitical posture to comment on the recent inauguration of President

Ibrahim Boubacar Keïta.

"I've never voted in my life before, but because this man was running I voted for the first time ever," he said. "Because this man knows we really needed to have peace ... I feel there is a promising future ahead."

Touré is sharing the stage with Cajun multi-instrumentalist Cedric Watson for a series of dates dubbed the *International Blues Summit*; the tour stops in Manchester on Oct. 4. Although they're distinctly different, Touré believes the two share a great deal.

"When I hear his style of playing, it's almost like listening to someone from my own home town, lost and re-found in Louisiana," he said. "Because we share African ancestry, even after all these years."

Ali Farka Touré, a renowned Malian guitarist who died in 2006, influence Touré's own frenetic fingerpicking style.

"May he rest in peace, he was an inspiration for all the people in my region of Mali," he said.

This is Touré's third American tour, and years of travel have helped expose him to music made outside his country.



Sidi Touré. Photo by Johnathan Crawford.

"People bring me different CDs that are similar to my music that I love to listen to ... lots of jazz and blues, but all different genres," he said. "I always look forward to going back to the U.S., like most international musicians. We love touring and pleasing people with our music and seeing friends we've made."

International Blues Summit with Cedric Watson & Bijou Creole and Sidi Touré

When: Friday, Oct. 4, 7:30 p.m.
Where: Dana Center, Saint Anselm College in Manchester
Tickets: \$33.75 at tickets.anselm.edu

NO INSTRUMENTS? NO PROBLEM



Tuckermans at 9, a seven-piece a cappella ensemble, will take the stage at the Scenic Theatre (6 Depot St., Pittsfield) on Saturday, Oct. 12, at 7:30 p.m. The Seacoast band's repertoire touches on pop, rock, blues and jazz, spanning more than five decades. Tickets are \$10 at the door and proceeds will benefit the theater. Call 435-8852 or visit tuckermansat9.com.

5, at 8:30 p.m. Alexandro's stand up comedy has opened for Louis C.K. and appeared on a variety of television shows. Tickets range from \$15 to \$25. Call 535-2787 or visit plymouth.edu/silver-center.

• **KATE CHADBOURNE** will perform at the Bedford Public Library (3 Meetinghouse Road, Bedford) Sun., Oct. 6, at 2:30 p.m. Chadbourne's performances include traditional stories with music played on harp, flute, piano and vocals. Visit bedford.lib.nh.us.

• **DON CAMPBELL TRIO** will perform at the West End Studio Theatre (959 Islington St., Portsmouth) Sun., Oct. 6, at 7:30 p.m. The show will be part of the ACT ONE Festival. Tickets are \$18 for general admission and \$16 for seniors and students. Call 300-2986 or visit actonenh.org.

• **CLARA BERRY AND WOOLDOG** at Sonny's Tavern (328 Central Ave., Dover) Tues., Oct. 8, at 8 p.m. The performance will be in support of their new album *The Magician's Wife*.

Visit sonnystaverndover.com or claraberry.com.

• **HAUNTED HOUSE PARTY** at Drynk (20 Old Granite St., Manchester) Sun., Oct. 13, at 7 p.m. This is an under 21 event. Tickets are \$5 in advance and \$10 at the door. Visit drynknh.com.

• **WITCHES COSTUME BALL** at the Holiday Inn (9 Northeastern Blvd., Nashua) Sat., Oct. 19, 7 p.m.-midnight. Hosted by Ancient Moon and Dare to Imagine, the event will feature dancing, music, a cash bar, readings, raffles and more. Call 718-1162 or visit ancientmoonsite.com.

• **AMY REGAN** will perform at Jeca Yoga (55 S. Commercial St., Manchester) Fri., Oct. 25, at 7 p.m. The performance is part of Regan's yoga studio concert series. Cost is \$15 in advance and \$20 at the door. Visit jecayoga.com/events.

• **ROWAN'S HOPE BENEFIT CONCERT** at the Stockbridge Theatre (5 Pinkerton St., Derry) Sat., Nov. 2, at 7 p.m. The concert will raise money for Rowan,

a local 2-year-old girl with Morquio's Syndrome, which requires her to take weekly trips to Chicago for treatment. The Jimmy Lehoux Band will perform. Tickets are \$15. Call 437-5210 or visit stockbridgetheatre.com.

• **THE FRED BUDA QUINNET** will perform at the Paul Creative Arts Center (30 Academic Way, Durham) Mon., Nov. 4, at 8 p.m. The performance is part of the UNH Traditional Jazz Series. Tickets are \$8 for general admission and \$6 for students and senior citizens. Call 862-2404 or visit unh.edu.

• **TRACY LAWRENCE** will perform at Fairground Middle School (27 Cleveland St., Nashua) Sun., Nov. 10, at 4 p.m. Proceeds benefit the Nashua school district's music department. Tickets are \$35 for general admission and \$55 for a VIP meet and greet. Middle school students will perform as the opening act. Call 1-877-71-TICKETS or visit showclix.com.

• **CHRIS SMITHER** will per-

form at the Peterborough Players Theater (55 Hadley Road, Peterborough) Sat., Jan. 18, at 8 p.m. Tickets range from \$20 to \$25. Call 827-2905 or visit pfmcconcerts.org.

• **DISCOVER THURSDAY FALL PERFORMANCE SERIES** at Discover Portsmouth (10 Middle St., Portsmouth) every Thursday, at 7 p.m. Each Thursday through Dec. 19 will feature a different act. There will not be a performance on Oct. 17, Oct. 31 and Nov. 28. Call 436-8433 or visit portsmouthhistory.org.

• **ORIGINAL MUSIC VENUE** at Riverwalk Cafe & Coffee House (35 Railroad Square, Nashua) every Friday, 7:30-10 p.m. Open mike featuring local performers playing strictly original music. Call 578-0200 or visit riverwalkroasters.com.

Chess

• **CHESS CLUB** open to players of all levels, 7 to 9 p.m. Fridays at Nashua Public Library, 2 Court St., Nashua. Call 589-4600.

Bring down the big "C"

Breast cancer benefit concert comes to Manchester



Max Voltage, one of the bands that will be performing at Rock to End the Big "C." Courtesy photo.

By Cory Francer
cfrancer@hippopress.com

Jules Loehr considers herself one of the lucky ones. After receiving a breast cancer diagnosis in 1998, a combination of early detection and a strong support network helped her get a clean bill of health in 1999.

But, Loehr said, not everyone who receives a cancer diagnosis is as lucky, and after she got through her bout with the illness, she vowed to do everything in her power to help others in need. As a lifelong music fan, her natural inclination was to create a fundraising rock concert; in 2008 the Milford resident hosted Milford Rocks for a Cure.

Though it was a small show with three bands, Loehr said that event resulted in \$2,000 and she's ready to raise the stakes. She said she changed the organization's name to New Hampshire Rocks for a Cure and on Sunday, Oct. 6, the group will host the first Rock to End the Big "C" at Milly's Tavern in Manchester. The concert will include nine performances from noon to 10 p.m. and will raise money for Making Strides Against Breast Cancer and the Norris Cotton Cancer Center.

"That's literally three times the bands, three times the sponsors, and there have been gracious donations that have been coming in to use in raffles and silent auctions," she said.

Loehr said every band she asked agreed to play a set and she even had to turn some bands down because of how many agreed to sign on.

Justin Rigoli, guitarist and lead singer of Wilton-based Ajar Project, said his band didn't think twice about playing. He said keyboard player Tom DeFelice's wife had her own bout with breast cancer and the band is excited to help out a cause that has such personal ties.

"Whenever we can, if there is a show for a great cause and with other great bands, we want to be on that bill," Rigoli said. "It hits close to home with us, so it's good to make a difference."

Rock to End the Big "C"

When: Sunday, Oct. 6, noon to 10 p.m.

Where: Milly's Tavern, 500 Commercial St., Manchester

Cost: \$10 for adults, free for kids under 12

Contact: Visit millystavern.com and find the event on Facebook.

Other bands scheduled for the event include Acoustic BS, Take 4, Justin Goodrich, Black Ace, Still Well Angel, Max Voltage and a headlining set by the Brooks Young Band.

"It's good exposure for us, but more importantly the cause is a good cause," Max Voltage drummer Jim Belanger said. "The past couple bands I have been in have participated in one form or another in an October cancer benefit."

Loehr said she wanted to include kids activities throughout the day to make sure the event maintained a family friendly atmosphere. A fan of the Manchester Monarchs she asked a team employee if the Monarchs would be interested in taking part. Just like the bands, Loehr said, the team agreed immediately and will bring a slap shot game to Milly's.

Loehr said there will also be a list of raffle and auction items, including a pink Fender Stratocaster from Indie Music in Milford signed by all of the day's performers.

"That's our baby," she said. "That's a piece of the event we're hoping someone pays top dollar for because it's a piece of our own music history."

Though this is the first event for New Hampshire Rocks for a Cure, Josh Rowsey, vice president of the group, said he's looking forward to expanding in the future.

"Our goal is, while this is the big event for the year, we want to do smaller events throughout the course of the year for New Hampshire Rocks for a Cure," he said. "It doesn't necessarily have to be for breast cancer and not necessarily for cancer at all. There are a lot of different ailments out there."

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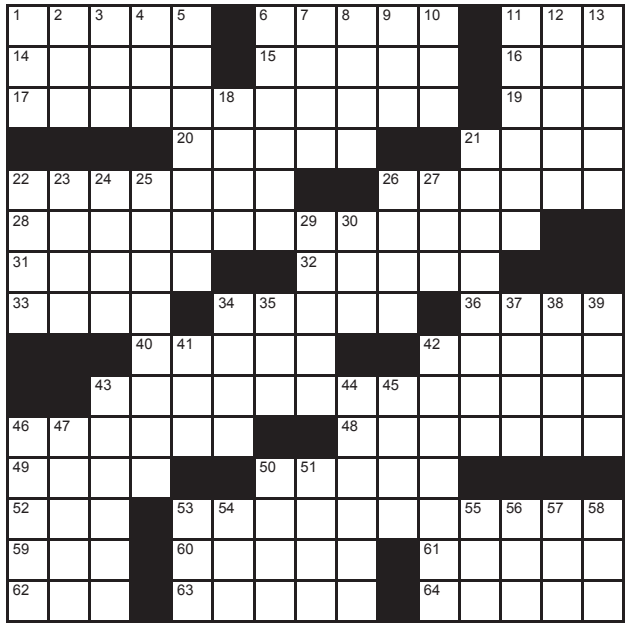
**13 LOCALS AROUND
NEW ENGLAND**

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BE-BOP, SKEE-DOP

Across

1. 'You Dropped ___ On Me' Gap Band (1,4)
6. Groupie starting point
11. Famous mixer/producer Clearmountain
14. Classic CSN album (2,3)
15. Madonna 'Sooner Or ___'
16. Where a Wallflower has a 'Heartache'(abbr)
17. Steve Miller "Some people call me the ___" (5,6)
19. Singer/pianist Folds
20. George Thorogood 'I Drink ___'
21. Doors "And our love become a funeral ___"
22. Procul Harem '___ Shade Of Pale' (1,6)



26. Musician that plays the oboe
28. '95 Springsteen album '___ Joad' (3,5,2,3)
31. Muddy Waters sidekick Junior
32. Darren Hayes 'Sense Of ___'
33. Janis Joplin 'Down ___' (2,2)
34. Piano key material
36. Dance Hall singer Banton
40. Star bed sheet material
42. Elliot Smith '___ Candle'
43. 'Macho Man' band (7,6)
46. Alanis Morissette "___ your fault" (3,3)
48. You take them at Berklee
49. What some jazz does
50. Journey axe slinger Neil
52. Santana '___ Como Va'
53. Alice Cooper-inspired Regina Spektor song? (6,2,3)

9/26



59. Lisa Lisa loves from 'Head' to this
60. Rainbow 'Bent Out Of ___'
61. Clapton '___ Time'
62. ELP 'The ___ Of Baba Yaga 1'
63. Kinks 'Where Have All The Good ___ Gone'
64. Willie Nelson 'How I ___ Up With A Classical Guitar'

Down

1. Big & Rich 'Kick My ___'
2. Cyndi Lauper 'She ___'
3. Depeche Mode 'Barrel ___ Gun' (2,1)
4. Studio substitute
5. Might take 10 of them before stage
6. Level seats are on them
7. Type of 'Boy' to Phish
8. "Speaking words of wisdom, let ___" (2,2)
9. 'Ridin' The Storm Out' ___ Speedwagon
10. Nelly Furtado 'Folklore' single
11. Prince '___ A Star' (4,2)
12. Simon And Garfunkel 'Bookends' song
13. 'Pretty Baby' R&B guy Eric
18. Boston band Letters To ___
21. Warren Zevon '___ Pitiful Me' (4,4)
22. Gloria Estefan 'Love On ___ -Way Street' (1,3)
23. Babyface '___ Can I See You'
24. 'The Night They Drove Old Dixie Down' singer Levon
25. 'I Like It' Enrique
26. Green Day "Cause it's just one ___ lies!" (2,2)
27. 'Let It Ride' Canucks (abbr)
29. Clothing article Sisqo likes
30. 'Superman's Dead' ___ Lady Peace
34. Offspring '___ Be A Long Time'
35. Eric Johnson 'Ah ___ Musicom'
37. They come in stacks
38. Arctic Monkeys might tell a 'Fake' one of San Fran
39. Michael Jackson 'Number ___'
41. Eric Carmen '___ By Myself'
42. What Peaches & Herb might do?
43. Power poppers Artist ___ (2,4)
44. Foo Fighters '___, Silence, Patience, & Grace'
45. 'Shame' Drowning ___
46. Jason Mraz 'You And ___' (1,4)
47. Foghat 'I Just Want To Make Love ___' (2,3)
50. English punks ___ 69
51. British musician Julian
53. Subhumans label
54. 'A Lonely Man' soul band ___-Lites
55. Weezer's 'Island' is in it
56. Eric Clapton 'Hello ___ Friend'
57. Katy Perry '___ Your Love'
58. Doyle of namesake grunge band

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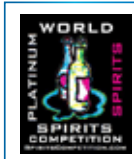
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Amherst Club Comedy at Amherst Country Club 72 Ponemah Road, 673-9908 Labelle Winery 345 Route 101, 672-9898	Candia Henderson’s Pickin’ Parlor 179 Raymond Road, 483-5001 Concord The Barley House 132 N. Main St., 228-6363 Granite Restaurant & Bar 96 Pleasant St., 227-9000 Hermanos 11 Hills Ave., 224-5669 Loudon Road Restaurant and Pit Road Lounge 388 Loudon Road 226-0533 Makris 354 Sheep Davis Road, 225-7665 Penuche’s Ale House 6 Pleasant St., 228-9833 The Purple Pit Jazz Club 3 Pleasant St. Ext., 832-8876 The Red Blazer 72 Manchester St., 224-4101 True Brew Barista 3 Bicentennial Square, 225-2776	Dover American Legion Post 8 640 Central Ave. Barley Pub 328 Central Ave.,742-4226	Gilford Ellacoya Barn & Grille 2667 Lakeshore Rd, 293-8700 Gunstock Ski Area 719 Cherry Valley, 293-4341 Patrick’s 18 Weirs Road, 293-0841	Alpine Grove 19 S. Depot Rd., 882-9051	Hooksett Asian Breeze 1328 Hooksett Road, 621-9298 New England’s Taphouse Grille 1292 Hooksett Rd., 782-5137	Pitman’s Freight Room 94 New Salem St., 527-0043 The Jazz Bar 290 Lakeside Ave., 366-9100 Tower Hill Tavern 264 Lakeside Ave., 366-9100 Weirs Beach Lobster Pound 72 Endicott St., 366-2255 Weirs Beach Smokehouse Rt 3 Laconia, 366-2400	City Sports Grille 216 Maple St., 625-9656 Club 313 93 S. Maple St., 628-6813	
Auburn Auburn Pitts 167 Rockingham Road, 622-6564	Loudon Road Restaurant and Pit Road Lounge 388 Loudon Road 226-0533 Makris 354 Sheep Davis Road, 225-7665 Penuche’s Ale House 6 Pleasant St., 228-9833 The Purple Pit Jazz Club 3 Pleasant St. Ext., 832-8876 The Red Blazer 72 Manchester St., 224-4101 True Brew Barista 3 Bicentennial Square, 225-2776	Cara Irish Pub 11 Fourth St., 343-4390 Dover Elks Lodge 282 Durham Road Dover Bowl 887 Central Ave.,742-9632 Dover Brick House 2 Orchard St., 749-3838 11th Frame Bar 887B Central Ave., 742-9632 Fury’s Publick House 312 DW Hwy, 617-3633 Jimmy’s Sports Bar 15 Mechanic St., 740-4477 Kelley’s Row 421 Central Ave., 750-7081 The Loft at Strafford Farms 58 Route 108, 743-3045 RJ’s 83 Washington St. Roger’s Pizza 869 Central Ave., 742-9870 Top of the Chop One Orchard St., 740-0006	Hampstead The Pasta Loft 220 E. Main St., 378-0092 Route 111 Village Square 472 State St., 329-6879	Hudson AJ’s Sports Bar & Grill 11 Tracy Lane,718-1102 JD Chaser’s 2B Burnham Rd, 886-0792 Nan King Restaurant & Lounge 222 Central St., 882-1911	Kingston Bucco’s Tavern 143 Main St., 642-4999 The Kingston 1686 House Tavern 127 Main St., 642-3637	Londonderry Coach Stop Restaurant and Tavern 176 Mammoth Road, 437-2022 Mayflower Grange 535 Mammoth Road, 867-3077 Stumble Inn Bar & Grill 149 Hanover Road Whippersnappers 44 Nashua Road, 434-2660	Club Realm 19 Amherst St., 935-7659 Derryfield Country Club 625 Mammoth Road, 623-2880 Don Quijote 333 Valley St., 792-1110 Drynk 20 Old Granite St., 836-5251 Element Lounge 1055 Elm St., 627-2922 Farm Bar & Grille 1181 Elm St., 641-3276 Fratello’s 155 Dow St., 624-2022 Gaucha’s Churrascaria 62 Lowell St., 669-9460 Hanover St. Cophouse 149 Hanover St., 644-2467 Ignite Bar & Grille 100 Hanover St., 494-6225 J. Dubs Coffee 1000 Elm St., 622-7944 Jam Factory 1211 Elm St., 203-1458 Jokers 1279 S. Willow St., 935-9947 Lafayette Club 387 Canal St., 623-9323 Lazy Nick’s Coffee House 362 Huse Road, 232-7187 Luigi’s Pizza Bar & Grille 712 Valley St., 622-1021 Mad Bob’s Saloon 342 Lincoln St., 669-3049 McGarvey’s 1097 Elm St., 627-2721 Milly’s Tavern 500 Commercial St., 625-4444 Murphy’s Taproom 494 Elm St., 644-3535 My Friend’s Bar and Grill 507 Maple St., 627-3444 NH Institute of Art 148 Concord St. Olympic Lounge 506 Valley St., 644-5559	Penuche’s 96 Hanover St., 626-9830 Piccola’s Upstairs Lounge 815 Elm St. Raxx Lounge 1195 Elm St. Rocko’s Bar & Grill 253 Wilson St., 626-5866 Salona Bar & Grill 128 Maple St., 624-4020 Sam Adams Bar & Grill Northeast Delta Dental Stadium, 1 Line Drive., 641-2005 The Shaskeen 909 Elm St., 625-0246 Sizzle Bistro 1 Highlander Way, 232-3344 Social 24 24 Depot St., 782-8489 Starbucks 1111 S. Willow St., 641-4839 Strange Brew Tavern 88 Market St., 666-4292 Theos 102 Elm St., 669-4678 Unwine’d 865 Second St., 625-9463 The Wild Rover 21 Kosciuszko St., 669-7722 Workmen’s Club 183 Douglas St. XO on Elm 827 Elm St., 206-5721 The Yard 1211 S. Mammoth Road, 623-3545
Barnstead Barnstead Music Hall 96 Maple St., 269-2000	Davisville Muddy Pond Jazz Deal grounds of Davisville Flea Market, 805 Route 103 East (Exit 7 off I-89), 746-4000	Dunbarton Spireside Coffee House 6 Stark Highway North	Hampton Boardwalk Inn 139 Ocean Blvd., 929-7400 Breakers By the Sea 409 Ocean Blvd, 926-7702 La Bec Rouge 73 Ocean Blvd, 926-5050 Old Salt 409 Lafayette Road, 926-8322 Sea Shell Stage on Ocean Blvd. Ron’s Landing 379 Ocean Blvd, 929-2122, Wally’s Pub 144 Ashworth Ave., 926-6954 Whales Tales 169 Ocean Blvd, 967-4771	Laconia Anthony’s Pier Restaurant 263 Lakeside Ave., 366-5855 Baja Beach Club @ China Bistro 89 Lake St., 524-0008 Broken Spoke Saloon 1072 Watson Road, 366-5511 Cactus Jack’s 1182 Union Ave., 528-7800 The Crazy Gringo 306 Lakeside Ave., 366-4411 Fratello’s 799 Union Ave., 528-2022 Margate Resort 76 Lake St., 524-5210 Naswa Resort 1086 Weirs Blvd., 366-4341 Paradise Beach Club 322 Lakeside Ave., 366-2665 Patio Garden Restaurant Lakeside Ave.	Loudon Graverobbers Coffeehouse Loudon Congregational Church, 7018 Church St., 783-9478	Manchester Jade Dragon 1087 Elm St., 782-3255 N’Awlins Grille & All That Jazz 860 Elm St., 606-2488 900 Degrees 50 Dow St., 641-0900 American Legion Wm H Jutras & Post No 43 56 Boutwell St., 623-9467 American Legion Post #79 35 W. Brook St. American Legion Sweeney Post 251 Maple St., 623-9145 Breezeway Pub 14 Pearl St., 621-9111 British Beer Company 1071 S. Willow St., 232-0677	Club 313 93 S. Maple St., 628-6813	
Bedford Bedford Village Inn (BVI) 2 Olde Bedford Way, 472-2001 Copper Door 15 Leavy Drive, 488-2677 Starbucks 93 S. River Road, 626-4689	Deerfield Lazy Lion Café 4 North Road, 463-7374	Epsom Circle 9 Ranch Windmere Dr., 736-9656	Henniker Daniel’s Main Street, 428-7621 Pats Peak Sled Pub 24 Flanders Road, 888-728-7732 The Henniker Junction 24 Weare Road, 428-8511	Kingston Bucco’s Tavern 143 Main St., 642-4999 The Kingston 1686 House Tavern 127 Main St., 642-3637	Laconia Anthony’s Pier Restaurant 263 Lakeside Ave., 366-5855 Baja Beach Club @ China Bistro 89 Lake St., 524-0008 Broken Spoke Saloon 1072 Watson Road, 366-5511 Cactus Jack’s 1182 Union Ave., 528-7800 The Crazy Gringo 306 Lakeside Ave., 366-4411 Fratello’s 799 Union Ave., 528-2022 Margate Resort 76 Lake St., 524-5210 Naswa Resort 1086 Weirs Blvd., 366-4341 Paradise Beach Club 322 Lakeside Ave., 366-2665 Patio Garden Restaurant Lakeside Ave.	Loudon Graverobbers Coffeehouse Loudon Congregational Church, 7018 Church St., 783-9478	Penuche’s 96 Hanover St., 626-9830 Piccola’s Upstairs Lounge 815 Elm St. Raxx Lounge 1195 Elm St. Rocko’s Bar & Grill 253 Wilson St., 626-5866 Salona Bar & Grill 128 Maple St., 624-4020 Sam Adams Bar & Grill Northeast Delta Dental Stadium, 1 Line Drive., 641-2005 The Shaskeen 909 Elm St., 625-0246 Sizzle Bistro 1 Highlander Way, 232-3344 Social 24 24 Depot St., 782-8489 Starbucks 1111 S. Willow St., 641-4839 Strange Brew Tavern 88 Market St., 666-4292 Theos 102 Elm St., 669-4678 Unwine’d 865 Second St., 625-9463 The Wild Rover 21 Kosciuszko St., 669-7722 Workmen’s Club 183 Douglas St. XO on Elm 827 Elm St., 206-5721 The Yard 1211 S. Mammoth Road, 623-3545	
Belmont The Lodge at Belmont Route 106, 877-872-2501 Top of the Town 88 Ladd Hill Rd, 528-3244 El Jimador Mexican Restaurant 171 DW Hwy, 527-8122	Derry Adams Opera House 29 W. Broadway Coffee Factory 55 Crystal Ave., 432-6006 Halligan Tavern 32 W. Broadway, 965-3490 Steve-N-James Tavern 187 Rockingham, 434-0600	Epping American Legion 232 Calef Hwy. (Rt. 125) Holy Grail Food & Spirits 64 Main St., 679-9559	Hampstead The Pasta Loft 220 E. Main St., 378-0092 Route 111 Village Square 472 State St., 329-6879	Alpine Grove 19 S. Depot Rd., 882-9051	Hooksett Asian Breeze 1328 Hooksett Road, 621-9298 New England’s Taphouse Grille 1292 Hooksett Rd., 782-5137	Pitman’s Freight Room 94 New Salem St., 527-0043 The Jazz Bar 290 Lakeside Ave., 366-9100 Tower Hill Tavern 264 Lakeside Ave., 366-9100 Weirs Beach Lobster Pound 72 Endicott St., 366-2255 Weirs Beach Smokehouse Rt 3 Laconia, 366-2400	Club Realm 19 Amherst St., 935-7659 Derryfield Country Club 625 Mammoth Road, 623-2880 Don Quijote 333 Valley St., 792-1110 Drynk 20 Old Granite St., 836-5251 Element Lounge 1055 Elm St., 627-2922 Farm Bar & Grille 1181 Elm St., 641-3276 Fratello’s 155 Dow St., 624-2022 Gaucha’s Churrascaria 62 Lowell St., 669-9460 Hanover St. Cophouse 149 Hanover St., 644-2467 Ignite Bar & Grille 100 Hanover St., 494-6225 J. Dubs Coffee 1000 Elm St., 622-7944 Jam Factory 1211 Elm St., 203-1458 Jokers 1279 S. Willow St., 935-9947 Lafayette Club 387 Canal St., 623-9323 Lazy Nick’s Coffee House 362 Huse Road, 232-7187 Luigi’s Pizza Bar & Grille 712 Valley St., 622-1021 Mad Bob’s Saloon 342 Lincoln St., 669-3049 McGarvey’s 1097 Elm St., 627-2721 Milly’s Tavern 500 Commercial St., 625-4444 Murphy’s Taproom 494 Elm St., 644-3535 My Friend’s Bar and Grill 507 Maple St., 627-3444 NH Institute of Art 148 Concord St. Olympic Lounge 506 Valley St., 644-5559	Penuche’s 96 Hanover St., 626-9830 Piccola’s Upstairs Lounge 815 Elm St. Raxx Lounge 1195 Elm St. Rocko’s Bar & Grill 253 Wilson St., 626-5866 Salona Bar & Grill 128 Maple St., 624-4020 Sam Adams Bar & Grill Northeast Delta Dental Stadium, 1 Line Drive., 641-2005 The Shaskeen 909 Elm St., 625-0246 Sizzle Bistro 1 Highlander Way, 232-3344 Social 24 24 Depot St., 782-8489 Starbucks 1111 S. Willow St., 641-4839 Strange Brew Tavern 88 Market St., 666-4292 Theos 102 Elm St., 669-4678 Unwine’d 865 Second St., 625-9463 The Wild Rover 21 Kosciuszko St., 669-7722 Workmen’s Club 183 Douglas St. XO on Elm 827 Elm St., 206-5721 The Yard 1211 S. Mammoth Road, 623-3545
Boscawen Alan’s 133 N. Main St., 753-6631	Deerfield Lazy Lion Café 4 North Road, 463-7374	Epsom Circle 9 Ranch Windmere Dr., 736-9656	Hampstead The Pasta Loft 220 E. Main St., 378-0092 Route 111 Village Square 472 State St., 329-6879	Alpine Grove 19 S. Depot Rd., 882-9051	Hooksett Asian Breeze 1328 Hooksett Road, 621-9298 New England’s Taphouse Grille 1292 Hooksett Rd., 782-5137	Pitman’s Freight Room 94 New Salem St., 527-0043 The Jazz Bar 290 Lakeside Ave., 366-9100 Tower Hill Tavern 264 Lakeside Ave., 366-9100 Weirs Beach Lobster Pound 72 Endicott St., 366-2255 Weirs Beach Smokehouse Rt 3 Laconia, 366-2400	Club Realm 19 Amherst St., 935-7659 Derryfield Country Club 625 Mammoth Road, 623-2880 Don Quijote 333 Valley St., 792-1110 Drynk 20 Old Granite St., 836-5251 Element Lounge 1055 Elm St., 627-2922 Farm Bar & Grille 1181 Elm St., 641-3276 Fratello’s 155 Dow St., 624-2022 Gaucha’s Churrascaria 62 Lowell St., 669-9460 Hanover St. Cophouse 149 Hanover St., 644-2467 Ignite Bar & Grille 100 Hanover St., 494-6225 J. Dubs Coffee 1000 Elm St., 622-7944 Jam Factory 1211 Elm St., 203-1458 Jokers 1279 S. Willow St., 935-9947 Lafayette Club 387 Canal St., 623-9323 Lazy Nick’s Coffee House 362 Huse Road, 232-7187 Luigi’s Pizza Bar & Grille 712 Valley St., 622-1021 Mad Bob’s Saloon 342 Lincoln St., 669-3049 McGarvey’s 1097 Elm St., 627-2721 Milly’s Tavern 500 Commercial St., 625-4444 Murphy’s Taproom 494 Elm St., 644-3535 My Friend’s Bar and Grill 507 Maple St., 627-3444 NH Institute of Art 148 Concord St. Olympic Lounge 506 Valley St., 644-5559	Penuche’s 96 Hanover St., 626-9830 Piccola’s Upstairs Lounge 815 Elm St. Raxx Lounge 1195 Elm St. Rocko’s Bar & Grill 253 Wilson St., 626-5866 Salona Bar & Grill 128 Maple St., 624-4020 Sam Adams Bar & Grill Northeast Delta Dental Stadium, 1 Line Drive., 641-2005 The Shaskeen 909 Elm St., 625-0246 Sizzle Bistro 1 Highlander Way, 232-3344 Social 24 24 Depot St., 782-8489 Starbucks 1111 S. Willow St., 641-4839 Strange Brew Tavern 88 Market St., 666-4292 Theos 102 Elm St., 669-4678 Unwine’d 865 Second St., 625-9463 The Wild Rover 21 Kosciuszko St., 669-7722 Workmen’s Club 183 Douglas St. XO on Elm 827 Elm St., 206-5721 The Yard 1211 S. Mammoth Road, 623-3545
Bow Chen Yang Li 520 South St., 228-8308	Derry Adams Opera House 29 W. Broadway Coffee Factory 55 Crystal Ave., 432-6006 Halligan Tavern 32 W. Broadway, 965-3490 Steve-N-James Tavern 187 Rockingham, 434-0600	Epping American Legion 232 Calef Hwy. (Rt. 125) Holy Grail Food & Spirits 64 Main St., 679-9559	Hampstead The Pasta Loft 220 E. Main St., 378-0092 Route 111 Village Square 472 State St., 329-6879	Alpine Grove 19 S. Depot Rd., 882-9051	Hooksett Asian Breeze 1328 Hooksett Road, 621-9298 New England’s Taphouse Grille 1292 Hooksett Rd., 782-5137	Pitman’s Freight Room 94 New Salem St., 527-0043 The Jazz Bar 290 Lakeside Ave., 366-9100 Tower Hill Tavern 264 Lakeside Ave., 366-9100 Weirs Beach Lobster Pound 72 Endicott St., 366-2255 Weirs Beach Smokehouse Rt 3 Laconia, 366-2400	Club Realm 19 Amherst St., 935-7659 Derryfield Country Club 625 Mammoth Road, 623-2880 Don Quijote 333 Valley St., 792-1110 Drynk 20 Old Granite St., 836-5251 Element Lounge 1055 Elm St., 627-2922 Farm Bar & Grille 1181 Elm St., 641-3276 Fratello’s 155 Dow St., 624-2022 Gaucha’s Churrascaria 62 Lowell St., 669-9460 Hanover St. Cophouse 149 Hanover St., 644-2467 Ignite Bar & Grille 100 Hanover St., 494-6225 J. Dubs Coffee 1000 Elm St., 622-7944 Jam Factory 1211 Elm St., 203-1458 Jokers 1279 S. Willow St., 935-9947 Lafayette Club 387 Canal St., 623-9323 Lazy Nick’s Coffee House 362 Huse Road, 232-7187 Luigi’s Pizza Bar & Grille 712 Valley St., 622-1021 Mad Bob’s Saloon 342 Lincoln St., 669-3049 McGarvey’s 1097 Elm St., 627-2721 Milly’s Tavern 500 Commercial St., 625-4444 Murphy’s Taproom 494 Elm St., 644-3535 My Friend’s Bar and Grill 507 Maple St., 627-3444 NH Institute of Art 148 Concord St. Olympic Lounge 506 Valley St., 644-5559	Penuche’s 96 Hanover St., 626-9830 Piccola’s Upstairs Lounge 815 Elm St. Raxx Lounge 1195 Elm St. Rocko’s Bar & Grill 253 Wilson St., 626-5866 Salona Bar & Grill 128 Maple St., 624-4020 Sam Adams Bar & Grill Northeast Delta Dental Stadium, 1 Line Drive., 641-2005 The Shaskeen 909 Elm St., 625-0246 Sizzle Bistro 1 Highlander Way, 232-3344 Social 24 24 Depot St., 782-8489 Starbucks 1111 S. Willow St., 641-4839 Strange Brew Tavern 88 Market St., 666-4292 Theos 102 Elm St., 669-4678 Unwine’d 865 Second St., 625-9463 The Wild Rover 21 Kosciuszko St., 669-7722 Workmen’s Club 183 Douglas St. XO on Elm 827 Elm St., 206-5721 The Yard 1211 S. Mammoth Road, 623-3545
Bristol The Back Room at The Mill 2 Central St., 744-0405	Derry Adams Opera House 29 W. Broadway Coffee Factory 55 Crystal Ave., 432-6006 Halligan Tavern 32 W. Broadway, 965-3490 Steve-N-James Tavern 187 Rockingham, 434-0600	Epping American Legion 232 Calef Hwy. (Rt. 125) Holy Grail Food & Spirits 64 Main St., 679-9559	Hampstead The Pasta Loft 220 E. Main St., 378-0092 Route 111 Village Square 472 State St., 329-6879	Alpine Grove 19 S. Depot Rd., 882-9051	Hooksett Asian Breeze 1328 Hooksett Road, 621-9298 New England’s Taphouse Grille 1292 Hooksett Rd., 782-5137	Pitman’s Freight Room 94 New Salem St., 527-0043 The Jazz Bar 290 Lakeside Ave., 366-9100 Tower Hill Tavern 264 Lakeside Ave., 366-9100 Weirs Beach Lobster Pound 72 Endicott St., 366-2255 Weirs Beach Smokehouse Rt 3 Laconia, 366-2400	Club Realm 19 Amherst St., 935-7659 Derryfield Country Club 625 Mammoth Road, 623-2880 Don Quijote 333 Valley St., 792-1110 Drynk 20 Old Granite St., 836-5251 Element Lounge 1055 Elm St., 627-2922 Farm Bar & Grille 1181 Elm St., 641-3276 Fratello’s 155 Dow St., 624-2022 Gaucha’s Churrascaria 62 Lowell St., 669-9460 Hanover St. Cophouse 149 Hanover St., 644-2467 Ignite Bar & Grille 100 Hanover St., 494-6225 J. Dubs Coffee 1000 Elm St., 622-7944 Jam Factory 1211 Elm St., 203-1458 Jokers 1279 S. Willow St., 935-9947 Lafayette Club 387 Canal St., 623-9323 Lazy Nick’s Coffee House 362 Huse Road, 232-7187 Luigi’s Pizza Bar & Grille 712 Valley St., 622-1021 Mad Bob’s Saloon 342 Lincoln St., 669-3049 McGarvey’s 1097 Elm St., 627-2721 Milly’s Tavern 500 Commercial St., 625-4444 Murphy’s Taproom 494 Elm St., 644-3535 My Friend’s Bar and Grill 507 Maple St., 627-3444 NH Institute of Art 148 Concord St. Olympic Lounge 506 Valley St., 644-5559	Penuche’s 96 Hanover St., 626-9830 Piccola’s Upstairs Lounge 815 Elm St.



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 40 Nashua St., 769-3119

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The Pasta Loft
 241 Union Sq., 672-2270
Tiebreakers at Hampshire Hills
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 673-7123

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Arena Sportsbar & Nightclub
 53 High St., 881-9060
Backstage Bar and Grill
 56 Canal St., 598-8256
Boston Billiard Club
 55 Northeastern Blvd.,
 595-2121

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 452 Amherst St., 889-5871
Evolution Entertainment Complex
 522 Amherst St., 978-
 884-9536

Fat Daddy's Cafe
 650 Amherst St.
Fody's Tavern
 9 Clinton St., 577-9015
Haluwa Lounge

Nashua Mall, 883-6662
Killarney's Irish Pub
 Holiday Inn, 888-1551
Lafayette Club
 34 High St, 889-9860
Martha's Exchange
 185 Main St., 883-8781
Michael Timothy's
 212 Main St., 595-9334
Nashua Community Music School
 5 Pine St., Ext., 881-7030
Nashua Garden
 121 Main St., 886-7363
Old Amsterdam Bar
 8 Temple St., 204-5501
The Peddler's Daughter
 48 Main St., 880-8686
Penuche's Ale House
 4 Canal St., 595-9831
Pine Street Eatery
 136 Pine St., 886-3501

Polish American Club
 15 School St., 889-9819
Riverwalk Coffee Roasters
 35 Railroad Sq., 578-0200
Simple Gifts Coffee House
 58 Lowell St.
603 Lounge
 14 W. Hollis St., 821-5260
Slade's Food & Spirits
 4 W. Hollis St., 886-1334
Stella Blu
 70 E. Pearl St., 578-5557
Unums
 47 E. Pearl St., 821-6500
Villa Banca
 194 Main St., 598-0500
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New Boston
Molly's Tavern
 35 Mont Vernon Road,
 487-2011

New London
Flying Goose Brew Pub & Grille
 40 Andover Road,
 526-6899

Newmarket
Lamprey River Tavern
 110 Main St., 659-3696
KJ's Sports Bar
 N. Main St., 659-2329
Stone Church
 5 Granite St., 650-7700

Newton
Hen House Sports Bar & Grill
 85 S. Main St., 382-1705

Pelham
Shooters
 116 Bridge St., 635-3577

Peterborough
Harlow's Pub
 3 School St., 924-6365
Peterborough Players

Theater
 Hadley Road

Plaistow
Corner Pocket
 181 Plaistow Rd., 382-3130
Dugout Grille
 93 Main St., 819-4947
The Sad Café
 148 Plaistow Rd.,
 382-8893

Portsmouth
American Legion Post 6
 96 Islington St.
Blue Mermaid Island
 Grill hill at Hanover and
 High streets, 427-2583
Daniel Street Tavern
 111 Daniel St.
Dolphin Striker
 15 Bow St., 431-5222
Fat Belly's
 2 Bow St., 610-4337
Gas Light Co.
 64 Market St., 431-9122
The Hilton Garden Inn
 100 High St., 431-1499
Jitto's Supersteak
 3131 Lafayette Road,
 436-9755
Martingale Wharf
 99 Bow St., 431-0901
The Music Hall
 104 Congress St., 433-3100
Paddy's American Grill
 27 International Drive,
 430-9450

Portsmouth Pearl
 45 Pearl St., 431-0148
Press Room
 77 Daniel St., 431-5186
The Red Door
 107 State St., 373-6827
Red Hook Brewery
 35 Corporate Drive,
 430-8600
Ri Ra Irish Pub
 22 Market Sq., 319-1680
Rudi's
 20 High St., 430-7834
Rusty Hammer
 49 Pleasant St., 436-9289
Thirsty Moose Tap House
 21 Congress St., 427-8645

Concord
Loudon Road Restaurant & Pit Road
Lounge: Filthy Rich
Makris: The Calerpitars
Purple Pit: Tammy Lynn & Myles High
True Brew Barista: Matt Poirier

Dover
Brick House: Eli Autry, James McGarvey, Waylon Speed, Andrea Szirbik, Charlotte Locke, Gretched and the Pickpockets, When Particles Collide
Fury's: Dan Pease and the Regulators
Kelley's Row: Shark

Seabrook
Chop Shop Pub: Stomping Melvin

Sunapee
Sunapee Coffee House: Hiroya Tsukamoto

Plaistow
Sad Cafe: Skyler, Jesse Hanson, Red Tin Box, Poeme Jimenez

The Wet Bar
 172 Hanover St.

Raymond
Famous Legends Bar & Grill at Strikers East
 4 Essex Drive
Freetown Yankee Market
 58 Route 27, 895-3418

Salem
Black Water Grill
 43 Pelham Road, 328-9013
Jocelyn's Lounge
 355 S. Broadway,
 870-0045
JT's Bar and Grill
 326 S. Broadway, 894-9100
Sayde's Restaurant
 136 Cluff Crossing Road,
 890-1032
The Varsity Club
 67 Main St., 898-4344

Seabrook
American Legion Post 70
 169 Walton Road
Chop Shop Pub
 920 Lafayette Road,
 474-6001
Honey Pot Bar & Lounge
 920 Lafayette Road,
 760-2013
Master McGrath's
 Route 107, 474-6540
Prime Time Sports Grill
 620 Lafayette Road,
 760-7230

Sunapee
One Mile West Tavern
 6 Brook Road, 863-7500
Sunapee Coffee House
 Methodist Church, Route 11

Wilton
Pine Hill Auditorium
 Pine Hill Waldorf School,
 77 Pine Hill Drive

Windham
Jonathon's Lounge
 Park Place Lanes, Route
 28, 800-892-0568

Martin

Epsom
Circle 9 Ranch: Cactus Gang Band

Epping
Holy Grail Food and Spirits: Side Car

Gilford
Patrick's Pub: Endangered Species

Goffstown
Village Trestle: Jimmy Lehoux

Hampstead
Route 111 Village Square Restaurant: Minor Issues



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SUPER SATURDAY
\$5 Well Drinks

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BUD LIGHT PROMO
PRIZES & GIVEAWAYS

SATURDAY, OCT 12TH • 7 - 9 PM
SPORTS HUB 98.5 RADIO
(BRUINS VS COLUMBUS)

SUNDAY, OCT 20TH • 1 - 3 PM
ROCK 101 AND COORS LIGHT
PRIZES AND GIVEAWAYS
(PATS VS JETS)

SUNDAY, OCT 27TH • 1 - 3 PM
BUD LIGHT
PRIZES AND GIVEAWAYS
(PATS VS MIAMI)

SUN: 7:30AM-10PM • MON: 11AM-10PM • TUES & WED: 11AM-12 MIDNIGHT • THURS & FRI: 11AM-1AM • SAT: 9AM-1AM

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ENTERTAINMENT THIS WEEK
IN THE LOUNGE

FRI. OCT. 4TH • NATALIE TURGEON BAND
SAT. OCT. 5TH • NIMBUS 9




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PUB TRIVIA
THURSDAY • 9 PM - 11 PM

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SATURDAY 10/5
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One 1993 Chevy 3500 auction to be held at 410 Mammoth Rd. Londonderry, NH, 03053 at 8am on October 4th 2013. Starting bid will be towing and storage cost due on that date.

Contact Skip at 603-231-9199 with any questions.

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New England's Tap House
Grille: Discount Gigolo

Londonderry
Coach Stop: Lachlan MacLearn
Whippersnappers: Last Laugh

Manchester
Club 313: DJ Bob
Derryfield: Nimbus 9
Fratello's: Steve Tolley
Jam Factory: Boldwing, Breakfast, Lunch and Dinner, Ryan Williamson
Jokers: Will Nolin
Milly's Tavern: Shoot 2 Thrill
Murphy's Taproom: Blue Matter
Raxx Lounge: DJ Mike
Shaskeen: Kool Keith
Strange Brew: Jimmy East & The Soldiers of Soul
The Yard: Jodie and Fried Cactus

Merrimack
The Homestead: Charlie Christos

Milford
Clark's Tavern: Tobey

Nashua
Fody's: Panache
Peddler's Daughter: The Ticket
Stella Blu: The Gentleman Outfit

Newmarket
Stone Church: Jimkata

Peterborough
Harlow's Pub: Appalachian Still

Plaistow
Sad Cafe: Speaking of the Past, The Disconnect, Pocket Aces, Silent Stories, Under Fire

Portsmouth
Gas Light Co.: DJ Koko P
Rudi's: Dimitri & Zach Lange
Thirsty Moose: Fear Nuttin Band
Seabrook
Chop Shop Pub: Tigerlily

Salem
JT's Bar and Grill: George Belli & The Retroactivists

Sunday, Oct. 6
Concord
Hermanos: Paul Bourgelais

Dover
Barley Pub: Steve Carter
Brick House: Jim Dozet Trio, DJ Erich Kruger

Hampton
Wally's Pub: Rob Benton

Manchester
Milly's Tavern: Rock to End the Big "C"
Strange Brew: Jelly

Portsmouth
Rudi's: John Franzosa

Monday, Oct. 7
Concord
Hermanos: Paul Bourgelais

Manchester
Fratello's: Acoustic rock

Meredith
Giuseppe's: Lou Porrazzo

Merrimack
The Homestead: Charlie Christos

Portsmouth
Press Room: Matt McCabe

Tuesday, Oct. 8
Concord
Hermanos: Glenn Paladino

Dover
Fury's: Tim Theriault and

Friends

Londonderry
Whippersnappers: VJ Mark

Manchester
Fratello's: Kim Riley
Milly's Tavern: Manchuka
Raxx Lounge: DJ Mike
Shaskeen: Brett Wilson
Strange Brew: Strange Brew All-Stars

Meredith
Giuseppe's: Michael Bourgeois

Merrimack
The Homestead: Paul Luff

Wednesday, Oct. 9
Concord
Hermanos: Glenn Paladino

Dover
Fury's: All Good::Feel Good Collective
Kelley's Row: Chris Lester & Friends

Gilford
Patrick's Pub: Justin Jaymes

Manchester
Fratello's: Steve Tolley
Strange Brew: Jerry Short

Merrimack
The Homestead: Brian Gray.

Milford
Clark's Tavern: Lisa Guyer
J's Tavern: Eric Neilson

Nashua
Killarney's: Kieran McNally

Plaistow
Sad Cafe: Blood of the Martyrs, It Lies Within, Fight for Alaska, Ana Sapphira, Social at a Distance, Into the Harbor

Portsmouth
Rudi's: Dimitri
Thirsty Moose: Sun Parade

COMEDY THIS WEEK AND BEYOND

Saturday, Oct. 5
Manchester
Headliners: Karen Morgan

Friday, Oct. 11
Manchester
Headliners: Jimmie JJ Walker

Saturday, Oct. 26
Manchester
Headliners: Michael Young Cho

Friday, Nov. 22
Concord
Cap Center: Bob Marley

Plymouth
Silver Center: Ted Alexandro

Saturday, Oct. 12
Manchester
Headliners: Robbie Printz
Palace Theatre: Frank Santos, Jr.

Saturday, Nov. 2
Londonderry
Tupelo: Brad Mastrangelo, Doug Blay, Karen Fitzgerald

Manchester
Headliners: Lenny Clarke

Sunday, Oct. 6
Portsmouth
Music Hall: Reggie Watts

Saturday, Oct. 19
Manchester
Headliners: Dan Crohn
Palace Theare: Justin McKinney

Saturday, Nov. 9
Manchester
Headliners: James Dorcey

Saturday, Nov. 23
Manchester
Headliners: Lenny Clarke

Thursday, Oct. 10
Londonderry
Tupelo: Robbie Printz, Christine Hurley, Rick Canavan

Saturday, Nov. 16
Manchester
Headliners: Paul Nardizzi

Friday, Dec. 20
Londonderry
Tupelo: Paul Nardizzi, Steve Scarfo

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The Colonial Theatre 95 Main St., Keene, 352-2033, thecolonial.org
Dana Humanities Center at Saint Anselm College 100 Saint Anselm Drive, Manchester, 641-7700, anselm.edu/dana
The Flying Monkey 39 S. Main St., Plymouth, 536-2551, flyingmonkeynh.com
Hampton Beach Casino Ballroom 169 Ocean Blvd., Hampton Beach, 929-4100, casino-ballroom.com
Leddy Center 38c Ladd's Lane, Epping, 679-2781, leddycenter.org
Lowell Boarding House Park 40 French St., Lowell, Mass.,

www.lowellsummermusic.org
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Meadowbrook U.S. Cellular Pavilion 72 Meadowbrook Lane, Gilford, 293-4700, meadowbrook.net
The Middle Arts & Entertainment Center 316 Central St., Franklin, 934-1901, themiddlenh.org
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RUTH DOES IT ALL



Singer, songwriter, multi-instrumentalist and band leader – Ruth Moody will take the stage with the Ruth Moody Band on Saturday, Oct. 5, at 8 p.m., at the Tupelo Music Hall (2 Young Road, Londonderry). Moody is best known as a member of the folk trio The Wailin' Jennys and is a two-time Juno Award winner. Tickets are \$25. Call 437-5100 or visit tupelohalllondonderry.com. Visit ruthmoody.com.

• **The Brian Maes Band** Thurs., Oct. 3, at 7 p.m., Rochester Opera House
• **Chad Perrone** Fri., Oct. 4, at 8 p.m., Tupelo
• **Mary Gatchell** Fri., Oct. 4, at 7:30 p.m., Leddy Center
• **Marshall Tucker Band** Fri., Oct. 4, at 7:30 p.m., Flying Monkey
• **The Ruth Moody Band** Sat., Oct. 5, at 8 p.m., Tupelo
• **Tusk** Sat., Oct. 5, at 8 p.m., Rochester Opera House
• **Rickie Lee Jones** Sat., Oct. 5, at 7:30 p.m., Flying Monkey
• **Leo Moran and Anthony Thistlethwaite** Wed., Oct. 9, at 8 p.m., Tupelo
• **Colin Hay** Thurs., Oct. 10, at 8 p.m., Stockbridge Theatre
• **Steve Kimock** Fri., Oct. 11, at 8 p.m., Tupelo
• **Voices of the (603)** Fri., Oct.

11, at 7 p.m., Cap Center
• **Jefferson Starship** Fri., Oct. 11, at 7:30 p.m., Flying Monkey
• **Jeff Pitchell and Texas Flood** Sat., Oct. 12, at 8 p.m., Tupelo
• **John Mayall** Sun., Oct. 13, at 7 p.m., Tupelo
• **Melanie** Fri., Oct. 18, at 8 p.m., Tupelo
• **Max Creek** Fri., Oct. 18, at 7:30 p.m., Flying Monkey
• **Stayin' Alive: One Night of the Bee Gees** Fri., Oct. 18, at 7:30 p.m., Palace Theatre
• **Candye Kane** Sat., Oct. 19, at 8 p.m., Tupelo
• **David Lockwood** Sat., Oct. 19, at 7:30 p.m., Flying Monkey
• **Adrian Legg** Thurs., Oct. 24, at 8 p.m., Tupelo
• **Paul Thorn Band** Fri., Oct.

25, at 8 p.m., Tupelo
• **Rani Arbo & Daisy Mayhem** Fri., Oct. 25, at 7:30 p.m., Franklin Opera House
• **Jon Butcher** Sat., Oct. 26, at 8 p.m., Tupelo
• **Richard Marx** Sat., Oct. 26, at 7:30 p.m., Palace Theatre
• **The Tubes** Thurs., Oct. 31, at 8 p.m., Tupelo
• **Bullet for my Valentine** Fri., Nov. 1, at 6:30 p.m., Casino Ballroom
• **Lori McKenna** Fri., Nov. 1, at 8 p.m., Tupelo
• **Gregg Allman** Sat., Nov. 2, at 8 p.m., Colonial Theatre
• **Cheryl Wheeler and John Gorka** Sat., Nov. 2, at 7:30 p.m., Flying Monkey
• **Dada** Sun., Nov. 3, at 7 p.m., Tupelo
• **Arlo Guthrie** Thurs., Nov. 7, at 7:30 p.m., Flying Monkey
• **Liz Longley** Fri., Nov. 8, at 8 p.m., Tupelo
• **World Blues featuring Taj Mahal Trio** Fri., Nov. 8, at 8 p.m., Colonial Theatre
• **Martin Sexton** Fri., Nov. 8, at 8 p.m., Cap Center
• **Jandee Lee Porter** Sat., Nov. 9, at 7:30 p.m., Franklin Opera House
• **Dirty Deeds** Sat., Nov. 9, at 8 p.m., Rochester Opera House
• **Andy McKee** Sun., Nov. 10, at 7 p.m., Tupelo
• **ABBA Mania** Sun., Nov. 10, at 7:30 p.m., Cap Center
• **Denny Laine** Wed., Nov. 13, at 7:30 p.m., Cap Center
• **Keith Urban, Little Big Town, Dustin Lynch** Thurs., Nov. 14, at 7 p.m., Verizon Wireless Arena
• **Gibson Brothers** Fri., Nov. 15, at 8 p.m., Rochester Opera House
• **The Smithereens** Fri., Nov. 15, at 8 p.m., Tupelo
• **Rusted Root** Fri., Nov. 15, at 7:30 p.m., Flying Monkey

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SIGNS OF LIFE

All quotes are from *All Creatures Great and Small*, by James Herriot, born Oct. 3, 1916.

Libra (Sept. 23 – Oct. 22) *Uncle was aghast. ‘You don’t know him! Well you’re the only one as doesn’t. They think the world of him in Listondale, I can tell you.’ Get to know the movers and shakers where you live.*

Scorpio (Oct. 23 – Nov. 21) *They didn’t say anything about this in the books.... No, there wasn’t a word in the books about searching for your ropes and instruments in the shadows; about trying to keep clean in a half bucket of tepid water; about the cobbles digging into your chest. ... There was no mention anywhere of the gradual exhaustion, the feeling of futility and the little far-off voice of panic. You’ll have a week of hard work, but it’ll be valuable experience.*

Sagittarius (Nov. 22 – Dec. 21) *The farmer, Mr. Dinsdale, was a long, sad, silent man of few words who always seemed to be expecting the worst to happen. Defy expectations.*

Capricorn (Dec. 22 – Jan. 19) *When I had first entered the hillside barn I had been surprised to see a little bright-eyed old man in a pork pie hat settling down comfortably on a bale of straw. He was filling his pipe and clearly looking forward to the entertainment. Settle down comfortably; you can look forward to some entertainment.*

Aquarius (Jan. 20 – Feb. 18) *Any other time I would have been delighted to hear how good my colleague was, but somehow not now; not now. Avoid making comparisons; instead, take each person on his or her own merits.*

Pisces (Feb. 19 – March 20) *Now that I was right here, right on the doorstep, I felt breathless, as though I had been running. If I got the job, this was where I would find out about myself. There were many things to prove. The only person you really need to prove anything to is yourself. And maybe your boss, your family, a couple people from high school, your kindergarten teacher ... no, just yourself.*

Aries (March 21 – April 19) *A short time in practice had taught me that all farmers were experts with other farmers’ livestock. Keep your expertise to where it’s relevant.*

Taurus (April 20 – May 20) *The dogs arranged themselves peacefully around the room and, except for a brief dispute between the Scottie and the cocker spaniel about the occupancy of a deep chair, there was no sign of their previous violent behaviour. A brief dispute will be quickly forgotten.*

Gemini (May 21 – June 20) *I felt suddenly leaden-footed and inadequate. As I began to lay out my ropes and instruments on a clean towel the old man spoke again. ‘And how long have you been qualified, may I ask?’ Don’t let others make you doubt yourself. But be realistic.*

Cancer (June 21 – July 22) *Darrowby didn’t get much space in the guide books but when it was mentioned it was described as a grey little town ... with a cobbled market place and little of interest except its two ancient bridges. The guide books will be useful, but to find things of interest you should do some unplanned exploration.*

Leo (July 23 – Aug. 22) *‘How about a drink?’ asked Mr. Dinsdale. I could feel my grimy face cracking into an incredulous smile. A vision of hot tea well laced with whisky swam before me. ‘That’s very kind of you, Mr. Dinsdale, I’d love a drink. It’s been a hard two hours.’ ‘Nay,’ said Mr. Dinsdale looking at me steadily. ‘I meant for the cow.’ Don’t expect to be put first—but it’s OK to stick up for yourself.*

Virgo (Aug. 23 – Sept. 22) *Assistants were just little bits of dirt to be starved and worked into the ground by the principals who were heartless and vicious to a man. To keep things running smoothly, make sure you are treating your assistants and co-workers nicely.*

NITE SUDOKU

Conceptis Sudoku

By Dave Green

	8		2			5		
			1		9	2		4
1	2							
	3						1	2
				7				
8	7						5	
							7	3
9		7	4		6			
		2			1		6	

Difficulty Level ★★★

SU DO KU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Last week's puzzle answers are below

9/26

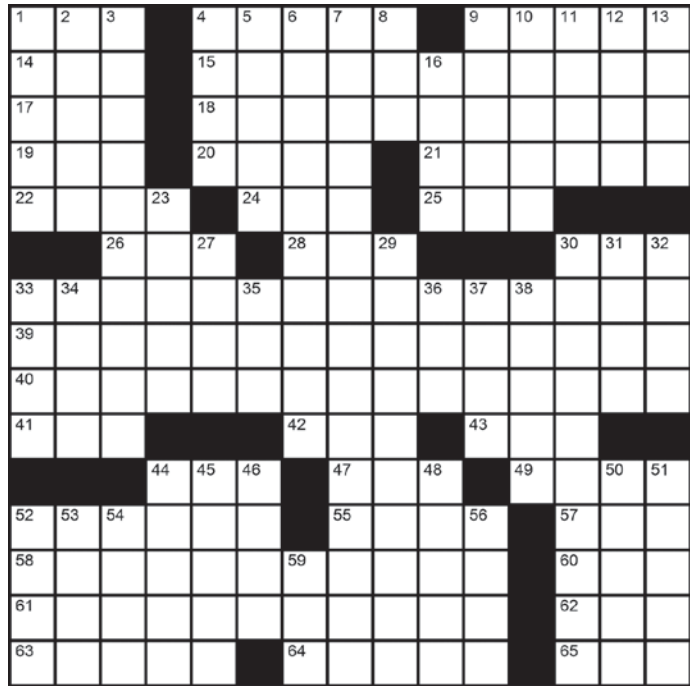
2	7	3	6	8	4	5	1	9
4	8	5	9	1	2	6	3	7
6	1	9	3	5	7	2	4	8
3	2	6	8	7	9	1	5	4
7	5	4	2	6	1	9	8	3
8	9	1	5	4	3	7	2	6
9	6	8	4	2	5	3	7	1
5	4	7	1	3	6	8	9	2
1	3	2	7	9	8	4	6	5

Difficulty Level ★

“Freestyle for All” — no theme, so what?

Across

- 1 “Cool” amount of money
- 4 Lewd dude
- 9 Wyclef Jean or Lauryn Hill, once
- 14 “Entourage” agent Gold
- 15 They blow off steam
- 17 Chinese revolutionary Sun ____-sen
- 18 Was preceded by
- 19 “Addams Family” cousin
- 20 Gordie who played 26 seasons
- 21 Sphinx’s offering



- 22 Scary Spice’s alter ego
- 24 “7 Faces of Dr. ____”
- 25 Prefix past tera- and peta-
- 26 Historical time
- 28 Get (behind)
- 30 Wu-Tang Clan producer
- 33 Side dish often oven-roasted
- 39 Dimensions beyond description
- 40 What yoga and meditation help with
- 41 Data storage device, for short (hidden in PRESS DOWN)
- 42 Latest craze
- 43 Poetic planet
- 44 Amtrak listing, briefly
- 47 Angler’s need
- 49 A kazillion years, it seems
- 52 Reagan biographer Peggy



- 55 Teen follower
- 57 Eat daintily
- 58 Neo’s realization that prompts the line “Show me”
- 60 Concert shirt
- 61 They come before deliveries
- 62 “Green Acres” star Gabor
- 63 Showing some cheek
- 64 Last name in tractors
- 65 Hunky-dory

Down

- 1 Bialik of “The Big Bang Theory”
- 2 Hardly a happy camper
- 3 Unnamed source of a secret, playfully
- 4 Grateful Dead bass guitarist Phil
- 5 Glorify
- 6 Park Avenue hotel, casually
- 7 Blink-and-you’ll-miss-it sighting
- 8 Engine noise
- 9 Former Army base in N.J.
- 10 Norwegian phrase heard in the Upper Midwest
- 11 Ending for Scotch (anagram of DRAG)
- 12 Organic compound
- 13 J.D. Salinger heroine
- 16 Drought-damaged (hidden in

- SERENA WILLIAMS)
- 23 ____ Canyon (Utah attraction)
- 27 Some abstract paintings
- 29 It’s said with a pat
- 30 Brew from South Africa
- 31 Paradoxical philosopher
- 32 Part of NCAA
- 33 Eleanor’s White House successor
- 34 Bldg. units
- 35 Hosp. facilities
- 36 1989 play about Capote
- 37 Label for Sonny & Cher
- 38 Solution strength, in Southampton (anagram of TRITE)
- 44 Makes out, to Brits
- 45 Light golden brown
- 46 He wrote “She’s a Lady”
- 48 Put off
- 50 New, in Nicaragua
- 51 Say something
- 52 Slight bites
- 53 Cajun vegetable
- 54 They get swapped for quarters
- 56 Bit of subterfuge
- 59 “Hansel ____ Gretel” (German opera)

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- **News** — Send information about new businesses, political events and other items intended for the news section to jmucciarone@hippopress.com. You can also reach him at 625-1855 ext. 36.

Not sure who to send it to? You can also contact editor Amy Diaz at adiatz@hippopress.com or call 625-1855 ext. 29.

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Contact our classified ad department at classifieds@hippopress.com or 625-1855 ext. 25. The deadline for classifieds is Monday at noon.

NEWS OF THE WEIRD BY CHUCK SHEPHERD

American exceptionalism

Which is more characteristically American -- that a Texas company could invent an ordinary rifle that mimics a machine gun or that America's incomparable legal minds could find a loophole in existing anti-machine-gun laws to permit it to be manufactured and sold? The Slide Fire company's weapon can spray bullets "like a fire hose" from a legal, semiautomatic gun by simple application of muscle, yet an official opinion of the U.S. Bureau of Alcohol, Tobacco, Firearms and Explosives acknowledges that the agency is powerless to regulate it because of the wording in 1934 and 1986 legislation that otherwise restricts private ownership of machine guns. One gun shop owner told London's Daily Mail in September that the Slide Fire rifle is "not as easy" to use as a machine gun, but still, "(I)t's fairly idiot-proof."

Fine points of the law

• In July, a New York City judge tossed out Joseph Lozito's lawsuit against the police — even though two officers had stood by in February 2011, out of harm's way, while a man attacked Lozito as part of a four-murder crime spree. The judge ruled that it was not clear enough that Lozito was in danger when the officers began to ignore him (while they were inside a subway motorman's booth).

• In September, a federal jury in New York City upheld an employment agency worker's claim that she (an African-American) was racially harassed by her boss. The supervisor, Rob Carmona, had insisted that he could not be liable for race-based harassment because, he, too, is African-American and thus entitled to use the "n-word."

Superheroes

In separate incidents on successive September days, people dressed as Batman and Captain America rescued a cat from a burning house in Milton, W.Va., and Superman came to the aid of Wonder Woman in Hollywood, Calif. (The West Virginia pair were performing at a function when they noticed nearby smoke, and Superman and Wonder Woman were posing for tourists' tips when a passerby got belligerent.) In July, another Superman tackled a shoplifter on the streets of Sheffield, England, where he was appearing at a fundraiser. (However, less elegantly, two Captain Americas and a Spider-Man brawled briefly in May over access to a contested, lucrative Hollywood street corner.)

Freedom to doze

The training technology company Mindflash recently revealed a feature for iPads that prevents student inattentiveness during an online course. Facial recognition

software notices a user looking away (or, worse, falling asleep) and thus pauses the course at that point until the eager learner re-engages the screen. (Mindflash assured reporters that the program has more serious uses, such as treatment of autism and Alzheimer's disease.)

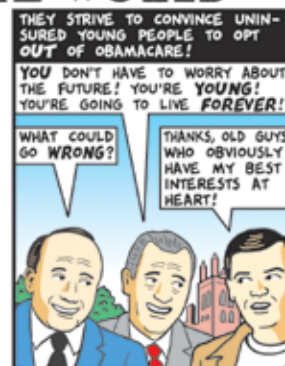
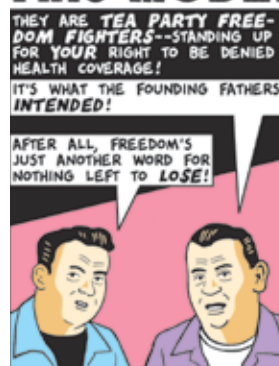
Hear this

For people who believe that "rave" parties' music is too faint, an August event at England's Liverpool International Music Festival offered a solution: The DaDaFest program featured an ear-crushing sound level especially staged for deaf people's dancing — since they can "hear" only by the vibrations saturating their bodies; the non-deaf should bring earplugs. Among the performers: deaf DJ Troi "Chinaman" Lee, who claims he easily feels distinctions in his mix of hip hop, R&B, reggae, dance and electro swing.

Poor planning

In an epic failure, according to Madrid's El Pais newspaper, a 20-story condominium building ("InTempo," likely the tallest residential edifice in the European Union) in the resort town of Benidorm, Spain, was hastily upsized to a planned 47 stories, but a series of architectural mistakes and developer bankruptcies has left it limping, still 65 percent unsold. Most notably, El Pais discovered in 2012 that the then-current design made it impossible to build an elevator shaft to go past the 23rd floor because of space limitation. (The architects resigned, and unconfident developers were forced to turn to financing from one of the shakier banks in the country's feeble economy.)

THIS MODERN WORLD



by TOM TOMORROW



Oh, dear!

• In a YouTube video, reported by the political website RawStory.com in August, well-known tea party activist Jerome Corsi elaborates on the biblical importance of child-bearing and implores followers to "(hold) the line" on the principle that "(s)ex is about the procreation of children." "(S)ex is not about fun," he says. "If you want to have fun, read a book, go to a movie."

• Evidently, surgery is kinda boring: A 36-year-old patient is suing California's Torrance Memorial Medical Center, claiming that anesthesiologist Patrick Yang decorated her face with stickers while she was unconscious and that an aide took photos for laughs, later allegedly uploading them to Facebook. Dr. Yang and the aide were later disciplined but remained in good standing. Some hospitals (not Torrance Memorial yet) prohibit cellphones in operating rooms at all times.

Bright ideas

According to his road manager, pioneer 1970s musician Sly Stone (of Sly and the Family Stone) has a lot of "real interesting ideas," including once trying to hire "ninja chicks and clowns" for his security entourage. Stone's latest brainstorm, reported London's The Guardian in August: form a musical group of albinos, which Stone says "could neutralize all the racial problems" that plague society. "To me," he said, "albinos are the most legitimate minority group of all."

For more News of the Weird, go to weird.universe.net.

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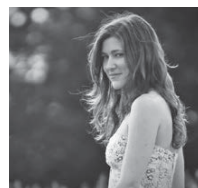
with special guest, Johnny A



Sat., October 12

8:00 p.m.
\$35
RS-Theater

THE RUTH MOODY BAND



Sat., October 5

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\$25
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An evening with two of the Saw Doctors



Wed., October 9

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FOUNTAINS OF WAYNE, SOUL ASYLUM & EVAN DANDO of the Lemonheads

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Sat., October 12

at Pinkerton Academy

MELANIE



Fri., October 18

8:00 p.m.
\$35
RS-Theater

NIGHT OF COMEDY



With
Robbie Printz,
Christine Hurley &
Rick Canavan

Thurs., October 10

8:00 p.m.
\$18
RS-Tables

COLIN HAY

at the Stockbridge Theatre



Thurs., Oct. 10
8 p.m.

at Pinkerton Academy

CANDYE KANE



Sat., October 19

8:00 p.m.
\$25
RS-Theater

THE ENGLISH BEAT



Sun., October 20

7:00 p.m.
\$35/\$40
RS-Theater

THE STEVE KIMOCK BAND

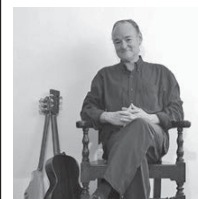
with Bernie Worrell



Fri., October 11

8:00 p.m.
\$30
RS-Theater

ADRIAN LEGG



Thurs., October 24

8:00 p.m.
\$20
RS-Tables

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